

Riverside County

Maternal Child and Adolescent Health Community Profile 2017-18

Demographics

Our Community

Total Population ¹	2,220,502
Total Population, African American	137,103
Total Population, American Indian/ Alaskan Natives	10,974
Total Population, Asian/Pacific Islander	136,356
Total Population, Hispanic	1,010,391
Total Population, White	878,842
Total Live Births ²	29,930

Our Mothers and Babies

% of women delivering a baby who received prenatal care beginning in the first trimester of their pregnancy ²	84.5%
% of births covered by Medi-Cal ²	50.1%
% of women ages 18-64 without health insurance ³	25.4%
% of women giving birth to a second child within 24 months of a previous pregnancy *	38.4%
% live births less than 37 weeks' gestation ²	8.5%
Gestational diabetes per 1,000 females age 15-44	7.1%
% of female population 18-64 living in poverty (0-200% FPL) ³	38.6%
Substance use diagnosis per 1,000 hospitalizations of pregnant women*	13.1
Unemployment Rate ⁴	11.6

Our Children and Teens

Teen Birth Rate per 1,000 births (ages 15-19) ²	26.3
Motor vehicle injury hospitalizations per 100,000 children age 0-146	12
% of children, ages 0-18 years living in poverty (0-200% FPL) ³	50.3%
Mental health hospitalizations per 100,000 age 15-24*	1,424.5
Children in Foster Care per 1,000 children ⁵	7.0
Substance abuse hospitalization per 100,000 aged 15-24*	797.4

Data sources: ¹ CA Dept. of Finance population estimates for Year 2015, January 2013; ² CA Birth Statistical Master Files 2011-2013 Annual Average, 3 year average; ³ California Health Interview Survey, 2014; ⁴ [State of California, Employment Development Department, February 2017](#); ⁵ [Data from CA Child Welfare Indicators Project, UC Berkeley Point in Time Jul 2015](#); ⁶ [California Department of Public Health, Safe and Active Communities Branch](#); *Data carried over from the Community Profile 2015-2016. Not updated.

About Our Community – Health Starts Where We Live, Learn, Work, and Play

1. Riverside County is the fourth largest county in California, in both population and land mass. Stretching 200 miles across and over 7,200 square miles, with over 2.2 million residents and twenty-eight incorporated cities. Riverside County is a diverse area consisting of urban, suburban and rural communities. The Western region is comprised of mostly urban and suburban communities and the Eastern Region is mainly desert cities.
2. Riverside County's major industries and employers include; agriculture, government, education, retail, manufacturing and hospitality.
3. One of the four priorities of the Healthy Riverside County Initiative is to create healthy, safe, physical and built environments that promote walk-ability, bike-ability and active transportation. There is a great need for walkable communities throughout the county and the goal is to build health into everyday life by promoting exercise into residents'

daily routines. Improving community safety, ensure access to clean air and water, healthy food and housing. Improve neighborhood-planning efforts that promote health.

Health System – Health and Human Services for the MCAH Population

Riverside County departments and organizations have been working tirelessly to make the county vision, “improve health and promote livable communities.” A reality through the Healthy Riverside County Initiative. This report illustrates how we came together to review health data, identify current county programs that focus on health and establish four priorities for the Healthy Riverside County Initiative: healthy eating, active living, reduce tobacco use, and build safe and healthy communities.

Mental Health Initiative (Growing Healthy Minds)

This initiative’s goal is to promote social competence by preventing and treating disruptive behavior disorders. It is designed to support a full continuum of primary prevention, screening/early identification and early intervention, and treatment interventions, targeting one or more high-risk communities with the goal of significantly increasing early childhood social competence and decreasing the development of disruptive behavior disorders. The Riverside County Department of Mental Health & Family Service Association provide services under this initiative.

The IECHI (Inland Empire Coverage and Health Initiative) is a collaboration of agencies and organizations (public and private) in the counties of Riverside and San Bernardino who support comprehensive children’s health insurance coverage and service. The IE-CHI is a member of the State collaborative: California Coverage Health Initiative. (CCHI)

Health Status and Disparities for the MCAH Population

Health disparities persist across the maternal, child and adolescent populations. Infant mortality rates for African Americans were more than two times the rate for all other groups and teen birth rates were highest among Hispanic youth.

These disparities can be linked to high poverty rates, smoking, and substance abuse, and community stress, lack of strongly targeted education, physical environment and social determinants of health.

Despite some of the existing disparities, there has been a decrease in both teen births, and infant mortality. This decrease may be related to improved targeted and ongoing education, modified behavior changes from targeted interventions as well as increased awareness.