

My Very Own

LEAD POISONING PREVENTION

COLORING & ACTIVITY BOOK

Hi! I'm Tommy!
Do you know
about lead?

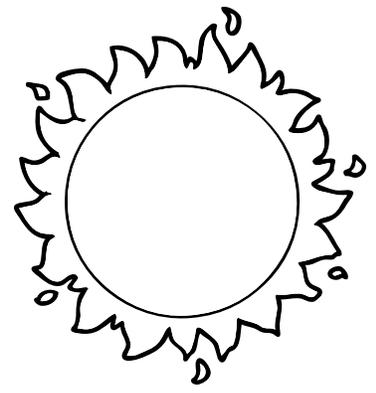


California Department of Public Health
Childhood Lead Poisoning Prevention
Branch



Adapted with
permission from:





California
Childhood
Lead
Poisoning
Prevention
Program





Tommy's mom is worried. Tommy has a hard time paying attention in class and is a little bit smaller than the other kids.

She has read about lead poisoning. So she takes him to the doctor for some help.

REQUEST A LEAD TEST



Your doctor can give you a blood test and let you know if you have lead in your body.



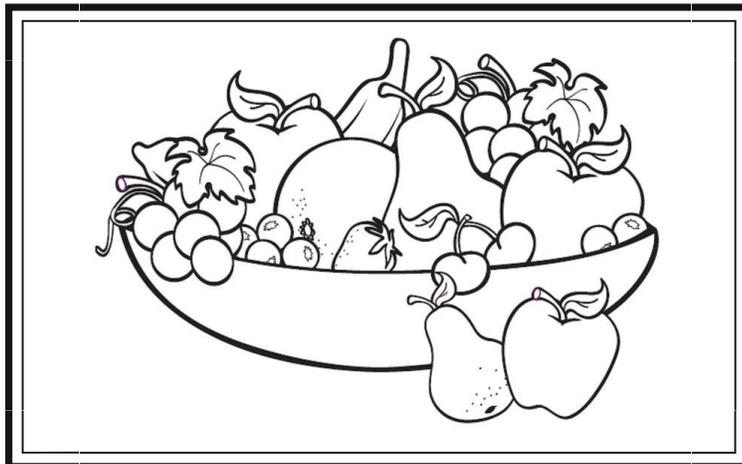
The doctor asks if Tommy's family lives in a house built before 1978.

She also asks if they have any pets.

