

**Review of  
Child  
Category  
and  
Food Package  
Changes**

Revised: 06/16/09

## Review of Child Category and Food Package Changes

The items to be discussed related to children and their food packages include:

- **Change in Age Break for Children**
  - Prescribing packages for younger children  $\geq 12$  months through 23 months
  - Prescribing packages for older children  $\geq 24$  months
- **Prescribing Packages for Children During the 24<sup>th</sup> Month**
- **Revision of ISIS Prescription Screen**
- **Addition of Soy Beverage and Tofu Food Package for Children**
- **Case Scenarios**

### Change in Age Break for Child Category

The current prescription age break in ISIS for a child category is  $\geq 36$  months (CT to CP). The new prescription age break in ISIS will be  $\geq 24$  months. This new age break is the result of a change in the type of milk that is required for children. Younger children are required to receive whole milk while older children must receive lower fat milk.

### ***Prescribing Packages for Younger Children $\geq 12$ Months through 23 Months***

A child  $\geq 12$  months through 23 months is considered a younger child and will receive a default package of CT4W (Standard Child  $< 24$  months, Whole Milk).

There are two new food packages for these children: No Cheese, Whole Milk; and Soy and Tofu packages. Food packages for the younger child age group are displayed below and are viewable by selecting F5 Change Package from the Prescribe Food Package screen. Note there are four therapeutic packages for the younger child (details on the therapeutic packages will be shared separately from this training). The default or standard food package is shown in bold below.

- **CT4W**      **Standard Child  $< 24$  months, Whole Milk**
- CT4X      No Cheese, Whole Milk
- CT4L      Low Lactose, Whole Milk
- CT4S      Soy and Tofu, Prescription Only
- CT4H      Homeless, Whole Milk
- CT4C      RX, Whole Milk, Contract Formula
- CT4P      RX, Whole Milk, Therap Form-Other Provider
- CT4G      RX, Whole Milk, Therap Form-State WIC
- CT4A      RX, Whole Milk, Therap Form-WIC Agency

## Modification to ISIS Change Food Package Screen for Younger Child – CT4W

IRX51M01 100TFULL	<b>CALIFORNIA WIC INFORMATION SYSTEM</b> CHANGE FOOD PACKAGE	1/06/09 04:01 PM
<b>INDIVIDUAL NAME:</b> RICHIE                      PETRIE <b>ID:</b> 174423016RP		
<b>FOOD PACKAGE ID:</b> CT4W <b>NAME:</b> STANDARD CHILD <24 MONTHS, WHOLE MILK		
<p>To select a package other than the recommended package, place an 'S' next to the desired package and press F11.</p>		
–	CT4X	NO CHEESE, WHOLE MILK
–	CT4L	LOW LACTOSE, WHOLE MILK
–	CT4S	SOY AND TOFU, PRESCRIPTION ONLY
–	CT4H	HOMELESS, WHOLE MILK
–	CT4C	RX, WHOLE MILK, CONTRACT FORMULA
–	CT4P	RX, WHOLE MILK, THERAP FORM-OTHER PROVIDER
–	CT4G	RX, WHOLE MILK, THERAP FORM-STATE WIC
–	CT4A	RX, WHOLE MILK, THERAP FORM-WIC AGENCY
<p><b>Command</b> ==&gt;</p> <p>F: 1=Help 4=Options 11=Done 12=Prev</p>		

### ***Prescribing Packages for Older Children $\geq 24$ months***

A child  $\geq 24$  months is considered an older child and will receive a default package of CP4 (Standard Child  $\geq 24$  months, Lower Fat Milk). There are two new food packages for these children: No Cheese, Lower Fat Milk; and Soy and Tofu packages. Food packages for the older child age group are displayed below and are viewable by selecting F5 Change Package from the Prescribe Food Package screen. Note there are four therapeutic packages for the older child (details on the therapeutic packages will be shared separately from this training). The default or standard food package is shown in bold below.

