Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Koleb’ laakok’a chi ru li Rax Ch’iich sa’ li B’an

Eb’ li b’an, jo’ eb’ li b’an re k’irtesiik na’oksimank rajlal, ak re chi jo’kan malaj ichaj, naru nawank rax ch’iich li naru naxch’a’ajkila laakach’in.

- Li rax ch’iich’ naru na’ok sa’ li b’an chi ru li xyiib’ankil malaj xk’eeb’al sa’ li meet.
- Eb’ li che’k’aam li na’oksimank sa’ li b’an naru wank li rax ch’iich’ re li ch’och’.
- Ink’a’ naru xnawb’al wi’ junaq b’an wank rax ch’iich’ sa’ rilb’al malaj xyalb’al.

B’an Na’oksimank li wank Rax Ch’iich’

Greta ut Azarcon: poq na’oksimank sa’ li Yehom b’aanuhem li komonil re xch’a’ajkilal li sa’ej

Kohl ut Surma: poq na’okimank sa’ li yehom b’aanuhem re rokeb’aal iq re Asia ut Sutam Releb’aal saq’e jo’ na’oksimank re ch’ina’ usal malaj sa’ ch’up re xb’anb’al q’a’k re li tib’elej

Pay-loo-ah: poq na’oksimank sa’ eb’ li yehom b’aanuhem re Releb’ saq’e Asiático re b’anb’aleb’ li kok’al rik’in kok’ xox malaj tiq waj kaw ru

Li rax ch’iich’ naru naxrahob’tesi laach’ina’al. Li xk’ihal eb’ li kok’al li nakexk’ul li kamk xb’aan rax ch’iich’ ink’a’ nak’utunk chimoko naxb’aanu jo’ chanchan naq yaj. Li xchankil ru re xnawb’al wi’ laakach’in tixk’ul li k’amk xb’aan rax ch’iich’ aajel ru xb’aanunkil xtz’ilb’al rix sa’ xkik’el re xtawb’al rax ch’iich’. Patz’ re laj b’anonel re laakach’in un xtz’ilb’al rix li rax ch’iich’ sa’ li kik’el.

Re xkomo esilal, ula’niho:
go.cdph.ca.gov/LeadFreeKids

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