Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Tayne uninal b'ay ch'en Plomo ay xolaq anb'al

Jan anb'al, chi ok k'al xol anb'al chi q'anb'alnejom k'alta', anb'al chi aq'lay yuj antem anima, ak'um ante', sje xin tol aytoq ch'en plomo ti xol ka tol chi sje yetnen okoq skawil uninal.

- Jan plomo ti' chi sje yokan yin anb'al yaq'wan yet lanan skawxejom ajoq maxin yet lanan yay yulaq snetal.
- An ak'um ante' chi k'amb'alnejom yin anb'alil sje k'axin yihon aj an sat tx'otx' tx'otx' ch'en plomo ti'.
- K'am chi sje joqtanej eloq ta junoq anb'al aytoq ch'en plomo ti' xol yetoq asanej ilon okoq ma ab'leneni.

Anb'al chin k'anb'alnejom k'alta' tol ib'il xa yuj ch'en Plomo ti'

Greta k'al Azarcon: pub'aq chi q'anb'alnejom yuj heb' Latinos yet janoq syel k'ulej.

Kohl k'al Surma: pub'aq chi q'anb'alnejom yuj heb' chi titok b'ay chi paxay k'u yet Asia k'al Medio Oriente yin b'onb'alil satej maxin yin smuxuk yet ka chi antejom janoq komon k'ilaj yab'il yin schib'ejal

Pay-loo-ah: pub'aq chi q'anb'alnejom yuj heb' Sudeste Asiático yet ka chi antejom heb' unin tol ay q'ilaj yab'il yin smimanil maxin yet owxal q'a yin

Ch'en plomo ti' chi sje yetnen okoq uninal. Mimantaq heb' unin tol chi tit syab'il yuj ch'en plomo ti' kotxal matol k'am chi stx'oxeloq tol yaq'ay. Asanej ch'an tzet chi yun joqtanej eloq tatol uninal max tit syab'il yuj ch'en plomo ti' aton xin yok junoq ilwal yet schik'il yet ka chi illayteq ch'en plomo ti' xol. Q'an b'ay yaj an uninal junoq ilwal yet ch'en plomo ti' xol schik'il.

Yet jab'oqxa ab'ix, okan toq iloni b'ay:
go.cdph.ca.gov/LeadFreeKids

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