

Task VII: Baby Behavior



- Baby Behavior Crying, Sleep, and Cues
- Interviews Prenatal and Early Infancy
- Observations

List of Competency Evaluations for *Task VII: Baby Behavior Education*

Candidate's Name: _____

<u>Competency</u>	<u>Participant Category</u>	<u>Page</u>	Reviewer's Initials	Date Review Completed
<i>Candidate Assessment:</i>	▶ Prenatal and Early Infancy.....	1	_____	_____
<i>Interview:</i>	▶ Prenatal and Early Infancy.....	5	_____	_____
<i>Interview/Video Clips:</i>	♥ Postpartum and Early Infancy	7	_____	_____
<i>Observation:</i>	🌀 All Categories	11	_____	_____

Name & Title of Reviewer(s): *(please print)*

 ***(Email (as scanned document) or mail this completed page to the State WIC Program)***

Task VII: Baby Behavior Education

CANDIDATE ASSESSMENT: Baby Behavior-Sleep	Outcome/Notes	
1. Is it realistic to think a young infant will sleep through the night? Why or why not?	<input type="checkbox"/> Incomplete	<input type="checkbox"/> Complete
2. What are two types of sleep? 1) _____ 2) _____	<input type="checkbox"/> Incomplete	<input type="checkbox"/> Complete
3. Describe at least three signs a baby is in light sleep. 1) _____ 2) _____ 3) _____	<input type="checkbox"/> Incomplete	<input type="checkbox"/> Complete
4. List 3 reasons why newborn babies might wake at night. 1) _____ 2) _____ 3) _____	<input type="checkbox"/> Incomplete	<input type="checkbox"/> Complete

Task VII: Baby Behavior Education

CANDIDATE ASSESSMENT: Baby Behavior-Crying	Outcome/Notes
<p>5. List three reasons why babies cry:</p> <p>1) _____</p> <p>2) _____</p> <p>3) _____</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>6. Although crying can be stressful for new parents, why is it so important for to babies cry?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>7. List the three steps to calm a crying baby:</p> <p>1) _____</p> <p>2) _____</p> <p>3) _____</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>8. Give an example of an action which calms a crying baby if repeated over and over.</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>

Task VII: Baby Behavior Education

CANDIDATE ASSESSMENT: Baby Behavior-Cues	Outcome/Notes
<p>9. Hunger cues often come in clusters; name at least four hunger cues.</p> <p>1) _____</p> <p>2) _____</p> <p>3) _____</p> <p>4) _____</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>10. Why would a baby continue to suck on a bottle even after they are full?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>11. A baby has been breastfeeding for 10-15 minutes and then pushes away from the breast. What cue is the baby demonstrating?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>12. You have a baby in your office with mom. You observe the baby looking intently at mom, reaching out to touch mom and following her face. What cue is this baby demonstrating?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>

Task VII: Baby Behavior Education

CANDIDATE ASSESSMENT: Baby Behavior-Cues	Outcome/Notes
<p>13. When babies need something to be different, it may be because of an internal or an external reason.</p> <p style="margin-left: 20px;">a. List two internal reasons a baby would show “I need something to be different” cues?</p> <p style="margin-left: 40px;">1) _____</p> <p style="margin-left: 40px;">2) _____</p> <p style="margin-left: 20px;">b. List two external reasons a baby would show “I need something to be different” cues.</p> <p style="margin-left: 40px;">1) _____</p> <p style="margin-left: 40px;">2) _____</p>	<div style="display: flex; justify-content: space-between;"> <input type="checkbox"/> Incomplete <input type="checkbox"/> Complete </div>
<p>14. What is a benefit of responding to a baby’s cues early?</p>	<div style="display: flex; justify-content: space-between;"> <input type="checkbox"/> Incomplete <input type="checkbox"/> Complete </div>
CANDIDATE ASSESSMENT: Prenatal and Early Infancy COMPLETED	Date:

Task VII: Baby Behavior Education

INTERVIEW: Baby Behavior-Sleep	Outcome/Notes
<p>1. How would you explain light and deep sleep to a parent?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>2. What would you say to a parent if they told you their baby wakes up every time they lay her down to sleep?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>
<p>3. What is an example of an open-ended question you might ask a mom who says, "My baby never sleeps."?</p> <p style="margin-top: 20px;">What else would you talk to her about?</p>	<p><input type="checkbox"/> Incomplete <input type="checkbox"/> Complete</p>

