Eligibility Requirement	Determining Clinical Nutrition Need for All Categories

PURPOSE

To provide local agencies (LA) standardized procedures for determining clinical risk when certifying women, infants, and children for WIC benefits; to define allowable clinical risk criteria, and to indicate the priority level for each dietary risk and participant category.

POLICY

A competent professional authority must assess whether a clinical need exists at each certification using approved nutrition assessment tools, the appropriate screens in the WIC Management Information System (WIC MIS) and self-reported information.

PROCEDURES

I. Clinical nutritional need must be determined by evaluating the applicant's age, medical history, social, or other issues asked during individual counseling as part of the certification process.

II. The LA must document sources of information, other than the referral form or the nutrition questionnaire (NQ), in the WIC MIS on the "Individual Nutrition Education Plan (INEP)" or in "Individual Comments."

III. Self-reporting of a diagnosis by a medical professional must not be confused with self-diagnosis, where a person simply claims to have or to have had a medical condition without any reference to professional diagnosis. A self-reported medical diagnosis ("My doctor says that I have/my son or daughter has…") should prompt the LA to validate the presence of the condition by asking more pointed questions related to that diagnosis.

IV. The LA must document identified indicators of clinical nutrition need in the WIC MIS beginning with the appropriate "Health Information" screen. At a minimum, local agencies must ask applicants all questions contained on the "Health Questions" and "Additional Health Questions" screens. Other clinical indicators of nutrition needs can be selected using the option key in the "other conditions" field.

Eligibility Requirement	Determining Clinical Nutrition Need for All Categories

V. The LA must ask the supplemental alcohol and/or drug questions in the WIC MIS if a woman admits that she is currently using drugs or alcohol or has a history of an alcohol or drug problem.

AUTHORITY

7 C.F.R. §246.7(e): Nutrition risk

USDA Policy Memorandum 98-9, Revisions 1, 7, 8, 9, and 10; Nutrition Risk Criteria Value Enhanced Nutrition Assessment (VENA)

USDA Memo 5/21/15: Transmittal of Revised, Not Allowed and Corrected Nutrition Risk Criteria

RESOURCES

USDA Risk Descriptions:
http://www.cdph.ca.gov/programs/**wicworks**/Pages/NutritionRiskDescriptions.aspx;

Protocols for various nutrition risk criteria and template for developing protocols at:
http://www.cdph.ca.gov/programs/wicworks/Pages/WIC-PEPB-Protocols.aspx.

The table below includes the clinical criteria to assess nutrition need of all categories of WIC applicants. The priority level is indicated for each category and the WIC MIS risk code and corresponding USDA risk code is provided for reference. "N" indicates that the WIC MIS will generate the question "Do you want to see the Nutritionist?" On the Summary screen when this risk code is identified.

WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C10* (302)	**Current Gestational Diabetes Mellitus**	I N				
C11* (303)	**History of Gestational Diabetes Mellitus**	Any history I	Most recent pregnancy I	Most recent pregnancy III		
C12* (345)	**Current Pregnancy Hypertension**	I N				
C14* (336)	**Fetal Growth Restriction (FGR):** usually defined as a fetal weight < 10th percentile for gestational age	I N				
C15* (301)	**Hyperemesis Gravidarum:** severe nausea and vomiting to the extent that the pregnant woman becomes dehydrated and acidotic)	I N				
C17* (304)	**History of Preeclampsia**	I N	I N	III N		

WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C20 (311)	**History of Preterm Delivery:** ≤ 37 weeks	Any history I	Most recent pregnancy with one or more infants living I	Most recent pregnancy III		
C21 (312)	**History of Low Birth Weight:** < 2500 g or 5 lbs. 8 oz	Any history I	Most recent pregnancy I	Most recent pregnancy III		
C30* (321)	**Fetal Death:** > 20 weeks gestation	Any history I	Most recent pregnancy I	Most recent pregnancy VI		
C31* (321)	**Neonatal Death:** < 28 days after birth	Any history I	Most recent pregnancy I	Most recent pregnancy VI		
C33* (321)	**History of Spontaneous Abortion, Fetal or Neonatal Loss:** termination at <20 weeks gestation or <500 g. History of fetal/neonatal death or 2 or more spontaneous abortions	I	Most recent pregnancy I	Most recent pregnancy only III		
C44 (332)	**Short Interpregnancy Interval:** conception before 18 months postpartum	Current pregnancy I	Most recent pregnancy I	Most recent pregnancy VI		
C45 (335)	**Multi-fetal Gestation**	Current pregnancy I	Most recent pregnancy I	Most recent pregnancy III		

