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CONTINUING EDUCATION INFORMATION:

"Provider Approved by the California Board of Registered Nurses, Sutter Medical Center, Sacramento #CEP 3000 for 7.0 contact hours ." Sutter Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation for 6.0 contact hours.

The entire program must be attended to receive CE credit. Those arriving more than 15 minutes late or departing more than 15 minutes early will not eligible to receive CE contact hours.

Course Faculty:

Kristi Gabel, RNC, MSN, CNS

Jan Dayton, BS, RNC, CDE

Emmy Mignano, MS, RD, CDE

Jacqueline Masullo, LCSW

2008

Sweet Success Affiliate Sharing Day

Cultivating Change: Preventing Type 2
Diabetes in a Mother and Her Offspring



March 7, 2008

Registration and continental breakfast begins at 0730

0800-1630

Training will be held at:

San Mateo, San Joaquin, Alameda, and San Francisco Rooms

Sutter Health University

2700 Gateway Oaks Dr

Suite 2600

Sacramento, CA 95833

AGENDA

Fetal Programming of Obesity	Sherrie McElvy, MD
Message for Mothers: Preventing Type 2 Diabetes	Camy Butler, RD, CDE
Case Study	Valley Care Sweet Success
Facilitating Behavior Changes to Avoid Type 2 DM	Alondra Thompson, LCSW
HAPO Study: GDM as a Predictor of Type 2 DM	Maribeth Inturrisi, RN, MSN, CDE
Discipline Break out Groups	
<ul style="list-style-type: none"> ▪ Nurse Educators ▪ Registered Dieticians ▪ Behavioral Medicine Specialists 	<ul style="list-style-type: none"> ▪ Jan Dayton, RNC, CDE ▪ Emmy Mignano, MS, RD, CDE ▪ Jacqueline Masullo, LCSW

COURSE OBJECTIVES

At the conclusion of this program, participants will be able to:

1. To define oxidative stress
2. To discuss the pathophysiology and implications of oxidative stress in women with diabetes.
3. To discuss the clinical implications; specifically, the placental affects of oxidative stress and the maternal/fetal consequences.
4. Participants will be able to identify methods to increase behavior change to avoid DM type 2.
5. Participants will be able to identify 2 risk factors for developing Type 2 diabetes in offspring of Sweet Success participants
6. Participants will be able to identify 2 nutrition and 2 physical activity strategies to prevent type 2 diabetes in offspring of Sweet Success participants.
7. Participants will verbalize an awareness of the key elements of the HAPO study to begin to understand the impact of glycemia on pregnancy outcomes.

TARGET AUDIENCE

Nurses, dietitians, social workers, and other healthcare providers providing care to women experiencing diabetes and pregnancy in a Sweet Success Clinic.

REGISTRATION - NO SPACES WILL BE RESERVED BY PHONE!

REGISTRATION DEADLINE IS FEBRUARY 27, 2008

Registration is by mail or fax and will be accepted on a first-come, first-serve basis. Enrollment is limited.

A confirmation letter will be mailed upon receipt of registration form and will be your acknowledgement that you are enrolled in the training.

CANCELLATION/REFUND POLICY

Cancellation must be received by February 29 in order to receive a full refund. No-shows or cancellations the day of the training will result in forfeit of fee.

For more information or to cancel, please call
Wendy Bang, Grant Program Secretary at 916-733-1705.

2008 Sweet Success Affiliate Sharing Day ~ Registration Form

Name: _____ Title: _____

Address: _____

City: _____ Zip Code: _____

Phone (home): _____ (work): _____

Employer/Facility: _____ Dept.: _____

Clinical License# _____ (required to issue continuing education)

Please check the box that applies to you:

- Affiliate Staff Region 2 and 3.....No charge
- Other Sweet Success Affiliates.....\$45.00
- Non-affiliates.....\$90.00

Please send completed registration forms to Regional Programs Department:

Regional Programs Department
ATTN: Wendy Bang
5151 F Street, 2 South
Sacramento, CA 95819
Fax: 916-733-1728

Office Use Only

Registration Rec'd _____

Confirmation letter and directions sent _____

Cancelled _____

Remarks: _____
