Hi! I'm Tommy! Do you know about lead?
California
Childhood
Lead
Poisoning
Prevention
Program
Tommy's mom is worried. Tommy has a hard time paying attention in class and is a little bit smaller than the other kids. She has read about lead poisoning. So she takes him to the doctor for some help.
Your doctor can give you a blood test and let you know if you have lead in your body.

The doctor asks if Tommy's family lives in a house built before 1978.

She also asks if they have any pets.
Ask your doctor about pregnancy and lead poisoning.

Our house is very old. It was built in 1956.

Our dog's name is Max.
Houses that are built before 1978 may be painted with lead paint.

When these houses get older, the paint starts to peel off or starts "chipping."
If your cat or dog likes to play outside, they could bring in lead from the dirt.
Tommy has a hard time paying attention in school. The doctor tells Tommy's family that there are other things that lead poisoning can do to his body. Sometimes symptoms do not show up until it is too late to fix them.

Remove the source of lead.
Eat your fruits and vegetables.
Always wash your hands before eating.

Doctor Darcy tells him and his mom not to worry.
There is help for him.
He and his family can do a lot to take care of lead poisoning.
Be careful of dust and chipping or old paint.

HELP TOMMY AND HIS FRIEND
AVOID THE LEAD!
Contractors licensed to fix lead hazards can safely remove lead paint.
They can clean out the lead dust in and around the house.
Tommy and his family should use "wet" cleaning at home.

Wet cleaning is safer! Use a wet rag to clean up dust on hard surfaces like tables, counters, and floors.

Some dust may have lead in it. Wet cleaning makes sure you don't breathe in dust!
Many everyday things may contain lead. Tommy should avoid eating or putting them in his mouth.

MAKE UP
KEYS
BATTERIES

IMPORTED CANDY
POTTERY
JEWELRY
Where is lead?
Word Search

DUST LEAD POTTERY TOYS
JEWELRY PAINT SHOES WATER
KEYS PETS SOIL WINDOWS
CANDY POTS SPICES
Can you name some of these fruits and vegetables?

Fruits and vegetables have important vitamins and minerals. They help make your body strong and protect it from lead.
Remember to:

- wash your hands before you eat
- leave your shoes at the door
- stay away from peeling paint
- Wet clean up dust and dirt

AND GET A LEAD TEST!
Great Job!

(Your Name)

5 things I learned about lead poisoning.

1. ______________________
2. ______________________
3. ______________________
4. ______________________
5. ______________________
FOR MORE INFO

VISIT OUR WEBSITE AT:

WWW.CDPH.CA.GOV/PROGRAMS/CLPPB

OR CALL:

510-620-5600

Parents, to learn more about lead poisoning, visit our website or give us a call!