

Attachment C

GRANT ACTIVITIES

The California Department of Public Health (CDPH), Injury and Violence Prevention Branch (IVPB), Office of Suicide Prevention (OSP) is implementing a three-year grant cycle (July 2026 to June 2029) to support Native Youth Suicide Prevention. The purpose of this funding is to support suicide and self-harm prevention efforts among California youth through age 25, with a focus on fostering evidence-informed youth suicide prevention efforts through culturally anchored strategies that reflect the values, practices, histories and lived experiences of Native communities. Grantees are required to implement and evaluate evidence-informed, culturally relevant Native youth suicide prevention activities as outlined below, and engage Native youth in project development, implementation, and evaluation.

Program Implementation Components:

There are three program implementation components required of all grantees. For component 1, you must also select one or more of the approaches the grantee will implement. *Please indicate which activities your organization will implement by selecting the applicable boxes below:*

1. Core Youth Suicide Prevention Effort (*Required - select one or more*)

Organizations must implement one core suicide prevention effort that seeks to reduce suicidal behavior before a crisis occurs, addressing underlying risk factors and promoting protective factors that may reduce suicide risk.

- ☐ Approach A: Increase protective factors through strengths-based and culturally focused supports for Native youth.
- ☐ Approach B: Provide culturally-tailored youth suicide prevention training for Native youth.
- ☐ Approach C: Promote lethal means safety to minimize risk for suicide and self-harm behavior.

2. Postvention Planning (*Required – select one*)

Grantees are required to establish or update a plan that prepares the organization and/or community to respond quickly, compassionately, and appropriately to meet the needs of those impacted after death by suicide.

- ☐ Update an existing postvention plan
- ☐ Develop a new postvention plan

3. Suicide Prevention Communications (*Select optional item, if applicable.*)

Applicants should focus efforts in this area on how they will use various communication channels to reinforce their other prevention activities, share resources and critical messages, and reach audiences outside their direct service population, such as other adults and caregivers in the community. All bulleted items are required.

- Share the warning signs of suicide, and what to do if someone exhibits those signs. Steps for youth to take and steps for caregivers

- Share the warning signs of suicide, and what to do if someone exhibits those signs. Steps for youth to take and steps for caregivers must both be included in messaging efforts.
 - Include messages that encourage help-seeking, such as reaching out for support from a friend or family member.
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 - Include messages that encourage talking openly, honestly, and asking directly about thoughts of suicide.
 - Ensure youth suicide prevention communication efforts adhere to safe messaging guidelines.
 - Share the 988 suicide and crisis lifeline, and any additional alternative crisis line(s), if available.
- ☐ ***Optional** - Share videos and/or messaging on what happens when you call 988, TeenLine, or other resources, to familiarize youth with the service.

Administrative and Reporting Components:

Items 4-9 below are required in their entirety as part of the signed grant agreement.

4. Implementation Plan

Submit an initial Implementation Plan within the first 45 days of the Grant for feedback from the CDPH OSP team, with a finalized plan due 3 months after the start of the grant, and an update due annually thereafter.

5. Progress Reports

Submit quarterly progress reports in year 1 of the grant, and every 6 months thereafter. The Progress Reports collect information and data for evaluation, analysis, and monitoring of project performance and project objectives outlined in the Work Plan. The Grantee is required to complete and submit the Progress Report using the CDPH OSP Progress Report Template on or before the due date, determined by CDPH OSP. All activities where baseline data is available should include updated data figures since the last reporting period, and a brief description on the change.

6. Annual Youth Survey & Listening Session

Conduct a youth survey at the start of the grant and once annually (e.g., to measure changes in knowledge, attitude, and behavior and gain additional input from the youth served) and at least one youth listening session per year, to gain qualitative input from youth participating in the project. Summary results must be submitted to CDPH OSP.

7. Annual Staff Listening Session

Conduct at least one staff listening session per year, in coordination with CDPH, to share successes, challenges, and program stories through the lens of the grantee. Summary results must be submitted to CDPH OSP.

8. Quarterly Check-Ins with CDPH Staff

CDPH OSP staff will be conducting quarterly check-ins with funded entities every 6 months. Grantees will be required to identify progress, challenges, and successes, and will have an opportunity to request technical assistance from OSP during these check-ins. The Executive Director (or designee) is encouraged to attend one (1) virtual meeting every year.

9. Training and Technical Assistance

Grantees are required to participate in one TTA webinar each quarter and at least one annual peer networking call.