



Community health workers "teaching back" in an AsMA training

Are you a non-licensed home visitor, community health promoter or promotora?

Do you provide in-home or in-clinic education to those living with asthma and their caregivers?

**Asthma Management Academy** may be the place for you!

## Registering now: Free Asthma Management Academy course Take advantage of this unique opportunity!

## Benefits of Attending

- Make an impact in your community
- Improve the lives of those living with asthma and their caregivers
- Learn best practices in home visiting asthma self-management education
- Learn from community health workers with home visiting experience
- Invest in yourself professionally and personally

Please <u>complete the registration form online</u> (https://www.surveymonkey.com/r/AsMAparticipant) or <u>download the registration form</u> (http://bit.ly/2h3t3Vp). Registrations are reviewed as they

arrive. For more information, email: <a href="mailto:California.Breathing@cdph.ca.gov">California.Breathing@cdph.ca.gov</a>

Now accepting registrations for this first-of-its-kind asthma self-management education academy. This five-week course, with one 2.5 hour session weekly, is customized for non-licensed lay and community health workers.

The course will be held in English and Spanish and will cover the following topic areas:

- The Scope of Asthma
- Asthma Medications

- Medication Delivery Devices
- Asthma Trigger identification
- Monitoring and Assessing Asthma Control

As a participant, you will learn from peers in a supportive, encouraging and hands-on environment. They will also receive ongoing technical assistance, professional development, networking opportunities, an asthma education tool kit, and a certificate of completion.

Space is limited. Find out if you are eligible today!



Asthma Management Academy (AsMA) is a project of the California Department of Public Health (CDPH). AsMA was developed by CDPH with funding from the US Centers for Disease Control and Prevention (CDC-RFA-EH14-140407CONT15) and the CA Proposition 99 Tobacco Tax.