

**SECTION:** Certification

**SUBJECT:** Eligibility Requirement

**ITEM:** Women: Dietary

## Purpose

To define allowable dietary nutrition risk criteria and eligibility requirements for certification of women WIC participants.

## Policy

Participants determined eligible for program benefits based on a dietary indicator of need shall meet at least one of the criteria listed below.

## Authority

CFR 246.7 (e)

USDA WIC Policy Memorandum 98-9, Revision 1 and Revision 8, Nutrition Risk Criteria

## Dietary Risk Criteria

The table below includes the dietary intake criteria to assess indicators of nutritional need for pregnant, non-breastfeeding, and breastfeeding women. The priority levels are indicated for each category of women, and the ISIS code and corresponding USDA risk code is provided for reference. Refer to WPM Section 230-10 for information regarding the priority ranks.

<b>ISIS Code (USDA Code)</b>	<b>Indicator of Nutritional Need</b>	<b>Priority for Pregnant Women</b>	<b>Priority For Breast-feeding Women</b>	<b>Priority for Non-breast-feeding Women</b>
D401  (401)	<b>Dietary Guidelines Not Met:</b> Women for whom a complete nutrition assessment (includes risks D402, D421, D423 and D427) has been performed and no other dietary risk(s) are identified.	IV	IV	VI

ISIS Code (USDA Code)	Indicator of Nutritional Need	Priority for Pregnant Women	Priority For Breast-feeding Women	Priority for Non-breast-feeding Women
D402 (401, 427)	<b>Vegan Diets/Highly Restrictive Diets:</b> Consuming a diet very low in calories and/or essential nutrients; or impaired caloric intake or absorption of essential nutrients following bariatric surgery.	IV	IV	VI
D423 (427)	<b>Inappropriate or Excessive Intake of Dietary Supplements:</b> including single or multivitamins, minerals and herbal or botanical supplements/remedies/teas.	VI	IV	VI
D421 (427)	<b>Pica:</b> Current or recent craving for or ingestion of nonfood items may include: <ul style="list-style-type: none"> <li>• Dirt</li> <li>• Clay</li> <li>• Ice</li> <li>• Starch (laundry or corn)</li> <li>• Cigarette butts</li> <li>• Ashes</li> <li>• Paint chips</li> <li>• Baking soda</li> </ul>	IV	IV	VI
D427 (427)	<b>Inappropriate Nutrition Practices for Women:</b> <ul style="list-style-type: none"> <li>• Inadequate vitamin/mineral supplementation viewed as essential by national public health policy.</li> <li>• Pregnant women ingesting foods that could be contaminated with pathogenic microorganisms.</li> </ul>	IV	IV	VI

## Nutrition Questionnaires

The Local Agency (LA) shall use the California Department of Public Health (CDPH) Nutrition Questionnaire (NQ) forms (DHS 4154 and DHS 4153) or a LA developed and State Agency approved NQ to assess for dietary risk codes.