Background information

- The California Department of Public Health (CDPH) and U.S. Food and Drug Administration (FDA) have found dangerous levels of lead in multiple brands of dried plums (also known as saladitos).
- Tests done by CDPH found lead levels ranging from 7-33 micrograms (mcg) of lead per serving.
- The current FDA maximum level for young children is 3 mcg per day.
- View the list of contaminated products from the California Attorney General’s Consumer Alert, including the lead content for each item and where the item was sold.
- CDPH issued a health warning, which includes photographs of the affected products.

Why is this important?

- There is no known safe level of lead in the body, especially for children.
- Lead can make it hard for children to learn, pay attention, and behave.
- Lead adds up in the body over time, so it is important to reduce lead exposure from all sources.

What can I do to keep my family safe?

- If you have these specific types of saladitos, discard the products immediately.
- Pregnant women and parents of children who may have eaten these saladitos should ask their doctor about a blood lead test.
- Learn about other sources of lead and how good nutrition can help prevent lead poisoning by visiting CDPH’s Childhood Lead Poisoning Prevention Branch website (see link below).

Where can I find more information?

- Childhood Lead Poisoning Prevention Branch: www.cdph.ca.gov/Programs/CLPPB

2 CDPH Warns Consumers Not to Eat Eight Varieties of Dried Plums Due to Potential Lead Levels 2/9/22: www.cdph.ca.gov/Programs/OPA/Pages/NR22-030.aspx
3 All images of recalled dried plum products may be viewed on the CDPH health warning (see footnote 2).