Ask your doctor
about

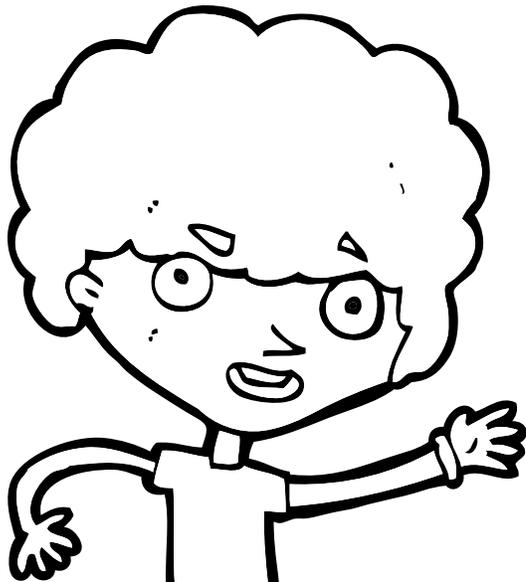


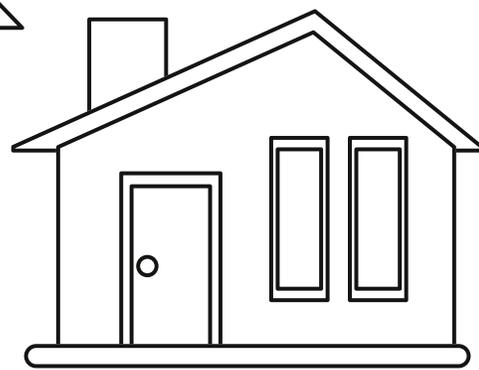
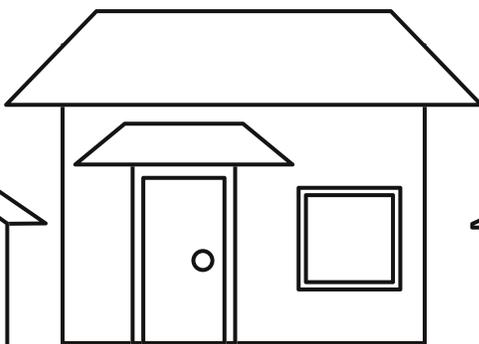
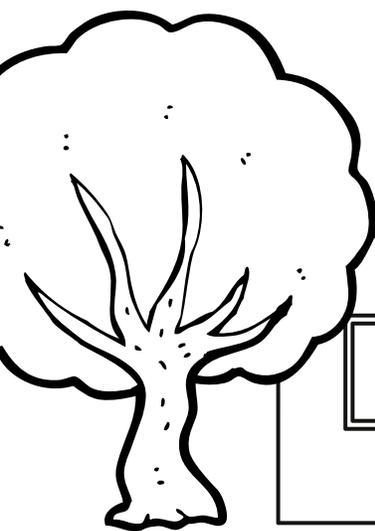
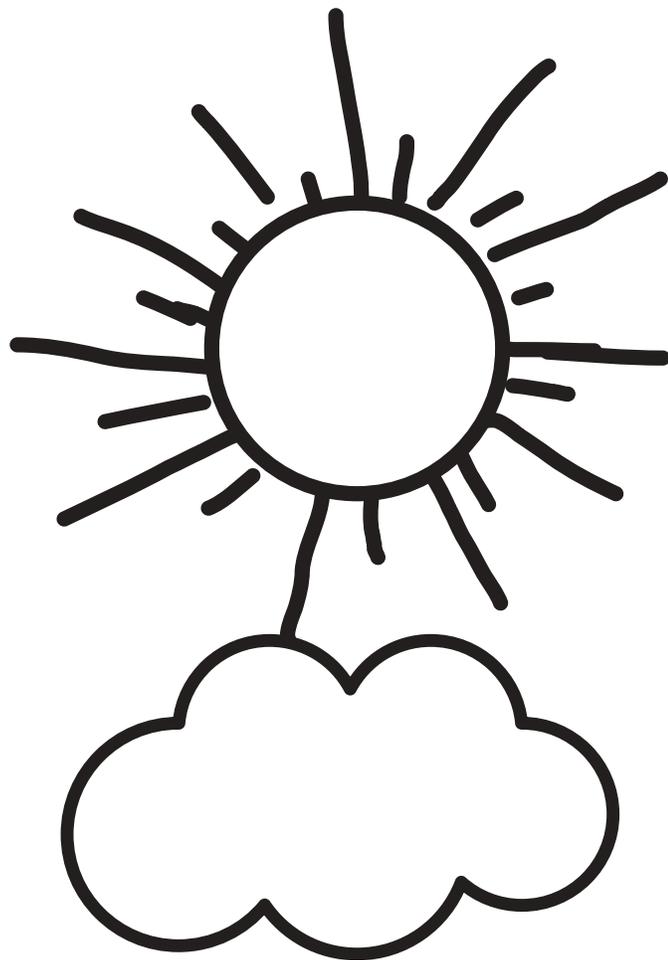
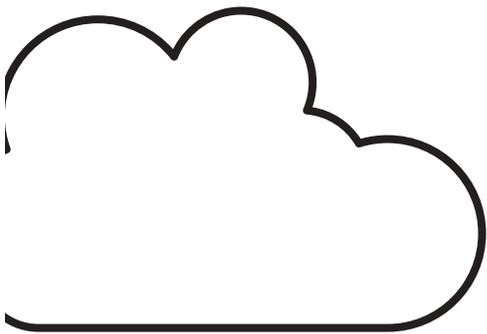
pregnancy and lead
poisoning



Our house is very old.
It was built in 1956.

Our dog's name
is Max.