- **CP4**                      **Standard Child  $\geq 24$  months, Lower Fat Milk**
- CP4X                      No Cheese, Lower Fat Milk
- CP4L                      Low Lactose, Lower Fat Milk
- CP4S                      Soy and Tofu, Prescription Only
- CP4H                      Homeless, Lower Fat Milk
- CF4C                      RX, Lower Fat Milk, Contract Formula
- CF4P                      RX, Lower Fat Milk, Therap Form-Other Provider
- CF4G                      RX, Lower Fat Milk, Therap Form-State WIC
- CF4A                      RX, Lower Fat Milk, Therap Form-WIC agency

## Modification to ISIS Change Food Package Screen for Older Child – CP4

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	1/06/09 04:01 PM
INDIVIDUAL NAME: RICHIE                      PETRIE                      ID: 174423016RP		
FOOD PACKAGE ID: CP4    NAME: STANDARD CHILD $\geq$ 24 MONTHS, LOWER FAT MILK		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
–	CP4X	NO CHEESE, LOWER FAT MILK
–	CP4L	LOW LACTOSE, LOWER FAT MILK
–	CP4S	SOY AND TOFU, PRESCRIPTION ONLY
–	CP4H	HOMELESS, LOWER FAT MILK
–	CF4C	RX, LOWER FAT MILK, CONTRACT FORMULA
–	CF4P	RX, LOWER FAT MILK, THERAP FORM-OTHER PROVIDER
–	CF4G	RX, LOWER FAT MILK, THERAP FORM-STATE WIC
–	CF4A	RX, LOWER FAT MILK, THERAP FORM-WIC AGENCY
Command ==>		
F: 1=Help 4=Options 11=Done 12=Prev		

### **Prescribing Packages for Children During the 24<sup>th</sup> Month**

For current participants, during the 24<sup>th</sup> month of age, the default food package is a CT4W (Standard Child <24 months, Whole Milk) package. If the appointment is on or after the child's second birthday, the lower fat milk packages will be viewable through the F5 Change Package option. If the parent or caretaker asks for the lower fat milk at this appointment, staff can change the package and issue the appropriate lower fat milk package. If the appointment is before the child's second birthday, then only the whole milk packages are available.

If a child is enrolled on WIC during the 24<sup>th</sup> month of age, the approach is slightly different. ISIS will be able to interpret the date of birth against the date of the WIC appointment and provide the correct child package. If the child is enrolled during the 24<sup>th</sup> month, and on or after their second birthday, then the default package is the CP4 (Standard Child  $\geq$ 24 months, Lower Fat Milk). No whole milk packages will be available to this child. If the child is enrolled during the 24<sup>th</sup> month but before their second birthday, the default package displayed is the CT4W (Standard Child <24 months, Whole Milk). The lower fat milk packages will not be available until after the child turns two years of age.

## Revision of ISIS Prescription Screen

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen.

## Current ISIS Prescribe Food Package Screen – CT Package

Session A

File Edit Transfer Appearance Communication Assist Window ZipPrint Help

PrtScrn Color Clipbrd Index

IRX15M01 CALIFORNIA WIC INFORMATION SYSTEM 11/07/08  
100YYUAN PRESCRIBE FOOD PACKAGE 09:09 AM

INDIVIDUAL NAME: KARLA GO ID: 680831209KG  
FOOD PACKAGE ID: CT NAME: CHILD - TODDLER (< 36 MONTHS)

1. "You will be getting dry beans every month. Would you rather have beans, peanut butter, or alternating beans and peanut butter?" B
2. "Do you want frozen juice or juice in plastic bottles?" \_
3. "What flavor(s) of juice do you want?" \_ \_

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD

	ID	TLR	HOLD		ID	TLR	HOLD		ID	TLR	HOLD		ID	TLR	HOLD
NOV	CT		-	MAR	CT		-								
DEC	CT		-	APR	CT		-								
JAN	CT		-												
FEB	CT		-												

Command ==>

F: 1=Hlp 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 11=Done 12=Prev

MA a A 24/080

Start Administrator... Inbox - Micro... Food Package... Windows Med... Session A 9:09 AM

All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

Modification to ISIS Prescribe Food Package Screen – CT4W Package

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM	03/17/09									
100YYUAN	PRESCRIBE FOOD PACKAGE	02:01 PM									
INDIVIDUAL NAME: KARLA GO ID: 095831113KG											
FOOD PACKAGE ID: CT4W NAME: STANDARD CHILD <24 MONTHS, WHOLE MILK											
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE? PRESS F5 TO SEE OTHER OPTIONS.											
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD											
ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD
NOV	CT4W	-	MAR	CT4W	-						
DEC	CT4W	-	APR	CT4W	-						
JAN	CT4W	-									
FEB	CT4W	-									
Command ==>											
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tr 9=Comm 11=Done 12=Prev											

