

— MY FAVORITE FLAVOR IS —

HERBAL



Try these tea-like infusions.



WATERMELON & BASIL WATER

Mix **1 cup** cubed watermelon and **5** basil leaves with water in a **2-quart** pitcher. Chill for at least 20 minutes and enjoy.



CUCUMBER, LIME & MINT WATER

Mix $\frac{1}{2}$ **sliced** cucumber, **1 sliced** lime, and **5** mint leaves with water in a **2-quart** pitcher. Chill for at least 20 minutes and enjoy.



GRAPEFRUIT & ROSEMARY WATER

Mix **1 peeled and chopped** grapefruit and **1** sprig of fresh rosemary with water in a **2-quart** pitcher. Chill for at least 20 minutes and enjoy.

Wash ingredients first. Serve chilled for freshness and drink within 24 hours (recipe serves five). Sip, share, and enjoy!