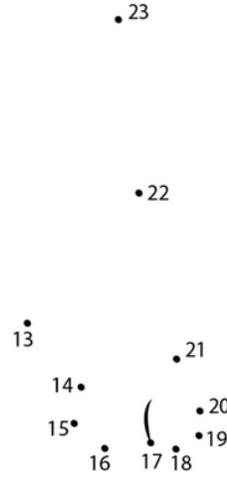
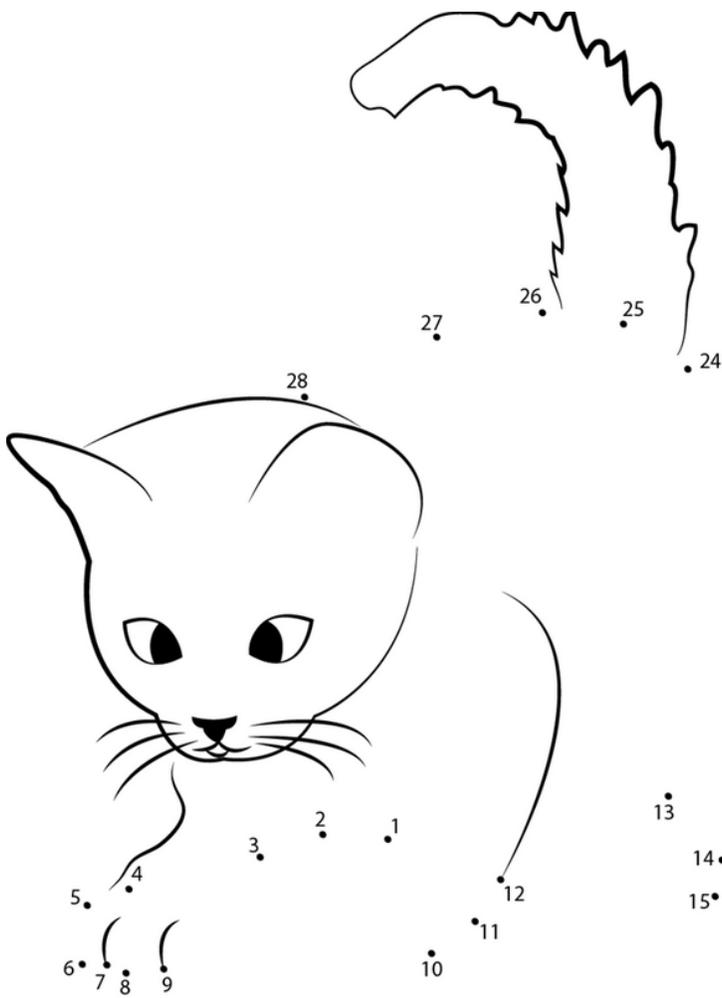




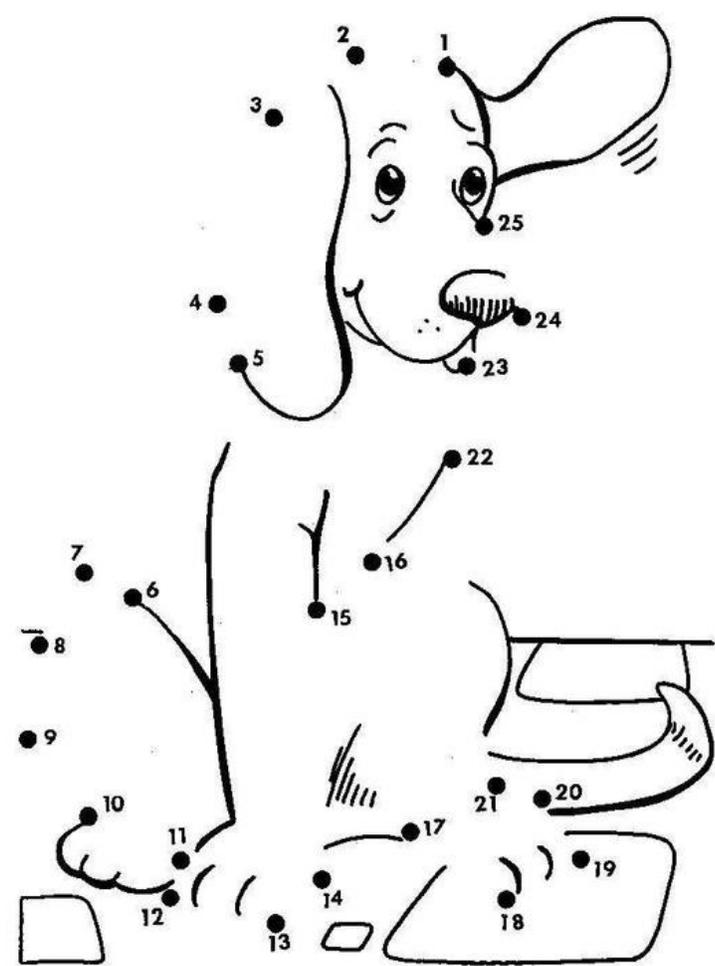
Houses that are built before 1978 may be painted with lead paint.