Current ISIS Prescribe Food Package Screen – CP Package

**Session A** [Minimize] [Maximize] [Close]

File Edit Transfer Appearance Communication Assist Window ZipPrint Help

PrtScrn Color Clipbrd Index

IRX15M01 CALIFORNIA WIC INFORMATION SYSTEM 4/20/09  
 100BWALK PRESCRIBE FOOD PACKAGE 05:56 PM

INDIVIDUAL NAME: LUPE BECERRA ID: 181830916LB  
 FOOD PACKAGE ID: CP NAME: CHILD - PRESCHOOL AGE (>/= 36 MONTHS)

1. "You will be getting dry beans every month. Would you rather have beans, peanut butter, or alternating beans and peanut butter?" B
2. "Do you want frozen juice or juice in plastic bottles?" \_
3. "What flavor(s) of juice do you want?" \_ \_

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD

	ID	TLR	HOLD		ID	TLR	HOLD		ID	TLR	HOLD		ID	TLR	HOLD
MAY	CP		—	SEP	CP		—								
JUN	CP		—	OCT	CP		—								
JUL	CP		—												
AUG	CP		—												

Command ==>

F: 1=Hlp 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 11=Done 12=Prev

M& a 23/015

start [Taskbar icons] 5:56 PM

All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

Modification to ISIS Prescribe Food Package Screen – CP4 Package

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM		04/20/09
100BWALK	PRESCRIBE FOOD PACKAGE		05:01 PM
INDIVIDUAL NAME: CHRISTY		WOODS	ID: 095831113CW
FOOD PACKAGE ID: CP4 NAME: STANDARD CHILD ≥24 MONTHS, LOWER FAT MILK			
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE?			
PRESS F5 TO SEE OTHER OPTIONS.			
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD			
ID	TLR	HOLD	ID TLR HOLD ID TLR HOLD ID TLR HOLD
NOV	CP4	—	MAR CP4 —
DEC	CP4	—	APR CP4 —
JAN	CP4	—	
FEB	CP4	—	
Command ==>			
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 11=Done 12=Prev			

## ISIS Browse Family Issued Food Packages Screen

Another enhancement of the prescription screen that also will become a standard feature throughout ISIS is the replacement of the F1 Help key with an F1 History key. It could be very useful in October 2009 to view what food packages were previously issued in September 2009 before the food package transition. The F1 History key will allow users to do this. When the F1 History key is pressed, ISIS will display the Browse Family Issued Food Packages screen. This screen displays all of the family members' issued food packages during their entire time on WIC. This screen is similar to the one found through the Browse Family Issued Food Packages option on the Food Instruments Menu except that family comments are not viewable. The F1 History key can also be helpful at recertification if staff want to see whether the participant was issued a package other than the default in the previous month (e.g., low lactose package).

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM		06/02/09		
100BWALK	BROWSE FAMILY ISSUED FOOD PACKAGES		02:45 PM		
FAMILY NAME: BONITA		BECERRA	FAMILY ID: BB611608309		
To browse issued food items, type 'S' in the ACT field and press F11.					
ACT	NAME	DOB	MO/YR RX	PKG ID	USER ID
-	BARTO	05/05/2008	04/09	ICCJ	100BWALK
-	BEATRICE	01/09/2009	04/09	ICC	100BWALK
-	LUPE	06/22/2009	04/09	CPL	100BWALK
-	OMAR	06/05/2006	04/09	CT	100BWALK
-	BARTO	05/05/2008	02/09	IFTJ T	100BWALK
-	BONITA	05/01/1980	12/08	PSL	100BWALK
-	BARTO	05/05/2008	12/08	IFCJ T	100BWALK
-	LUPE	06/22/2005	12/08	CPL	100BWALK
Command ==>					
F: 1=Help 3=Exit 4=Options 11=Done 12=Prev					

## Addition of Soy Beverage and Tofu Food Package for Children

Soy beverage and tofu are now available to children through a prescription from a medical provider. Specifics about obtaining and documenting the prescription are covered separately from this ISIS update. However, the approach to the soy prescription is not being handled the same way as a therapeutic prescription. An end date will not be required for the soy prescription.

