Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Kaláant a Paalal ti' Ploomóo ku taal ichil Máak'antbil ts'aak

Le máak'antbil ts'aako', tak xan suukbe'enil ts'aak wa xíiw ku ts'aakankilo' yaan k'iine' yaan ploomóo ichil je'el u beetik loob ti' a paale'.

- Le ploomóo je'el u yokol ichil suukbe'enil ts'aako'obo' le ken jo'op' u máak'a'anta'alo' wa le ken ts'áabak ichil nu'ukulo'.
- Le xíiwo'ob ku ts'aakankilo' yaan k'iine' ku taal le ploomóo ti' le lu'umo'.
- Chéen ilbil wa túuntbil junp'éel ts'aak ku beeta'al ich naje', mix táan u béeytal u yojelta'al wa yaan ploomóo ichil.

Suukbe'enil Ts'aako'ob yaan Ploomóo ichil

Greta yéetel Azarcon: ichil u meyajtsilil Latináa, u ma'ayile' ku ch'a'abal utia'al u ts'a'akal ch'otnak'il

Kohl yéetel Surma: ichil u meyajtsilil u Noojolil Asiae' yéetel Laak'in Chúumuke', u ma'ayile' ku ch'a'abal utia'al u ts'a'akal jejeláas k'oja'anil ti' oot'el ku ku'ulta'al yóok'ol tuuch

Pay-loo-ah: ichil u meyajtsilil u Noojol-Lak'inil Asiae', u ma'ayile' ku ch'a'abal utia'al u ts'a'akal usáan yéetel chokwil ti' mejen paalal

Le ploomóo je'el u loobitik a paale'. Ya'ab paalalo'ob ku jóok'ol usáan ti' u wíinkilal yo'olal le ploomóo, mix chíika'an wa k'oja'ano'obi'. Bix je'el u yilk'ajal wa jok'a'an usáan ti' u wíinkilal yo'olal le ploomóo k'a'ana'an u jóok'sa'al u k'i'ik'el utia'al u xak'al kaxta'al le ploomóo. A'al ti' u Ajts'aak a paal ka jóok'sa'ak u k'i'ik'el tu yo'olal u yila'al wa yaan ploomóo ichil.

Utia'al a wojeltik u láak' ba'ale, il a wil:
go.cdph.ca.gov/LeadFreeKids

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