When these houses get older, the paint starts to peel off or starts "chipping."

Connect the dots!



If your cat or dog likes to play outside, they could bring in lead from the dirt.



Tommy has a hard time paying attention in school.

The doctor tells Tommy's family that there are other things that lead poisoning can do to his body. Sometimes symptoms do not show up until it is too late to fix them.

Remove the source of lead.
Eat your fruits and vegetables.
Always wash your hands
before eating.

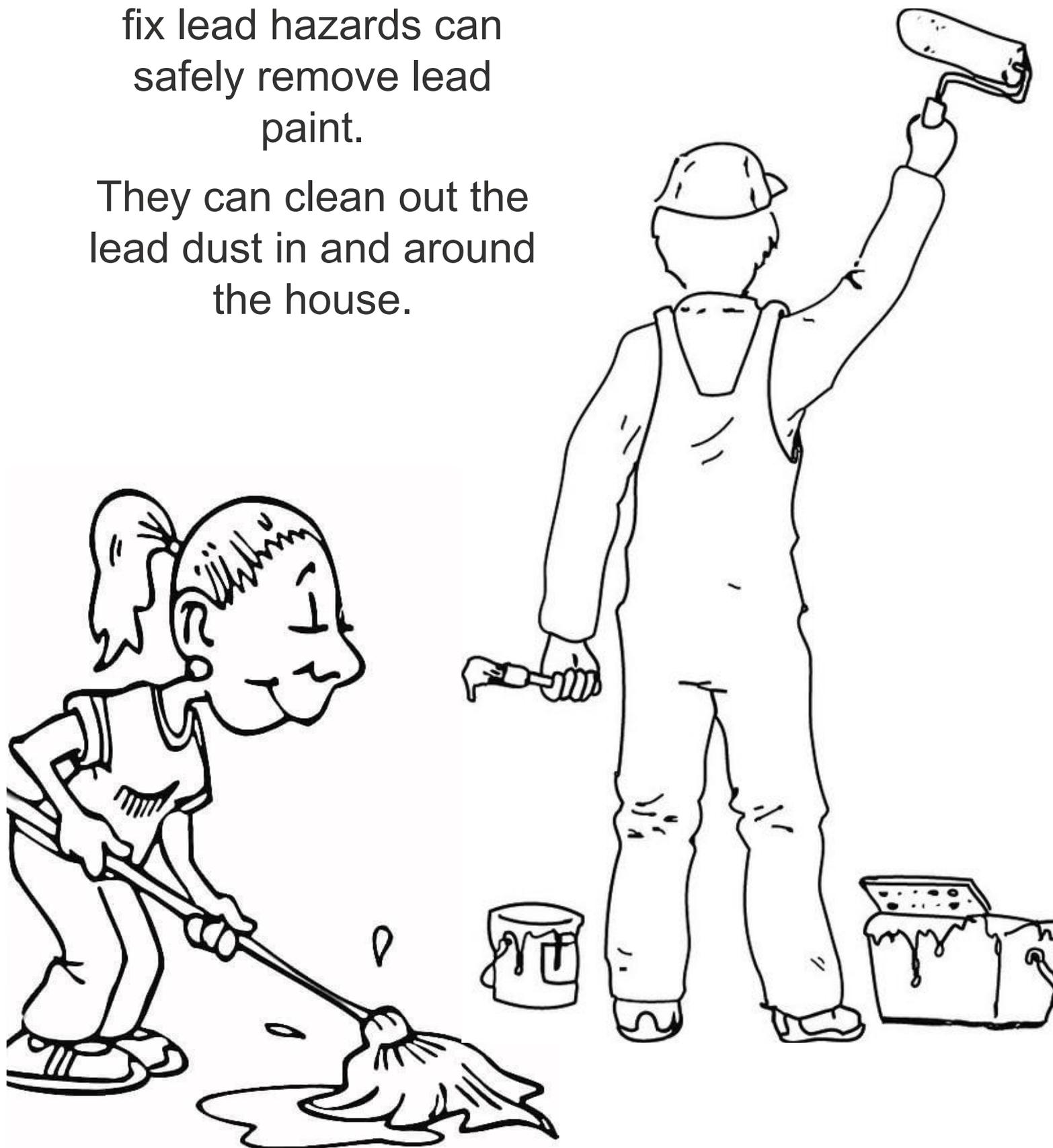
Doctor Darcy tells him
and his mom not to
worry.

