Repainting or Fixing Up Your Older Home?

Protect Your Family from Lead Poisoning

Homes built before 1978 may have lead in the paint.

Do not scrape or sand paint on your home unless you know it does not have lead in it.

Scraping and sanding old paint can create dangerous lead dust

Lead in dust is very harmful to young children and can cause lead poisoning. Lead can harm the brain, nerves, and kidneys of a young child. Lead poisoning can make it very hard for a young child to learn, pay attention, and behave.

You and your family can swallow or breathe in lead dust

You can breathe in lead dust while dry scraping or sanding. Others nearby can breathe it in too. Lead dust in the air can fall down into your food and drinks. Lead dust can get into your child’s body when they put things in their mouth that have lead dust on them, like their toys or hands.

Have your paint tested for lead

The only way to know if your home has lead in the paint is to have it tested. For information about testing, go to www.cdph.ca.gov/Programs/CDPHP/DEODC/CLPPB/Pages/home_test.aspx.

Keep your family safe from lead

Hire a CA State Certified lead professional. These contractors are specially trained to test for lead in your home and safely remove it. To find a certified lead professional, go to www.cdph.ca.gov/Programs/CDPHP/DEODC/CLPPB/Pages/LRChire_lead_prof.aspx or call 1-800-597-LEAD (5323).

While only CA State Certified lead professionals can find and remove lead from your home, all contractors hired for home repairs must get U.S. Environmental Protection Agency approved training to keep lead from spreading while they work. To find a contractor with this basic training, go to http://cfpub.epa.gov/fpp/searchrpfirm.htm or call 1-800-424-LEAD (5323).

If you do not plan to hire a contractor, follow these tips to help contain lead dust while you work:

Before you work

• Remove everything you can from the work area, like rugs, curtains, furniture, toys, clothes, shoes, food, and drinks.
• Tape down heavy plastic sheeting for both inside and outside jobs. Cover the floor, big furniture, play structures, and nearby outside surfaces, like grass or concrete.
• Turn off the heater or air conditioner.
• Tape plastic over vents in the floor, ceiling, or walls.

While you work

• Keep children and pregnant women away from the work area.
• Use a spray bottle to mist all surfaces with water before and during sanding and scraping.
• Avoid tracking lead dust away from the work area:
  – Do not leave the work area in your work clothes and shoes.
  – Take off work clothes and shoes and wash your hands before sitting on furniture, playing with children, or touching toys or other objects.
• Do not eat, drink or smoke in the work area. Take off work clothes and shoes, wash your hands, and leave the work area before eating, drinking, or smoking.

After you work

• Clean up the work area daily.
  – Use a spray bottle to mist paint chips. Carefully fold plastic sheeting inward and place in a tightly sealed bag. If your paint has lead in it, take the bag to your local household hazardous waste program: www.dtsc.ca.gov/hazardouswaste/universalwaste/hhw.cfm.
  – Use water and an all-purpose cleaner to clean the shelves, counters, floors, and other surfaces.
• Remove work clothes and shoes and store them in a bag. Wash work clothes separately from the rest of your family’s laundry.
• Shower and wash your hair as soon as you finish working.
• Do not let children or pregnant women into the work area until you have cleaned it up.

If you think that your child or other family member has been around lead, ask your doctor to test for lead poisoning.

For more information on childhood lead poisoning, go to www.cdph.ca.gov/programs/clppb or call 1-510-620-5600.
बचाए अपन पररवार को वमषाकता आपके घर में कपड़े पहने और उनके अन्य सामान के साथ बच्चे को सांस्कृतिक बहस करते हैं?

पूरा में सीसा बठाए बच्चे के लिए बहुत सरल होता है और उन्हें सीसा-विषाक्तता हों सकती है। इसके लिए अनेक क्रियाओं के लिए जानकारी है।

पूरे में सीसा अलग करने के लिए होना चाहिए,

• अपने काम करने के लिए कपड़ों को वनस्पतों से धुए और साफ करने के लिए पानी लगाएं।

• बचपन में सीसा-विषाक्तता के बारे में अधिक जानकारी के लिए अपने परिवार के साथ चर्चा करें।

अपना परिवार की सीसे से बच्चे CA राज्य द्वारा प्रभावित किसी सीसा पेटर की सहायता के लिए सीसे बठाए नए मॉडलों का उपयोग करने की सुझाव सहित है। इन मॉडलों की उपयोग करने पर पूरा में सीसा की अन्य चीजों को अपने पररवार के लिए वनस्पतों से हटाने के लिए विभिन्न पशुकाण्ड के लिए भेजें।

सीसा से बच्चे को पररवार में कपडे और उनके अन्य सामान के साथ बच्चे को साथ देखें।

• अपने परिवार की सीसे से जानकारी के लिए www.cdph.ca.gov/Programs/CCDPHP/DEOC/CLPPB/Pages/home_test.aspx पर जाएँ।

• अपने परिवार की सीसे से बचाए अपने पररवार की सीसे से बचाए अपने पररवार की सीसे से बचाए अपने पररवार की सीसे से बचाए अपने पररवार की सीसे से बचाए अपने पररवार की सीसे से बचाए