MY FAVORITE FLAVOR IS TANGY

Give your water a citrus boost.
LEMON & CUCUMBER WATER
Slice ½ cucumber and 1 lemon. Mix with water in a 2-quart pitcher. Chill for at least 20 minutes and enjoy.

ORANGE & BLUEBERRY WATER
Mix 1 sliced orange and 20 blueberries with water in a 2-quart pitcher. Chill for at least 20 minutes and enjoy.

CRANBERRY & LIME FIZZ
Mix 1 cup 100% cranberry juice (with no added sugar) with 4 cups seltzer water. Rinse, then slice lime and squeeze juice into mixture. Stir and serve.

Wash ingredients first. Serve chilled for freshness and drink within 24 hours (recipe serves five). Sip, share, and enjoy!

Funded by USDA SNAP, an equal opportunity provider and employer.