



CERTIFICATE OF COMPLETION

ID: AB123456789

California - Delta Healthcare WIC - Lodi

This Certificate is awarded to: Callie California

For Completing the WIC lesson: Child Fruit & Vegetable

This is what I will do with the information I have learned today:

Initial Stage

Preparation (Getting Ready)

Ending Stage

Action (Changing)

Signature

08/26/2010

LINKS VISITED

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Lesson: Child Fruit & Vegetable

Preparation

- * Easy tips to get your child to eat more fruits and veggies.
- * Easy ways your child can help you prepare fruits and veggies in the kitchen.
- * How to get your kids to enjoy fruits and veggies.

Action

- * Easy recipes that include fruits and veggies.