Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Klomal jtey tkwal twitz Plomo che qaj Remeda

Qaj remeda, je'nx qaj k'al q'anb'al che'x, qaj chi tzaj q'o', je'x b'inchalk'ata mo herbales, b'a' chi'q' plomo qa b'a' t-xi' t-q'o' tey tkwal toj il.

- J-plomo b'a' tokx choj qaj remeda te tzuj t-xilen ttxola uj t-jaw b'inchet mo tku'x toj lemet.
- Qaj k'ul chi ajb'en che qaj remeda jax ju'xa b'a' uj tku'x plomo te tx'otx'.
- Mi lay tu' t-b'inta qaj jun remeda at plomo q'i' tu' noq k'okal cheyana mo k'okal t-neb'e'nay.

Qaj Remedios Jeylax qa q'i' Plomo chu'.

Greta ex Azarcon: qaj quq najb'en choj qaj q'inamal latinas te che qaj nok t-se' ti' k'ujb'al

Kohl ex Surma: qaj quq najb'en choj qaj q'inamal tej sur te Asia ex Niyjan Oriente titza jun b'aj pintarat te mo toj te t-mux te tu' mi tz'ok mal ti te chu'l.

Pay-loo-ah: quq najb'en choj qaj q'inamal tej Sudeste Asiático te meyolakta chi qaj kwal tuya txul mo nimsa chaq

J-plomo ch'ich'a uj tok t-q'o' ixhnin ti' tey tkwal. Te chqil qaj kwal qaj chi chajlala ti' kub' moqxew tu' j-plomo mya' juk'a tten tintla kub' t-q'o' titza yab' te. Ja noqxax ja tten te' tu' t-b'inta qa tej tey tkwal q'i'j kub' moqxewt tu' tu' j-ploma jaj k'okal jun cheyb'al ti chiy te tu' tetz chik'ajax ja plomo. Qanlakx te xi q'anal tej tey tkwal jun cheyb'aj tej plomo toj chiy.

Te mast jtumal, tokxay:
go.cdph.ca.gov/LeadFreeKids

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