

**TRAINING TOOL: BABY NUTRITION QUESTIONS (Birth - 5 months)
MEDICAL/BREASTFEEDING #1-5**

**FOR ELIGIBILITY
PURPOSES
ISIS RISK CODES**

Please circle or write your answers to the following questions:

NOTE: Questions 2, 4, 5, 6, 7, 8, and 9 are mandatory and should be answered.

1. What month is your baby's next doctor's appointment? _____

(Reason for asking question)

- ◆ Verify ongoing medical care
- ◆ Lets you help parent overcome barriers to getting care, understand importance of medical care and make referrals as needed

(Probing questions)

- ◆ "This month? Next month? The month after?"
- ◆ (If she hasn't made an appointment yet) "Does your baby have a regular doctor yet?"
- ◆ (If there's no regular doctor yet) "What are some of the barriers you are finding?"

2. In the last 24 hours (day & night), how many wet diapers did your baby have? _____

How many dirty (poopy) diapers did your baby have? _____

(Reason for asking question)

- ◆ Help assess if baby is getting enough to drink and eat
- ◆ Help assess if breast milk supply is adequate

(Probing questions)

- ◆ "How many hours pass between wet or dirty/poopy diapers?"
- ◆ "Why do you think that is?"

3. Circle all the ways you would describe your baby's poop:

| | | | | |
|-----------------|----------------|----------------------|-------------------|-------------|
| Color: | Black & Sticky | Brownish to Greenish | Yellowish & Seedy | Other _____ |
| Texture: | Firm | Hard & Pebbly | Soft | Watery |
| | Other _____ | | | |

(Reason for asking question)

- ◆ Appearance of stools helps to see if baby is getting enough to drink and eat, and if baby is well
- ◆ Helps you give parent appropriate education

(Probing questions)

- ◆ "Do you have any concerns about your baby's poop, or changes that you've seen?"
- ◆ (If yes) "What ideas do you have about what might be causing it?"
- ◆ (If yes) "What else has changed?"

4. How do you know when your baby is ready to eat? _____

How do you know when your baby is full? _____

(Reason for asking question)

- ◆ Helps you know whether parent is aware of and responds to her baby's cues of hunger and fullness. Lets you discuss feeding cues, under- and over-feeding, obesity prevention, and respecting baby's internal cues of hunger and fullness and helping baby to develop trust

(Probing questions)

- ◆ What does your baby do that lets you know he or she is ready to eat or is finished eating?

**5. If you breastfeed your baby:
How many times in 24 hours do you breastfeed? _____**

(Reason for asking question)

- ◆ Frequency of breastfeeding helps to show whether baby is getting enough breast milk

(Probing questions)

- ◆ "How much time passes before you breastfeed again?"

How is breastfeeding going? 1 (not good)2.....3.....4.....5 (great)

(Reason for asking question)

- ◆ Lets mom express her feelings about her breastfeeding experience. Lets you explore her challenges and support her successes

(Probing questions)

- ◆ Do you look for signals from your baby or do you follow a schedule? Tell me more about that.
- ◆ What makes it "not good" or what makes it "great?"

Question 2
D411 Inappropriate Nutrition Practices for Infants
***D428** Dietary Risk Associated with Complementary Feeding Practices

Question 3
C80-Gastro-Intestinal Disorders
D411
***D428**

Question 4
D402 Vegan/High Restrictive Diets
D411
***D428**
C121 Infant of Primary Caregiver with Limited Ability to Make Feeding Decisions &/or Prepare Food

Question 5
C201-Breastfed Infant with Suck Problems
D411
***D428**

***Use only after Assessing for D402, D411, and D423**

Suggested Education Materials

Feeding Your Baby Birth to 8 Months
How to Prepare Formula

Breastfeeding Handouts
Making Your Own Baby Food

**TRAINING TOOL: BABY NUTRITION QUESTIONS (Birth - 5 months)
FORMULA/BOTTLE FEEDING #6-7**

**FOR ELIGIBILITY
PURPOSES
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6. If you feed your baby formula:
How often does your baby take a bottle of formula? _____
How many ounces of formula does your baby drink at a feeding? _____
(Reason for asking questions)
 ♦ Helps you assess if parent is over- or underfeeding baby
(Probing questions)
 ♦ (If combo feeding) What are your reasons for using formula?
 ♦ What size bottle do you give? How full do you make the bottle?
 ♦ How much is left when the baby is done?
 ♦ When, in relation to breastfeeding, do you give the bottle?

Question 6
C121
D402
D411
***D428**

What brand of formula do you give your baby? _____
(Reason for asking question)
 ♦ Helps you know if parent is feeding an appropriate formula, and may also show a medical condition (if a medically-necessary formula is used)
(Probing questions)
 [LIST BRANDS, STARTING WITH WIC CONTRACT BRANDS]
 ♦ “Do you remember what the label looks like?”
 ♦ “Can you find it in these photos (or this display)?”

