

## Summary of 2007-08 Influenza (Flu) Information for Sharp Employees

Please indicate your understanding of the information below. (Complete influenza information is included in the pandemic influenza safety module. Please refer to the safety module for complete information.)

The flu is an annual respiratory illness with symptoms of fever, cough, achiness, and fatigue. Flu is transmitted from person to person by large droplets expelled into the air or by hands/objects contaminated with the virus that touch the face (nose, mouth, eyes). Flu is associated with 36,000 deaths each year in the U.S. Flu can be best prevented by annual vaccination which is available at no cost to Sharp employees on site each year through roaming carts/ buckets, employee flu clinics, and on a walk-in basis in EOHD.



Additionally, washing hands, covering the mouth/nose when coughing/sneezing, avoiding touching facial areas, and staying home when ill can also help protect patients, family and others from the flu and other illnesses.



Please click on the "Take Test" button on the left to indicate your understanding.