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C47* (337)	**History of a Large for Gestational Age Infant:** history of giving birth to an infant weighing ≥9 lbs. (≥4,000 g)	Any history I	Most recent pregnancy I	Most recent pregnancy VI		
C48* (339)	**History of Birth with Nutrition Related Congenital or Birth Defect:** linked to inappropriate nutritional intake (e.g., inadequate zinc, folic acid, excess vitamin A)	Any history I	Most recent pregnancy I	Most recent pregnancy III		
C49* (363)	**Pre-Diabetes**		I N	III N		
C50* (343)	**Diabetes Mellitus: Type 1 or 2**	I N	I N	III N		
C51* (345)	**Hypertension/Prehypertension**	I N	I N	III N		
C51* (359)	**Recent Major Surgery or Trauma:** severity affects nutritional status within 2 months self-reported, or >2 months if nutritional support diagnosed by a physician				I	III
C52* (352)	**Active TB:** present within the past 6 months	I N	I N	III N	I N	III N

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C53* (346)	**Current Renal (Kidney) Disease:** includes pyelonephritis, persistent proteinuria (excluding urinary tract infections involving the bladder)	I N	I N	III N		
C53* (352)	**Severe Acute Infections:** within the past 6 months which affect nutritional status. Includes: encephalitis, hepatitis, pneumonia, meningitis, and parasites				I	III
C54 (359)	**Recent Burns:** severity affects nutritional status within the past 2 months self-reported, or > 2 months if there is continued need for nutritional support diagnosed by a physician				I	III
C55* (360)	**Current Cardio/Pulmonary Diseases:** severe enough to affect nutritional status	I N	I N	III N		
C56* (342, 354)	**Current Gastrointestinal Disorders:** conditions which interfere with intake or absorption of nutrients. They include but are not limited to post-bariatric surgery; stomach or intestinal ulcers; small bowel enterocolitis and syndrome; inflammatory bowel disease, ulcerative colitis - Crohn's disease; liver disease; pancreatitis; gall bladder disease; Celiac Sprue; Gluten enteropathy, Non-tropical Sprue	I N	I N	III N		

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C57* (344)	**Current Thyroid Disorders:** hyperthyroid or hypothyroid conditions. **Postpartum Thyroiditis**	I N	I N	III N		
C57* (381)	**Oral Health Conditions:** diagnosis of oral health conditions by a physician, dentist or someone working under a physician's order or as self-reported by applicant/participant/caregiver which impair the ability to ingest food in adequate quantity or quality. May include nursing or baby bottle caries; decay of maxillary anterior/primary molars; tooth decay; periodontal disease; and tooth loss.				I	III
C58* (347)	**Current Cancer:** treatment or condition affects nutritional status	I N	I N	III N		
C59* (348)	**Current Central Nervous System (CNS) Disorders**: conditions which affect nutritional status metabolically and/or mechanically. Includes epilepsy; cerebral palsy (CP); neural tube defects (NTD) (e.g., spina bifida or myelomeningocele); Parkinson's disease; and multiple sclerosis	I N	I N	III N		
C60* (382)	**Drug Exposure in Utero:** Fetal Alcohol Syndrome based on the presence of retarded growth, a pattern of facial and central nervous system abnormalities including mental retardation				I	III

