# Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

## Common Remedies that contain Lead

**Greta and Azarcon:** powders used in Latino cultures for stomach issues

**Kohl and Surma:** powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

**Pay-loo-ah:** powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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# Aaral sa doom ci plomb bi nekk ci produit de traitement yi

Produit de traitement yi, bokk na ci médecine traditionnelle, alternative, naturel wala herbal, mën naa am plomb bu mëna gaañ sa doom.

- Plomb mën naa dugg ci produit de traitement yi jamono juñu leen di sos wala ñu leen di pakete.
- Garab yuñuy jëfandikoo ci produit de traitement yi mën nañu am plomb itam plomb bu bawoo ci suuf si.
- Kenn mënul xam ci melokaan bi wala ci cafka bi ndax ab produit de traitement amna plomb am déet.

## Produits de traitement yuy faral di am plomb

**Greta ak Azarcon:** ay pëndëx yuñuy jëfandikoo ci aada Latino yi ngir faj jafe-jafey reesal

**Kohl ak Surma:** ay pëndëx yuñuy jëfandikoo ci aada Asie du Sud ak Moyen Orient niki ab kosmetik wala ñu def ko ci jumbax ngir faj infection wu deru yaram

**Pay-loo-ah:** pëndëx buñuy jëfandikoo ci aada Asie du Sud Est ngir faj xale yu am ay picc ci seen yaram wala yaram bu tang

Plomb mën naa gaañ sa doom. Li ëpp ci xale yi nga xamantane dañoo lekk posonu plomb duñu am benn mandargay feebar. Benn anam bi ngay xamee ndax sa doom dafa lekk posonu plomb mooy def analyse deret ngir seet ndax amna plomb. Waxal sa doktooru doom mu defal ko analyse deret ngir xool ndax amul plomb.

Ngir am yeneeni leeral, yëral:
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