There is help for him.
He and his family can do
a lot to take care of lead
poisoning.

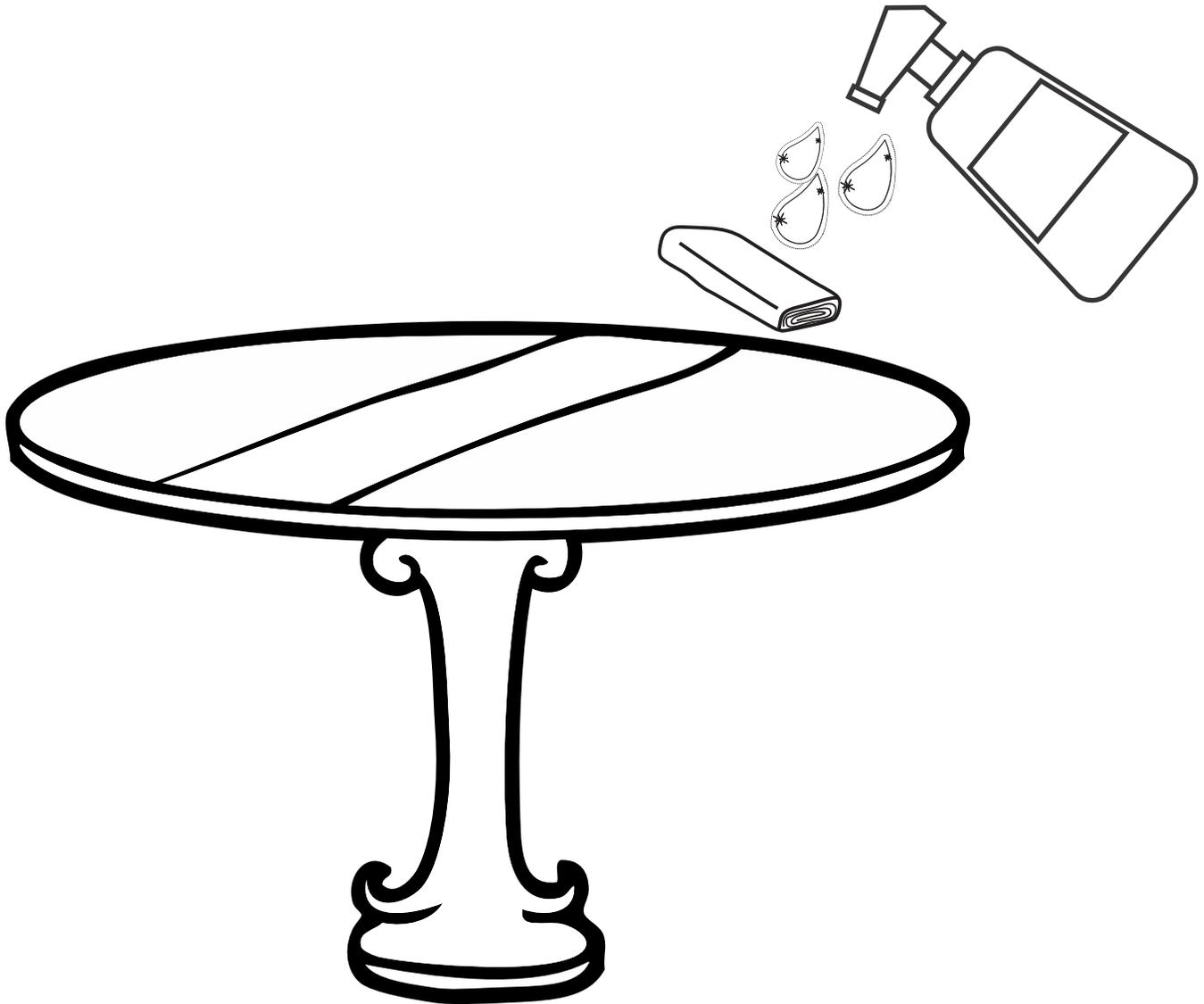


Contractors licensed to fix lead hazards can safely remove lead paint.

