

Recalls and Alerts for Dried Plums (Saladitos) Due to Lead Contamination

Background information

- ▶ The California Department of Public Health (CDPH) and U.S. Food and Drug Administration (FDA) have found dangerous levels of lead in multiple brands of dried plums (also known as saladitos).
- ▶ Tests done by CDPH found lead levels ranging from 7-33 micrograms (mcg) of lead per serving.
- ▶ The current FDA maximum level for young children is 3 mcg per day.
- ▶ [View the list of contaminated products](#)¹ from the California Attorney General's Consumer Alert, including the lead content for each item and where the item was sold.
- ▶ CDPH issued a [health warning](#)², which includes photographs of the affected products.

Why is this important?

- ▶ There is no known safe level of lead in the body, especially for children.
- ▶ Lead can make it hard for children to learn, pay attention, and behave.
- ▶ Lead adds up in the body over time, so it is important to reduce lead exposure from all sources.

What can I do to keep my family safe?

- ▶ If you have these specific types of saladitos, **discard the products immediately**.
- ▶ Pregnant women and parents of children who may have eaten these saladitos should **ask their doctor about a blood lead test**.
- ▶ Learn about other sources of lead and how good nutrition can help prevent lead poisoning by visiting CDPH's Childhood Lead Poisoning Prevention Branch website (see link below).

Where can I find more information?

- ▶ [FDA Recalls, Market Withdrawals, and Safety Alerts](#): www.fda.gov/safety/recalls-market-withdrawals-safety-alerts
- ▶ [Childhood Lead Poisoning Prevention Branch](#): www.cdph.ca.gov/Programs/CLPPB

Some of the recalled product labels³:



Snak Yard brand dried plums recalled on 2/15/22. Sold at Costco Wholesale.



Spice and Chili brand saladitos recalled on 2/3/22. Sold at retail stores and online.



El Chavito brand saladitos recalled on 2/3/22. Sold at retail stores and online.



El Super Leon/El Leoncito Ponchin brand saladitos recalled on 2/3/22. Sold at retail, grocery, and convenience stores.



La Fiesta Food Products brand saladitos recalled on 2/4/22. Sold at retail stores.

Contact Us

Childhood Lead Poisoning Prevention Branch
Center for Healthy Communities

- ▶ Website: www.cdph.ca.gov/programs/clppb
- ▶ Phone: 510-620-5600

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¹ Attorney General Bonta Issues Consumer Alert After Testing Finds Dangerous Levels of Lead in Dried Plum Fruit and Candy Products 2/4/22: oag.ca.gov/news/press-releases/attorney-general-bonta-issues-consumer-alert-after-testing-finds-dangerous

² CDPH Warns Consumers Not to Eat Eight Varieties of Dried Plums Due to Potential Lead Levels 2/9/22: www.cdph.ca.gov/Programs/OPA/Pages/NR22-030.aspx

³ All images of recalled dried plum products may be viewed on the CDPH health warning (see footnote 2).