Task VII: Baby Behavior Education

INTERVIEW: Baby Behavior Crying	Outcome/Notes
<p>4. What would you say to a parent who says “I don’t want to spoil my baby, so I can’t always be picking her up and holding her”?</p> <p style="margin-left: 20px;">Affirmation:</p> <p style="margin-left: 20px;">Offer information:</p>	<div style="display: flex; justify-content: space-between;"> <input type="checkbox"/> Incomplete <input type="checkbox"/> Complete </div>
<p>5. Some parents always respond to a baby’s crying by feeding. How would you help a parent recognize when a baby is crying, but is not hungry?</p> <p style="margin-left: 20px;">Affirmation:</p> <p style="margin-left: 20px;">Offer information:</p>	<div style="display: flex; justify-content: space-between;"> <input type="checkbox"/> Incomplete <input type="checkbox"/> Complete </div>
<p>6. Why is it important to tend to a crying baby?</p>	<div style="display: flex; justify-content: space-between;"> <input type="checkbox"/> Incomplete <input type="checkbox"/> Complete </div>
<p>7. If a mom is having a hard time coping with her crying baby and seems to be overwhelmed, what would you say or do?</p> <p style="margin-left: 20px;">Affirmation:</p> <p style="margin-left: 20px;">Offer information:</p>	<div style="display: flex; justify-content: space-between;"> <input type="checkbox"/> Incomplete <input type="checkbox"/> Complete </div>
INTERVIEW: Prenatal and Early Infancy COMPLETED	Date:

Task VII: Baby Behavior Education

INTERVIEW: Baby Behavior Cues	Outcome/Notes
<p>Video clip #3a What do you see this baby doing?</p> <p>What would you say to the parent to either help them recognize and respond to baby's cues, or to affirm what she is already doing?</p>	
<p>Video clip #3b How do you think the mom is interpreting and responding to the baby's cues?</p> <p>If baby was crying because she was hungry, what cues might she give?</p>	
<p>Video clip #4 What do you see this baby doing?</p> <p>What would you say to the parent to either help them recognize and respond to baby's cues, or to affirm what she is already doing?</p>	

Task VII: Baby Behavior Education

INTERVIEW: Baby Behavior Cues	Outcome/Notes
<p>Video clip #5 What do you see this baby doing?</p> <p>What would you say to the parent to either help them recognize and respond to baby's cues, or to affirm what she is already doing?</p>	
<p>Video clip #6 What do you see this baby doing?</p> <p>What would you say to the parent to either help them recognize and respond to baby's cues, or to affirm what she is already doing?</p>	

Task VII: Baby Behavior Education

INTERVIEW: Baby Behavior Cues	Outcome/Notes
<p>Video clip #7 What do you see this baby doing?</p> <p>What would you say to the parent to either help them recognize and respond to baby's cues, or to affirm what she is already doing?</p>	
<p>Video clip #8 What do you see this baby doing?</p> <p>What would you say to the parent to either help them recognize and respond to baby's cues, or to affirm what she is already doing?</p>	
INTERVIEW/VIDEO CLIPS: Postpartum and Early Infancy COMPLETED	Date:

Task VII: Baby Behavior Education

OBSERVATION Reviewer instructions: Complete 1 prenatal and 1 early infancy observation; circle whether group or individual education was observed)	Prenatal: Group Individual	NOTES	Early Infancy: Group Individual	NOTES
1. Is easy to hear and comprehend; speaks clearly and slowly.				
2. Lesson Plan objectives are covered in a participant centered manner.				
3. Appropriately/effectively uses, teaching aids and booklet.				
4. Appropriately/effectively uses video clips.				

Task VII: Baby Behavior Education

OBSERVATION Reviewer instructions: Complete 1 prenatal and 1 early infancy observation; circle whether group or individual education was observed)	Prenatal: Group Individual	NOTES	Early Infancy: Group Individual	NOTES
5. Provides accurate information.				
6. Answers questions accurately and responds appropriately to participants' concerns.				
7. Evaluates participant(s) understanding of each section of the lesson.				
8. When babies are present (and awake), baby cues were pointed out and discussed with the parent or group.				
OBSERVATION: COMPLETED			Date:	