



100% Whole Wheat Bread List



This is a non-exclusive list of CDPH/WIC eligible 100% whole wheat breads. In addition to products included on this list, any 16 oz 100% whole wheat bread (loaves, buns or rolls) that meets the requirements listed in the [WIC Authorized Food List Shopping Guide](#) are also allowed.

#	UPC	Brand Name	Product Name	Type	Size
1	041163483323	Albertsons	100% Whole Wheat Bread	Loaf	16 oz
2	074323092301	Bimbo	100% Whole Wheat Bread	Loaf	16 oz
3	070378440142	Busy Baker	100% Whole Wheat Bread	Loaf	16 oz
4	183860000820	Early On	100% Whole Wheat Bread	Loaf	16 oz
5	072220001181	Franz	100% Whole Wheat Bread	Loaf	16 oz
6	078700801616	Nature's Harvest	100% Stoneground Whole Wheat Bread	Loaf	16 oz
7	078700801555	Nature's Harvest	100% Whole Wheat Hamburger Buns	Buns	16 oz
8	078700801562	Nature's Harvest	100% Whole Wheat Hot Dog Buns	Rolls	16 oz
9	072250043199	Nature's Own	100% Whole Wheat Bread	Loaf	16 oz
10	07893110240	Open Nature	100% Whole Wheat Hot Dog Buns	Buns	16 oz
11	073130733605	Oroweat	100% Whole Wheat Bread	Loaf	16 oz
12	050400739871	Rainbo	100% Whole Wheat Bread	Loaf	16 oz
13	050400739666	Rainbo	100% Whole Wheat Dinner Rolls	Rolls	16 oz
14	050400739604	Rainbo	100% Whole Wheat Sandwich Rolls	Rolls	16 oz
15	073130352165	Roman Meal	Sungrain 100% Whole Wheat Bread	Loaf	16 oz
16	021130182305	Safeway Kitchens	100% Whole Wheat Bread	Loaf	16 oz
17	021130154562	Safeway Kitchens	100% Whole Wheat Hot Dogs Bun	Buns	16 oz
18	077633750497	Sara Lee	Classic 100% Whole Wheat Bread	Loaf	16 oz
19	077633750596	Sara Lee	Soft & Smooth 100% Whole Wheat Hamburger Buns	Buns	16 oz
20	077633750541	Sara Lee	Soft & Smooth 100% Whole Wheat Hot Dog Buns	Buns	16 oz
21	041380804352	Springfield Golden Pride	100% Whole Wheat Bread	Loaf	16 oz
22	041380804383	Springfield Golden Pride	100% Whole Wheat Hamburger Buns	Buns	16 oz

It is the responsibility of the submitters to notify CDPH/WIC as soon as possible of all product changes (and the effective date of each change) to any of their products listed in the California WIC Food List Database; examples of product changes include, but are not limited to: package design, container size, ingredients, and/or discontinuance of a product or size. Product change notifications must be emailed to WICFoods@cdph.ca.gov.



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#	UPC	Brand Name	Product Name	Type	Size
23	041380804376	Springfield Golden Pride	100% Whole Wheat Hot Dog Buns	Buns	16 oz
24	011110012784	Van de Kamp's	100% Whole Wheat Bread	Loaf	16 oz
25	072250011365	Wonder	100% Whole Wheat Bread	Loaf	16 oz

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