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C60* (703)	**Drug Exposure in Utero:** documentation or self-reported use of alcohol or illegal drugs during most recent pregnancy				I	
C60 (371)	**Smoking 1:** 1-7 cigs/d	I	I	III		
C62 (372)	**Drugs:** any illegal	I N	I N	III N		
C63 (371)	**Maternal Smoking 2:** 7-14 cigs/d	I	I	III		
C64 (371)	**Maternal Smoking 3:** 15-20 cigs/d	I	I	III		
C65 (371)	**Maternal Smoking 4:** 21+ cigs/d	I	I	III		
C70* (348)	**Central Nervous System (CNS) Disorders:** conditions affecting energy requirements and an individual's ability to feed self, altering nutritional status metabolically, mechanically, or both. May include epilepsy; cerebral palsy; neural tube defects (e.g., spina bifida); Parkinson's disease; and multiple sclerosis				I N	III N

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C71* (349)	**Down Syndrome:** condition must alter nutritional status metabolically, and/or mechanically				I N	III N
C72 (359)	**C-Section in Most Recent Pregnancy**: within the past 2 months		I	VI		
C72 (362)	**Developmental Delays, Sensory or Motor Delays:** interfering with the ability to chew or swallow food, or requiring a tube feeding. May include mental retardation; birth injury; head trauma; minimal brain function				I N	III N
C73* (360)	**Cystic Fibrosis:** current condition or treatment for the condition must be severe enough to affect nutritional status				I N	III N
C74* (360)	**Congenital Heart Disease:** current condition or treatment for the condition must be severe enough to affect nutritional status				I N	III N
C75* (342, 349)	**Congenital GI Disorders:** interfering with nutritional status. May include tracheal-esophageal fistula; esophageal or intestinal atresia; gastroschisis; short bowel syndrome				I N	III N
C76* (349)	**Congenital Facial Malformation:** causes physical abnormality that alters nutritional status (e.g., cleft lip or palate)				I N	III N

WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C77* (349)	**Other Genetic and Congenital Disorder(s):** causing physical or metabolic abnormality, which alters nutritional status. May include Down Syndrome; thalassemia; sickle cell anemia; or muscular dystrophy				I N	III N
C80* (342, 354)	**Gastro-Intestinal Disorders:** interfere with the intake or absorption of nutrients. May include stomach or intestinal disorders; small bowel enterocolitis; malabsorption syndrome; liver disease; or gallbladder disease, Celiac disease also known as: Celiac Sprue, Gluten-sensitive enteropathy, or Non-tropical sprue.				I N	III N
C80* (352)	**Severe Acute Infections:** within last 6 months which affect nutritional status. Includes: pneumonia; meningitis; parasitic infection; bronchiolitis (3 episodes/6 months); Rubella; or listeriosis.	I	I	III		
C81* (360)	**Cardiovascular Diseases:** condition and/or treatment severe enough to affect nutritional status (e.g., cardiorespiratory diseases)				I N	III N
C82* (352)	**Immunodeficiency or Chronic Infections:** condition severe enough to affect nutritional status. Includes hepatitis; HIV (Human Immunodeficiency Virus infection; AIDS (Acquired Immunodeficiency Disease).	I Present within past 6 months N	I Present within the past 6 months N	III Present within the past 6 months N	I N	III N

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C83* (347)	**Cancer:** for which condition or treatment severe enough to affect nutritional status				I	III
C84 (338)	**Pregnant Woman Currently Breastfeeding**	I				
C85* (343)	**Diabetes Mellitus:** Type 1 or 2				I N	III N
C86* (346)	**Current Renal (Kidney) Disease:** includes pyelonephritis and persistent proteinuria, but excludes urinary tract infections involving the bladder				I N	III N
C86* (351)	**Inborn Errors of Metabolism:** gene mutations or gene deletions that alter metabolism. Includes: **Amino Acid Disorders, Organic Acid Metabolism Disorders, Fatty Acid Oxidation Disorders, Lysosomal Storage Diseases, Urea Cycle Disorders, Carbohydrate Disorders, Peroxisomal disorders, and Mitochondrial Disorders.** **See WPM Appendix: #960-04**	I N	I N	III N		
C87* (351)	**Inborn Errors of Metabolism:** same as above				I N	III N

