Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Pwoteje Timoun Ou kont Plon nan Remèd

Remèd yo, sa gen ladan l medikaman tradisyonèl, oswa lòt, natirèl oswa a baz plant ka gen plon ki ka deranje timoun ou an.

- Nou ka jwenn plon an nan remèd yo pandan pwosesis preparasyon an oswa anbalaj la.
- Plant yo itilize pou yo fè remèd yo ka gen plon ki soti nan tè a.
- Nou pa ka di si yon remèd gen plon lè nou annik gade l oswa goute l.

Remèd yo Itilze Souvan ki gen Plon

Greta ak Azarcon: poud yo itilize nan kilti Latino pou pwoblèm lestomak

Kohl ak Surma: poud yo itilize nan kilti Sid Azi ak Mwayen Oryan kòm pwodui komestik oswa sou lonbrik pou trete enfeksyon po

Pay-loo-ah: poud yo itilize nan kilti Azi Sidès pou yo trete demanjezon oswa gwo lafyèv

Plon ka fè timoun ou an mal. Pifò timoun ki kontamine ak plon pa sanble malad oswa yo pa prezante okenn sentòm. Sèl fason pou w konnen si timoun an kontamine ak plon se fè yon tès plon nan san. Mande doktè timoun ou an pou l fè yon tès plon nan san pou li.

Pou plis enfòmasyon, ale sou:
go.cdph.ca.gov/LeadFreeKids

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