Explain how you make the formula. _____
(Reason for asking question)
 ♦ Asking about preparation is required for all infants using formula. Lets you discuss proper preparation and sanitation
(Probing questions)
 ♦ Tell me every step you take when you make your baby’s formula

How is formula feeding going? 1 (not good)2.....3.....4.....5 (great)
(Reason for asking question)
 ♦ Lets parent express feelings about the feeding experience, and lets you explore challenges (such as formula intolerance and difficult feeders) and support successes
(Probing questions)
 ♦ “Is there anything you want to talk about regarding formula?”
 ♦ What makes it “not good” or what makes it “great?”

7. If your baby uses a bottle:
Where are all the places your baby takes a bottle? | Bed Stroller Held in someone’s arms
 | Car Seat High-Chair Other (list) _____
(Reason for asking question)
 ♦ Helps you assess for the parent’s attachment or detachment when feeding by bottle. Opens a dialogue about holding and interacting with baby when feeding, and how important this is to baby’s growth and development. Can also point to unsafe feeding practices
(Probing questions)
 ♦ How do you decide where you feed your baby?

Question 7
C89 Food Allergies
C111 Lactose Intolerance
D402
D411
***D428**

What does your baby drink from the bottle?
 Water Rice Water Hi-C/Punch Coffee Breastmilk
 Water with Sugar Cereal Soda Tea Formula
 Water with Honey Milk Lemonade Manzanilla/Chamomile Tea
 Water with Karo Syrup Gatorade Juice Other _____
 Jell-O Water Pedialyte

*Use only after
 Assessing for **D402,**
D411, and
D423

(Reason for asking question)
 ♦ Lets you talk about appropriate fluids for bottle. Helps you learn about inappropriate fluids, feeding solids in bottle, honey and other sweeteners
(Probing questions)
 ♦ (If something is inappropriate) How is that working for you? “What made you think of trying that?”
 ♦ Tell me more about that...

| TRAINING TOOL: BABY NUTRITION QUESTIONS (Birth -5 months) FIRST SOLIDS/HEALTH #8-11 | FOR ELIGIBILITY PURPOSES |
|--|--|
| | ISIS RISK CODES |
| <p>8. What foods does your baby eat?</p> <p>Baby Cereal: Rice, Oats, Barley or Mixed Meats Baby Desserts Vegetable/Meat Dinners Egg Yolks Other _____ Vegetables Egg Whites None Fruits Whole Eggs</p> <p>(Reason for asking question)</p> <ul style="list-style-type: none"> ◆ Gives you an idea of baby’s food intake, appropriate or inappropriate introduction of solids, including allergenic foods ◆ Helps start dialogue about introducing foods <p>(Probing questions)</p> <ul style="list-style-type: none"> ◆ (If something is inappropriate) “What made you think of trying that? How is that working for you?” ◆ Tell me more about that... | <p>Question 8 D402 D411 *D428 C121</p> |
| <p>9. I give my baby:</p> <p>Vitamins Fluoride Iron Drops Medicine None Other _____</p> <p>(Reason for asking question)</p> <ul style="list-style-type: none"> ◆ Shows if baby is getting appropriate supplements, and may show illness or medical conditions if taking medication <p>(Probing questions)</p> <ul style="list-style-type: none"> ◆ Tell me more about when and why you started the... | <p>Question 9 D411 *D428 D423 Inappropriate or Excess Intake Dietary Supplementation</p> |
| <p>10. My baby currently has:</p> <p>Allergies Wheezing Rash Constipation Diarrhea Colic None Other _____</p> <p>(Reason for asking question)</p> <ul style="list-style-type: none"> ◆ Helps you find out if baby has allergies or other reactions to formulas, Mom’s food intake when breastfeeding, and other foods baby may be eating. <p>(Probing questions)</p> <ul style="list-style-type: none"> ◆ “How long has this been going on?” ◆ “Have you talked to your baby’s doctor about this? (If yes) What did he/she say?” | <p>Question 10 C89 Food Allergies C80-Gastro-Intestinal Disorders D402 D411 *D428</p> |
| <p>11. What questions do you have about how your baby is eating and growing? _____</p> <p>(Reason for asking question)</p> <ul style="list-style-type: none"> ◆ Lets you know about parent’s concerns about baby’s eating behaviors and growth patterns, and helps you talk with parent about something that really interests her <p>(Probing questions)</p> <ul style="list-style-type: none"> ◆ Tell me more about _____ | <p>Question 11 D411 D428</p> <p><i>*Use only after Assessing for D402, D411, and D423</i></p> |