Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Ka Ilaali Ilmahaaga lead-ka ku jira Daawooyinka

Daawooyinka, oo ay ku jiraan daawooyinka dhaqameed, kuwa beddiilka ah, daawooyinka dabiiciga ah ama dhirta, waxa ku jiri kara lead waxyeelayn kara ilmahaaga.

- Lead-ku wuxuu soo gaari karaa daawooyinka marka la samaynayo ama la cabbaynayo.
- Dhirta loo isticmaalo daawooyinka sidoo kale waxa ku jiri kara lead carrada ka yimi.
- Kuma garan kartid aragga ama dhadhanka inaad ogaato haddii uu daawo lead ku jiro.

Daawooyinka Caamka ah ee uu ku jiro Lead

Greta and Azarcon: budooyin laga isticmaalo dhaqanada Laatiinada oo loo isticmaalo dhibaatooyinka caloosha

Kohl and Surma: budooyin laga isticmaalo dhaqamada Koonfur Aasiya iyo Bariga Dhexe oo qurux ahaan loo isticmaalo ama xudunta la saaro si loo daaweeyo caabuqyada maqaarka

Pay-loo-ah: budo laga isticmaalo dhaqamada Koonfur-bari Aasiya oo lagu daaweeyo carruurta finanka ama xummadda badan leh

Lead-ku wuxuu dhaawici karaa ilmahaaga. Carruurta ku sumowday lead-ka intooda badan uma muuqdaan ama uma dhaqmaan inay xanuusan yihiin. Sida kaliya ee lagu ogaan karaa haddii ilmahaagu uu qabo sumawga lead waa in dhiiggiisa laga baaro lead. U sheeg dhakhtarka ilmahaaga inuu baaritaan dhiig sameeyo.

Macluumaad dheeraad ah, booqo:
go.cdph.ca.gov/LeadFreeKids

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