Youth Tobacco Use in California 2020

10% of High School students used tobacco products

.5% used big cigars
1.2% used cigarettes
.6% used smokeless tobacco
8% used vapes

.2% used heated tobacco

Flavored Tobacco Product Use Among Current Users of the Product

96% used vapes
83% used hookah
75% used smokeless tobacco
74% used little cigars or cigarillos
58% used big cigars
49% used cigarettes
Cessation

- 48% of current cigarette users tried to quit in the past year
- 55% of current vape users tried to quit in the past year
- 42% of current little cigar or cigarillo users tried to quit in the past year

- 36% of current cigarette users plan to quit in the next 6 months
- 48% of current vape users plan to quit in the next 6 months
- 30% of current little cigar or cigarillo users plan to quit in the next 6 months

Secondhand Smoke Exposure

- 16% of high school students were exposed to vapor smoke in a car.
- 25% of high school students were exposed to vapor smoke in a room.

- 7% of high school students were exposed to tobacco smoke in a car.
- 9% of high school students were exposed to tobacco smoke in a room.

Data Source: 2020 California Student Tobacco Survey
Prepared by the California Tobacco Control Program. December 2021