Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Toq’b’asajla uwach ri Alk’uwal lal chrech ri Plomo pataq Kunub’al

Ri kunub’al, jenetaq ri kunub’al qas ekojom, ketob’anik, rixab’anom on q’ayes, manqeta’mtaj wene karuk’aj plomo ri kub’an k’ax chech ri ak’al.

- Ri plomo kok chupam ri kunub’al kuanchi’ tajen kab’anik on kaya’ pauk’olb’al.
- Ri q’ayes ekojom pataq kunub’al wene ruk’am plomo rech ri ulew.
- Man koj kunta che uch’ob’ik we jun kunub’al ruk’am plomo xaq kaq tzuu’ on kaq nao’.

Kunub’al Ech’ob’om ri kuk’am Plomo

Greta xuquje Azarcon: ulew uwach kojom pataq ri komon Latinas chrech q’axom rech pamaj

Kohl xuquje Surma: ulew uwach kojom pataq ri komon rech Sur rech Asia xuquje Medio Oriente jasne jun cosmético on pari muxux chrech ukunaxik k’aqat rech tz’umal

Pay-loo-ah: ulew uwach kojom pataq ri komon rech Sudeste rech Asia chrech kikunaxik ri ak’alab’ ruk’ k’aqatem on nim q’aq’

Ri plomo kakun che ub’anik k’ax che ri ak’al. Ri kik’iyal ri ak’alab’ kik riq intoxicación rumal plomo man yuwab’ta ke’petik. Ri jun b’eal chrech uch’ob’ik we ri ak’al xuriq intoxicación rumal plomo are rikab’an jun analisis rech ukik’el chech uriqik plomo. Chatalal chrech ri ajkun rech ri ak’al jun analisis rech plomo pa ukik’el.

Chrech k’iya tzijob’al, chasolij::
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