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C89* (353)	**Food Allergies:** an adverse immune response to a food or a hypersensitivity causing adverse immunologic reaction				I N	III N
C90* (703)	**Infant Born of Woman with Mental Retardation or Developmental Delay**				I	
C90 (362)	**Developmental Delays, Sensory or Motor Delays:** interfering with ability to eat, restricting the ability to chew or swallow food, or requiring tube feeding. Includes minimal brain function; feeding problems due to developmental delay; head trauma; brain damage or birth injury	I N	I N	III N		
C91 (801)	**Homeless:** a woman, infant, or child who lacks a fixed and regular nighttime residence; or whose primary nighttime residence is: a supervised publicly or privately operated shelter (e.g., welfare hotel, a congregate shelter, or a shelter for victims of domestic violence) designed to provide temporary living accommodations; an institution that provides a temporary residence for individuals intended to be institutionalized; temporary accommodation of not more than 365 days in the residence of another individual; or a public or private place not designed for use as a regular sleeping accommodation for human beings	IV	IV	VI	IV	V

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C93* (901)	**Recipient of Abuse:** within the past 6 months, includes any recent act or failure to act resulting in imminent risk of serious harm, death, serious physical or emotional harm or exploitation of an infant or child by a parent or caregiver, and battering or violent physical assaults on women	IV	IV	VI	IV	V
C96* (358)	**Eating Disorder:** (e.g. anorexia, bulimia) characterized by a disturbed sense of body image and a morbid fear of becoming fat. Symptoms may include abnormal eating patterns; self-induced vomiting; laxative or enema use; periods of starvation; or use of drugs(i.e., appetite suppressants or diuretics)	I N	I N	III N		
C98* (802)	**Migrant:** all categories are eligible who are members of families which contain at least one individual whose principal employment is in agriculture on a seasonal basis, who has been so employed within the last 24 months, and who establishes, for the purposes of such employment, a temporary abode	IV	IV	VI	IV	V
C99* (903)	**Foster Care:** entering foster care system within past 6 months, or moving from one foster care home to another in the past 6 months. Note: C99 cannot be used for consecutive certifications while the child remains in the same foster home	IV	IV	VI	IV	V

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C100* (903)	**Nutrient Deficiency Disease:** diagnosis of a nutritional deficiency or a disease caused by insufficient dietary intake of macro and micro nutrients. May include Protein Energy Malnutrition (PEM); scurvy; rickets; beriberi; hypocalcemia; Osteomalacia; vitamin K deficiency; pellagra; cheilosis; Menkes Disease, and xerophthalmia	I N	I N	III N	I N	III N
C101 (331)	**Young Teenagers:** age ≤15 years at conception	Current pregnancy I	Most recent pregnancy I	Most recent pregnancy VI		
C102 (331)	**Teenagers:** age 16-17 years at conception	Current pregnancy I	Most recent pregnancy I	Most recent pregnancy VI		
C102* (344)	**Thyroid Disorders:** hypothyroid or hyperthyroid conditions. (includes congenital hyperthyroidism and congenital hypothyroidism)				I N	III N
C103 (333)	**High Parity and Young Age:** under age 20 at conception, and 3 or more previous pregnancies (≥ 20 weeks gestation)	Current pregnancy I	Most recent pregnancy I	Most recent pregnancy III		
C104* (356)	**Hypoglycemia**	I N	I N	III N	I N	III N

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C105* (360)	**Other Medical Diseases and Conditions:** with nutritional implications severe enough to affect nutritional status. May include juvenile rheumatoid arthritis (JRA); lupus erythematous or cystic fibrosis	I N	I N	III N		
C106* (349)	**Genetic and Congenital Disorders:** which alter nutritional status metabolically and/or mechanically. Includes: Down's syndrome; cleft lip or palate; thalassemia major; sickle cell anemia ;muscular dystrophy	I N	I N	III N		
C107 (357)	**Drug Nutrient Interactions:** any use of prescription or over the counter medications that may interfere with nutritional status	I N	I N	III N	I N	III N
C110* (134)	**Failure to Thrive**				I N	III N
C110* (353)	**Food Allergies:** an adverse immune response to a food or a hypersensitivity that causes adverse immunologic reaction	I N	I N	III N		
C111* (355)	**Lactose Intolerance:** insufficient production of the enzyme lactase which causes an inability to digest lactose, producing any or all of the following GI disturbances: nausea; diarrhea; abdominal bloating; cramps	I	I	III	I	III