They can clean out the lead dust in and around the house.



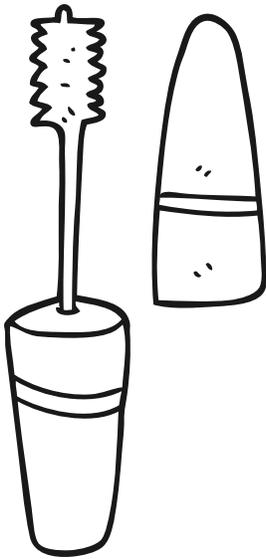
Tommy and his family should use "wet"
cleaning at home.



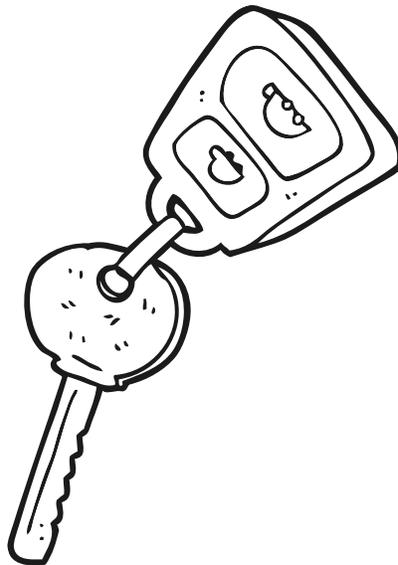
Wet cleaning is safer! Use a wet rag to clean
up dust on hard surfaces like tables, counters,
and floors.

Some dust may have lead in it. Wet cleaning
makes sure you don't breathe in dust!

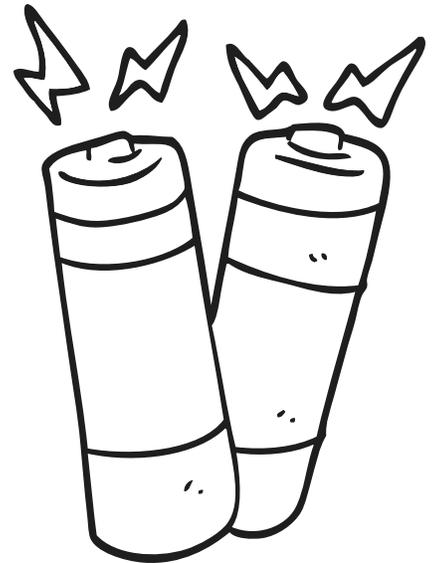
Many everyday things may contain lead.
Tommy should avoid eating or putting them in
his mouth.



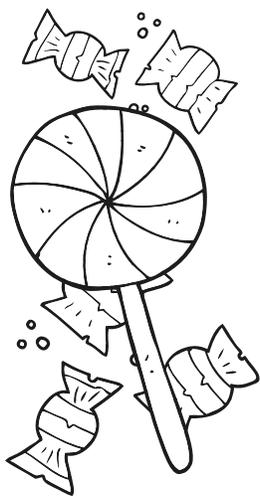
MAKE UP



KEYS



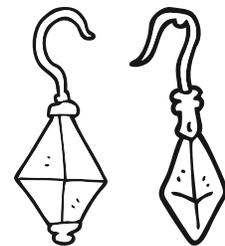
BATTERIES



**IMPORTED
CANDY**



POTTERY



JEWELRY

Where is lead?

