



“Welcome to WIC” Materials

As many of you know, the “Welcome to WIC” (W2W) materials are now available! Items include **a lesson plan, class props for the lesson plan, and orientation materials**. Read this issue for more details.

Lesson Plan

Looking for a learner-centered lesson plan to orient participants to WIC? If so, we now have “Welcome to WIC: What You Need to Know” posted on our website. The lesson plan gives participants the opportunity to:

- view a DVD about WIC,
- identify key parts of the WIC ID Folder (WIF) and WIC check, and
- practice shopping for WIC foods using lapboards.

To view or download the lesson plan visit www.wicworks.ca.gov/education/nutrition/lessonPlans/lessonPlans_Orientation.htm and click on “Welcome to WIC (California WIC Branch).”

Additional Materials

► Props for Lesson Plan

Several class props for the “Welcome to WIC” lesson plan are now available and include:

- “Welcome to WIC” DVD (EN/SP)
- Laminated enlarged WIC ID folder
- Laminated enlarged cereal or combo check
- Lap board kit (contains laminated woman’s cereal check (actual size), combo check (actual size), and corresponding food picture cards (26 total), 2 plastic pocket envelopes to hold each set of cards and check) **Note:** kit does NOT include lap board and Velcro will need to be added to the pictures.

► Print Materials

We now have the following print materials available in English, Spanish, and Chinese:

- “Know Your Rights and Responsibilities”
- “Referrals-How Can We Help”
- “Welcome to WIC: What You Need to Know”

For materials in Vietnamese, Armenian, Russian, and Hmong check the online form as they become available.

To order the class props and print materials download the Office of State Publishing(OSP) form #502: “WIC Orientation, Outreach, and Food Package Materials” at:

www.wicworks.ca.gov/forms/osp/osp502.pdf

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Feedback? Suggestions? Questions?

Contact us at Gkhoe@dhs.ca.gov or 916-928-8815.
