
SECTION: CERTIFICATION

SUBJECT: Eligibility Requirement

ITEM: *Women: Nutrition Assessment Requirements--
Determining Anthropometric Nutrition Need*



Purpose The purpose of this policy is to clarify U.S. Department of Agriculture's (USDA) requirement for obtaining and using anthropometric data to determine whether a participant has an anthropometric nutrition need.

Authority for policy 7 CFR 246.7 (e)

Determining need Anthropometric nutrition need is determined by the CPA, using both ISIS calculations when available, and professional evaluation of participant's past and current height and weight.

Timeframe for anthropometric data Height and weight measurements are required at each certification. The date of the measurements shall be no more than 60 days prior to the certification date. However, the information needs to be:

- during the pregnancy for pregnant women, or
- after delivery for breastfeeding and non-breastfeeding women.

Measurements The local agency shall weigh and measure the woman in the WIC office if the height and weight measurements are not provided at the time the woman is certified.

Assessment In most cases, ISIS will compare the height and weight measurements to the standards established by USDA and set forth in WPM Sections 210-50.2 through 210-50.22 to determine if an anthropometric indicator of nutrition need exists. Local agencies shall review the following anthropometric data:

For pregnant women:

- pre-pregnancy weight-for-height status if available,

**Assessment
(cont'd)**

- adequacy of prenatal weight gain, and

For breastfeeding/non-breastfeeding women:

- current weight-for-height status, and
 - total weight gain during the most recent pregnancy.
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Documentation

Local agencies shall document the following anthropometric data in ISIS:

- height and weight measurements beginning with the appropriate “Health Information” screen, and
 - total pregnancy weight gain on the “Pregnancy Outcome” screen when:
 - a woman re-certifies from the pregnant category to the breastfeeding or non-breastfeeding category, or
 - the infant of a woman described above is certified.
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**Exemption to
required
anthropo-
metric
assessment**

Local agency staff shall excuse an applicant or participant from anthropometric assessment when obtaining the data would present an unreasonable barrier to current participation under circumstances defined by the Americans with Disabilities Act. When this occurs, the agency must document the reason for the exemption in family comments and make realistic efforts to obtain the data.
