CHILDHOOD LEAD POISONING PREVENTION BRANCH 6/15/2016 EN-Punjabi

**Milk**

**Leads**

**Prevention**

**Childhood Lead Poisoning:**

- The prevention of lead poisoning in children is crucial. It involves identifying and eliminating sources of lead exposure.
- Regular blood lead tests for children are recommended to monitor exposure levels.
- Keep the environment lead-free by maintaining a clean and clutter-free home.
- Educate family members about the dangers of lead exposure and the importance of preventive measures.

**Prevention Tips:**

1. Keep the environment clean and clutter-free.
2. Regular blood lead tests for children.
3. Educate family members about lead exposure.

**Sources of Lead Exposure:**

- Lead-based paint: Older homes may contain lead-based paint.
- Lead-contaminated soil: Children playing in soil that contains lead may ingest it.
- Lead-contaminated water: Water systems that use lead pipes may contaminate water.
- Lead-contaminated food: Lead can be found in some foods and beverages.

**Preventive Measures:**

- Remove lead-based paint from your home.
- Keep children away from lead-contaminated soil.
- Use filtered water for drinking.
- Avoid lead-contaminated foods.

**Resources:**

- CDC Lead Poisoning Prevention
- EPA Lead Reduction Assistance Center
- American Academy of Pediatrics

**Contact Information:**

- CDC: 1-800-CDC-INFO (1-800-232-4636)
- EPA: 1-800-424-9308

**References:**

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- EPA Lead Reduction Assistance Center
- American Academy of Pediatrics

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**-childhood lead poisoning prevention branch 6/15/2016 en-punjabi**

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