DENTAL DECAY PROCESS

Bacteria / Germs + Food, Drink, Sugars, Sweets = ACID Produced

Healthy Tooth + ACID = Cavity
• You are not born with the bacteria that cause tooth decay.

• New studies have found that the bacteria/germs that cause tooth decay are passed from care-giver to child.

• Germs can be passed by sharing toothbrushes, cups, pre-testing food.

• The germs are in the plaque in our mouths.

• Plaque is the sticky film that develops in the mouth and coats the teeth.

• When we eat food, the germs feed off of the food particles left in our mouth and then produce acid as their waste product.

• Acid is deposited onto our teeth and if the acid attack is not stopped, by brushing & flossing, the acid eventually eats through the enamel and causes a hole in the tooth, a cavity.

• It does not take long for a cavity to form with repeated or continuous acid exposure.