

EXEMPT INFANT FORMULA

Physical Forms	Maximum Monthly Allowance
Concentrated liquid	403 fluid ounces
Powdered	8 pounds
Ready-to-feed (RTF)	806 fluid ounces

Requirements

- Complies with the definition in section 412(h) of the Federal Food, Drug and Cosmetic Act (21U.S.C. 350a(h)) and meets the requirements under section 412 of the Federal Food, Drug Act (21 U.S.C. 350a) and regulations at 21 CFR parts 106 and 107
- Requires medical documentation

WIC-ELIGIBLE MEDICAL FOODS

Types of Medical Foods

- Concentrated liquid
- Powdered
- Ready-to-feed (RTF) or ready-to use (RTU) liquid
- RTF or RTU solid/bar
- Semi-solid formulas having the consistency of “pudding”

Requirements

- Medical documentation required for issuance
- Medically necessary and prescribed by a physician when conventional foods cannot be consumed by women or children with special dietary needs.
- Intended for use as an oral feeding; formulas administered through a nasogastric tube may be substituted.
- Should serve as a major source of nutrients but may have to be supplemented by additional special nutritional products.

Not Allowed

- Formulas used solely for the purpose of enhancing nutrient intake or managing body weight (e.g., vitamin pills, weight control products)
- Medicines or drugs
- Hyperalimentation feedings (nourishment administered through a vein)
- Enzymes
- Oral rehydration fluids or electrolyte solutions
- Flavoring agents
- Feeding utensils or devices (e.g., feeding tubes, bags, pumps) designed to administer a WIC-eligible formula

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Source: <http://www.fns.usda.gov/wic/wic-food-package-regulatory-requirements>