Producers
DAIRY
Excellent Source of Calcium!
1% MILKFAT
Low Fat
MILK
GRADE A • PASTEURIZED • HOMOGENIZED • VITAMIN A & D
REAL CALIFORNIA MILK
Our cows are NOT treated with artificial hormones!*
* No significant difference has been shown between milk derived from rbST-treated and non-rbST-treated cows.
Nutrition Facts
Serv. Size 1 Cup (240ml) • Serv. Per Container About 16
Amount / Serving
Calories 130 • Fat Cal. 20
% DV*
Total Fat 2.5g 4%
Saturated Fat 1.5g 8%
Trans Fat 0g
Cholesterol 15mg 4%
Sodium 160mg 7%
Total Carb. 16g 5%
Fiber 0g 0%
Sugars 16g
Protein 11g
Vitamin A 10% • Vitamin C 4% • Vitamin D 25% • Calcium 40% • Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet.
INGREDIENTS: Low Fat Milk, Vitamin A Palmitate and Vitamin D3.
70% LESS FAT THAN WHOLE MILK
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