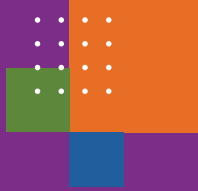


# COVID-19 Vaccines and Pregnancy



**COVID-19 vaccination during pregnancy is safe and effective.**

## **It's important to stay healthy during pregnancy.**

If you're pregnant, stay up to date with your [COVID-19 vaccines](#).

You're more likely to get very sick from COVID-19 than people who aren't pregnant.

COVID-19 can cause complications such as:

- Hospitalization
- Admission to an intensive care unit (ICU)
- Needing a ventilator or special equipment to breathe
- Death
- Premature birth (before 37 weeks of pregnancy)
- Stillbirth

Getting the COVID-19 vaccine while pregnant will help protect your baby as soon as they are born.

Protect yourself and your family today. Visit [MyTurn.ca.gov](#) to schedule your vaccine appointment or call a health care provider to discuss any questions you have about the COVID-19 vaccines.



**Scan the QR code to access the links on this flyer.**

