

Breastfeeding Mother of Infant at Nutritional Risk

**Definition/
cut-off value**

A breastfeeding woman whose breastfed infant has been determined to be at nutritional risk.

**Participant
category and
priority level**
Category

Breastfeeding Women

Priority

I, II, or IV*

***Must be the same
priority as at-risk
infant.**

Justification

A breastfed infant is dependent on the mother's milk as the primary source of nutrition. Special attention should therefore be given to the health and nutritional status of the mother (5). Lactation requires an additional approximately 500 Kcal per day as increased protein, calcium, and other vitamins and minerals (3,1). Inadequate maternal nutrition may result in decreased nutrient content of the milk (1).

References

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 2. Lawrence RA. Breastfeeding a guide for the medical profession. St. Louis: Mosby, 1994.
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 4. WIC Program Regulations, Sect. 246.7(e)(1)(iii).
 5. Worthington-Roberts BS, Williams SR. Nutrition in Pregnancy and Lactation. St. Louis: Mosby, 1993.
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