The CT4S (Soy and Tofu, Prescription Only) food package is available to younger children 12 months through 23 months. The CP4S (Soy and Tofu, Prescription Only) food package is available to older children 24 months through 60 months. The soy and tofu packages may be selected through the F5 Change Package option on the Prescribe Food Package screen. Once selected, staff can add Individual Comments via the F9 Comments option from the Prescribe Food Package screen to document receipt of the medical prescription. If staff tries to F11 without documenting comments, a reminder message will appear at the top of the screen to prompt staff to document in Individual Comments. If staff presses F11 again, they will be allowed to move forward without documenting the medical prescription. Note that the Prescribe Food Package screen for the Soy and Tofu food packages has no questions and no reminder message. The reminder message regarding the availability of different food packages is not needed on this screen since the reminder message was present on the previous default Prescribe Food Package screen.

## Modification to ISIS Prescribe Food Package Screen for Soy/Tofu - CT4S Package

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM	03/18/09
100YYUAN	PRESCRIBE FOOD PACKAGE	01:02 PM
PRESS F9=COMM TO DOCUMENT SOY PRESCRIPTION.		
INDIVIDUAL NAME: KARLA	GO	ID: 410831913KG
FOOD PKG ID: CT4S	NAME: SOY AND TOFU, PRESCRIPTION ONLY	

  

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD											
ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD
NOV	CT4S	-	MAR	CT4S	-						
DEC	CT4S	-	APR	CT4S	-						
JAN	CT4S	-									
FEB	CT4S	-									

Command ==>>>

F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 11=Done 12=Prev

## **Case Scenarios**

#1. A child is born on March 22, 2008 and the mom brings the child into the WIC site on March 24, 2010 for a recertification appointment. March 2010 is the last month of the current certification period for the child and ISIS already has a CT4W package (Standard Child <24 months, Whole Milk) prescribed for this month. During the nutrition assessment component of the recertification, the mom states that she is worried about her child gaining weight and the health consequences of obesity. When the WIC staff member enters the child's current measurements into ISIS, the child is determined to be at risk for overweight. The mom asks the staff member if she could receive lower fat milk instead of whole milk for the child as the rest of her family drinks 1% milk. What should the staff member do?

Since the child's recertification appointment is in the 24<sup>th</sup> month and after the second birthday, the child is eligible to receive lower fat milk for March 2010. After the WIC staff member recertifies the child and comes to the Prescribe Food Package screen, the F5 Change Package option should be selected to access the CP4 package (Standard Child  $\geq$ 24 months, Lower Fat Milk). The staff member then moves down the pick list on the Change Food Package screen, places an S next to the CP4 package, and presses F11. The View Food Package screen appears and displays the food items in the CP4 package. The staff member should press F11 again to return to the Prescribe Food Package screen. The staff member presses F11 and the prescription will be built for the remainder of the certification period.

#2. A father comes to a group education appointment at the WIC site for his three-year-old son. The father tells the WIC staff member teaching the class that his son has been having a lot of problems tolerating fresh milk and his doctor heard that WIC now provides soy beverages to children. After the class is over, the staff member takes the father to her desk where the father hands her a prescription from the doctor stating that his son is to receive soy beverage in lieu of fresh milk as part of his monthly WIC food package because of gastrointestinal disease. What should the staff member do?

The WIC staff member should review the prescription and explain that when soy beverage is substituted for milk in a child's package, tofu is automatically substituted for cheese. The staff member can then access the CP4S package (Soy and Tofu, Prescription Only) through the F5 Change Package option on the Prescribe Food Package screen. The staff member then moves down the pick list on the Change Food Package screen, places an S next to the CP4S package, and presses F11. The View Food Package screen appears and displays the food items in the CP4S package.

The staff member should press F11 again to return to the Prescribe Food Package screen where the staff member should press F9 Comments to access the Individual Comments screen. The staff member should document receipt of a prescription for the soy beverage on the Individual Comments screen and press F11 when finished to return to the Prescribe Food Package screen. Upon pressing F11 again, the child's prescription will be built for the remainder of the certification period.