

TEMPLATE  
 Protocol for *(list Category)*  
*Literal Name of Nutrition Risk (Risk Code #)*

Definition	<i>Define the risk code/ condition</i>
Objective	<i>Define objective, goal or target</i>
Instructions for Staff	<ol style="list-style-type: none"> <li>1. Review Nutrition Questionnaire/ISIS Summary Screen to determine WIC eligibility.</li> <li>2. Determine potential topic(s) for nutrition education/referral</li> <li>3. Have a conversation with the parent/guardian of the participant to identify what they are interested in discussing or learning about within the parameters of the participant's category, developmental stage, and health /nutrition risks.</li> <li>4. Provide Healthy Lifestyle Messaging and /or information about the risk condition, as appropriate.</li> <li>5. Work with participant to identify constructive "next steps"</li> <li>6. If the Summary Screen shows an "N", ask the participant about seeing a Nutritionist to answer questions about the identified medical condition.</li> <li>7. Document the nutrition education contact in ISIS.</li> <li>8. Make referral(s) and schedule follow-up as needed</li> </ol>
Possible Assessment Information	<ul style="list-style-type: none"> <li>• <i>List possible items or issues that could be addressed. The list should serve as a way to prompt staff to ask about relevant topics.</i></li> </ul>
Other Possible Topics for Discussion (Focus on Healthy Lifestyle Messaging)	<ul style="list-style-type: none"> <li>• <i>In addition to Healthy Lifestyle Messaging topics, list relevant topics that could be addressed with participant</i></li> </ul>
Refer to the Nutritionist if participant concurs	<ul style="list-style-type: none"> <li>• <i>Automatic referral to nutritionist</i></li> </ul>
Possible Triggers for Referrals to Nutritionist	<ul style="list-style-type: none"> <li>• <i>What are questions or circumstances that indicate a need to refer to the DN, DTR, MDN or RD?</i></li> </ul>
Possible Referrals for outside WIC	<ul style="list-style-type: none"> <li>• <i>Referral to HCP</i></li> </ul>
Suggested Education Materials	
<ul style="list-style-type: none"> <li>• <i>List all possible pamphlets or handouts that might relate to the condition</i></li> </ul>	