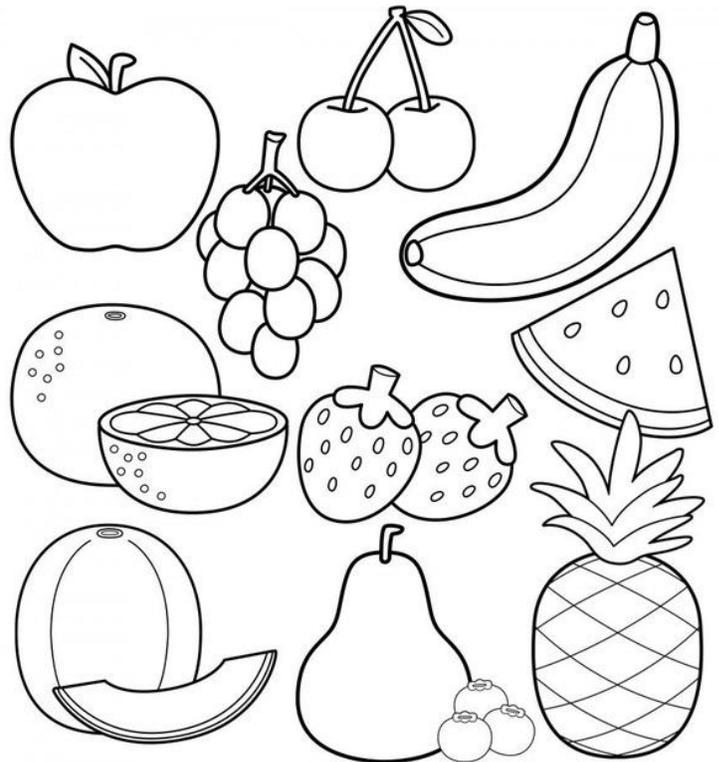
Word Search

C O W Y S Z S X V A B Z G N X
S A I P T Y W E G A Z P B F W
H X N Z V V O G G E O D V B I
X J C D N S D T I M W Y Y S G
S A M D Y K N Q P A A J E T E
H D A E L X I B T F U D F O I
O B C R M E W E A F S Y X P S
E P X V R V R A L E I Q O B V
S H K P N Y N S C S O I L R N
Z P H E L N R I D P O C W H D
Y R E T T O P L U X H K Z Y P
X G W T R S H T E P N E X I L
K E U O S C S P R W W Y L X Y
P A I N T U Q O I I E S R W J
O A D E D Q P E V O N J P D E

DUST	LEAD	POTTERY	TOYS
JEWELRY	PAINT	SHOES	WATER
KEYS	PETS	SOIL	WINDOWS
CANDY	POTS	SPICES	

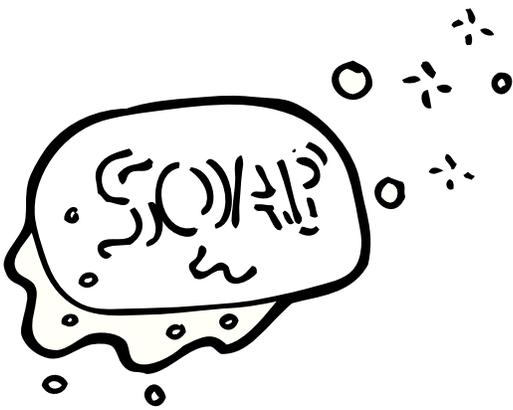
Can you name some of these fruits and vegetables?



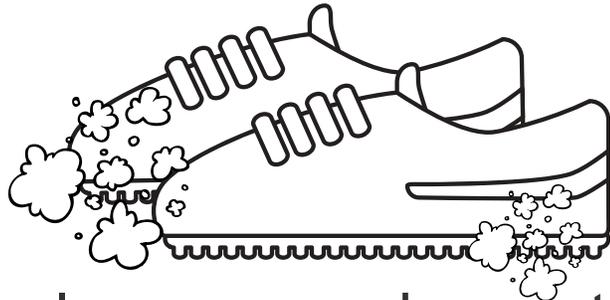


Fruits and vegetables have important vitamins and minerals. They help make your body strong and protect it from lead.

Remember to:



wash your hands
before you eat



leave your shoes at
the door



stay away from
peeling paint



Wet clean up dust
and dirt



AND GET A
LEAD TEST!

Great Job!

(Your Name)

5 things I learned about lead poisoning.

1. _____

2. _____

3. _____

4. _____

5. _____

FOR MORE INFO

VISIT OUR WEBSITE AT:

**WWW.CDPH.CA.GOV/
PROGRAMS/CLPPB**

OR CALL:

510-620-5600

Parents, to learn
more about lead
poisoning, visit our
website or give us a
call!



CHILDHOOD
LEAD POISONING
PREVENTION
BRANCH



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