



California Diabetes and Pregnancy Program, Region 6.1 & 9

**Sweet Success Share Day on April 30, 2010
Topic: Asian Indian Food and the Gestational Diabetes Meal Plan**

AGENDA - Friday, April 30, 2010

- 9:30 am Dr. Iyer- Welcome and Introductions
- 10:00 am Sharmila Chatterjee MSc, MS, RD, CDE
Overview of India and Regional Influences
Northern Region Food Choices
Western Region Food Choices
Southern Region Food Choices
Eastern Region and Food Choices
- 11:30 am Working with the Diabetic Meal Plan
- 12 noon Tasting Various Asian Indian Foods
- 1:00 pm Affiliate Share Time
- 1:45 pm Dr. Iyer – Closing Remarks
- 2:00 p.m. Evaluations



Location: Mary & Dick Allen Diabetes Center at Hoag Hospital in Newport Beach, CA

This course has been offered by a Continuing Education Provider approved by the California Board of Registered Nursing in accordance with approved procedure. This course is approved for 4 contact hours. Hoag Memorial Hospital Presbyterian Provider number 00146



Registration Information

Registration Due by April 23, 2010
FEE (Non-Refundable): Affiliate - \$5.00
Non-Affiliate - \$10.00

No charge to Hoag Memorial Employees
Mail Registration with payment to:

Perinatal Outreach Education Program (POEP)
2701 Atlantic Ave. Suite A, Long Beach, CA 90806
Map and Directions on attached document

Name _____

License # _____

E-Mail Address _____

Phone Number _____

Mailing Address _____

Work Organization _____

Sweet Success Affiliate # _____

**Sweet Success Share Day
April 30, 2010**