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C112 (359)	**Recent Major Surgery, Trauma, Burns:** severity compromises nutritional status, or if nutrition support is diagnosed by a physician	I	I	III		
C113* (361)	**Depression:** Presence of clinical depression, including postpartum depression. No longer a risk for children.	I	I	III		
C114* (381)	**Oral Health Conditions:** diagnosis of oral health conditions by a physician, dentist or someone working under a physician's order or as self-reported by applicant/participant/caregiver. Includes but not limited to tooth decay; periodontal disease; gingivitis, tooth loss; ineffectively replaced teeth or oral infections which impair the ability to ingest food in adequate quantity or quality.	I	I	VI		
C115 (372)	**Alcohol Use:** any use in pregnancy	I				
C115 (372)	**Alcohol Use:** regular use of ≥ 2 drinks/day; or binge drinking ≥ 5 drinks on at least one day in past 30 days; or heavy drinking ≥ 5 drinks on same occasion on 5 or more days in the past 30 days. (One serving = 1 can of beer, 5 oz. wine, or 1 ½ oz. liquor)		I	III		

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C119 (334)	**Lack of or Inadequate Prenatal Care:** beginning after 1st trimester or based on the Inadequate Prenatal Index (Kessner et al):	I	N/A	N/A		
C121 (902)	**Woman, Infant/Child of Primary Caregiver with Limited Ability to Make Feeding Decisions and/or Prepare Food:** individuals who are ≤ 17 years of age; mentally disabled/delayed and/or have a mental illness such as clinical depression (diagnosed by a physician or licensed psychologist); current use or history of alcohol or drug abuse; or physical disability which limits food preparation abilities	IV	IV	VI	IV	V
C122* (360)	**Persistent Asthma, moderate or severe:** current requiring daily medications and severe enough to affect nutritional status	I	I	III	I	III

Weeks Gestation	Prenatal Visits
14-21	0/unknown
22-29	1 or fewer
30-31	2 or fewer
32-33	3 or fewer
34 or more	4 or fewer

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C123* (360)	**Other Medical Diseases or Conditions:** nutritional implications severe enough to affect nutritional status. Includes: juvenile rheumatoid arthritis; lupus erythematous				I N	III N
C201 (603)	**Breastfed Infant with Suck Problem:** ineffective or weak suck				I N	
C201 (602)	**Cracked & Bleeding Nipples**	I	I			
C202 (602)	**Persistent Sore Nipples**	I	I			
C203 (602)	**Mastitis** (breast infection)	I N	I N			
C204 (603)	**Jaundice While Breastfeeding**				I N	
C204 (602)	**Flat or Inverted Nipples**	I	I			
C205 (602)	**Recurrent Plugged Ducts**	I	I			

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
C206 (602)	**Failure of Milk to Come in by 4 Days Postpartum**	I	I			
C208 (602)	**Severe Breast Engorgement**	I	I			
C209 (602)	**Tandem Nursing**	I	I			
C209 (603)	**Infant with Difficulty Latching onto Mother's Breast**				I	
C210 (602)	**Breastfeeding Woman ≥ 40 Years Old**	I	I			
C904 (904)	**Environmental Tobacco Smoke (ETS) (i.e., second hand smoke) Exposure in the Home**	I	I	III	I	III
N32 (601, 702)	**Breastfeeding a WIC Infant and Breastfeeding Infant of Woman at Nutritional Risk:** both the breastfeeding woman and her breastfed infant must be assigned the same, highest priority for which either is eligible	I, II or IV	I, II or IV		I, II or IV	

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WIC MIS CODE (USDA CODE)	INDICATOR OF NUTRITIONAL NEED DEFINITION	PRIORITIES				
		PREGNANT WOMEN	BREASTFEEDING WOMEN	NON-BREASTFEEDING WOMEN	INFANTS	CHILDREN
N40 (701)	**Infant Born to Woman on WIC During Pregnancy**				Only 6 months II	
N41 (701)	**Infant Born to WIC Eligible Woman During Her Pregnancy**				Only 6 months II	
*Condition diagnosed by a physician and self-reported by the applicant/participant/caregiver, or as reported or documented by a physician or someone working under a physician's orders.						

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