

# 1

## Hopes and Fears

### Objectives:

- Dilute the fear of the unknown by addressing apprehension upfront
- Provide a platform in a safe environment for LVL to articulate expectations of workshop and voice concerns
- Connect the LVL's voice to the agenda ensuring we deliver what is requested
- Proactive technique to upstage barriers, address issues and respond to needs throughout workshop
- Provides timely and immediate feedback to help reshape future workshops
- Feedback trend can determine future communications and training content

### Opening Activity: Anchor

Seat attendees in groups; total number of attendees will dictate group size.

Small group: divide room in half. Mid-sized group: table discussion of 6. Large group: divide room up in quarters. Discussion is centered on two questions:

- A. HOPE:** What do I hope to learn and walk away with from the workshop?
- B. FEAR:** What fears do I have regarding my new LVL role?

Group A is assigned *Hopes* while Group B is assigned *Fears*.

Request a volunteer per group to 1) lead their table discussion, 2) flip chart all responses and 3) ensure everyone in their group has input. All flipchart responses should be scripted verses illustrated or animated. Encourage LVLs to be as specific with input as possible. This is a LVL led activity.

Next step, hang flipcharts on opposite walls. Group A will review Group B's chart and vice versa. Both groups are encouraged to add additional comments if applicable.

The trainer will debrief and highlight all statements or comments that will be addressed throughout the workshop. Refer to flipcharts at end of workshop to ensure all comments have been addressed.

### Supplies needed:

- Flip chart paper
- Markers
- Tape