Protect Your Child from Lead in Remedies

Remedies, including traditional, alternative, natural or herbal medicines, can contain lead that can harm your child.

- Lead can get into remedies during the creation or packaging process.
- Plants used in remedies can also contain lead from the soil.
- You cannot tell by looking at or tasting a remedy if it has lead in it.

Common Remedies that contain Lead

Greta and Azarcon: powders used in Latino cultures for stomach issues

Kohl and Surma: powders used in South Asian and Middle Eastern cultures as a cosmetic or on the navel to treat skin infections

Pay-loo-ah: powder used in Southeast Asian cultures to treat children with rash or high fever

Lead can hurt your child. Most children who are poisoned by lead do not look or act sick. The only way to know if your child has lead poisoning is to get a blood test for lead. Ask your child's doctor for a blood lead test.

For more information, visit:
go.cdph.ca.gov/LeadFreeKids

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Seḥbibert ɣef Mmi-twen seg Uldun deg Iɛeqqaren.

Iɛeqqaren, anda llan imensayen, wid n ubeddel, isuffar igmawiyen naɣ n yemɣan zemren ad sɛun aldun izemren ad iḍur mmi-twen.

- Yezmer uldun ad yekcem ɣer iɛeqqaren deg ukala n uheggi naɣ win n tyuri ɣer tebwaḍin.
- Zemren daɣen yemɣan sseqdacen deg iɛaqqaren ad sɛun aldun seg akal.
- Ur tezmireḍ ara ad d-iniḍ mayella yesɛa uɛeqqar aldun s tmuɣli ɣur-s naɣ s uɛraḍ-is.

Iɛeqqaren Yettwasnen yesɛan Aldun.

Grita d Azarkun: awren sseqdacen deg idelsan llaṭiniyen i iɣublan n iliwi.

Lekḥul d Surma: awren sseqdacen deg idelsan n Asya n Unẓul d Usamar Alemmas i cbaḥa naɣ sufella n timiṭ i usuji n iɣtalen n uwlim.

Pay-lu-a: awren sseqdacen deg idelsan n Asya n Unẓul n usamer i usuji n warrac yesɛan abzay n uwlim naɣ alluy n tawla.

Yezmer uldun ad d-iḍur mmi-twen. Tugett n dderya yesɛan amsečči n uldun ur d-ttbanen ara uḍnen naɣ leḥḥun am win yuḍnen. Yella yiwen n ttawil kan i waken ad ttezrem mayella yesɛa mmi-twen acečči n uldun, d akayad n uldun deg idamen. Sutert akayad n uldun deg idamen i umejjay n mmi-twen

I ugar n isallen, rzu ɣer:
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