

**Review of  
Breastfeeding  
Category  
and  
Food Package  
Changes**

Revised: 07/16/09

## Review of Breastfeeding Category and Food Package Changes

The items we will be discussing related to breastfeeding women and their food packages include:

- **Fully Breastfeeding Women with Singleton Births**
  - Prescribing food packages for fully breastfeeding women
  - Revision of ISIS prescription screen
- **Breastfeeding Women with Multiples (Twins, Triplets +)**
  - New food packages for women fully breastfeeding multiples
  - Revision of ISIS prescription screen
  - Approach to prescribing food packages for women fully breastfeeding multiples
  - New food packages for women combo breastfeeding multiples (both breastfeeding and formula feeding)
  - Revision of ISIS prescription screen
  - Approach to prescribing food packages for women combo breastfeeding multiples (both breastfeeding and formula feeding)
- **Combo Breastfeeding Women with Singleton Births**
  - Prescribing food packages for combo breastfeeding women
    - Combo **mostly** breastfeeding
    - Combo **some** breastfeeding
  - Revision of ISIS prescription screens
  - New food packages for combo **some** breastfeeding women with infants  $\geq 6$  months
  - Approach to prescribing food packages for combo breastfeeding women with infants  $>30$  days of age
- **Breastfeeding Women with Infants Birth through 30 Days of Age**
  - Approach to prescribing food packages for breastfeeding women with infants birth through 30 days of age
- **Pregnancy Outcome**
- **Case Scenarios**

## Fully Breastfeeding Women with Singleton Births

### ***Prescribing Food Packages for Fully Breastfeeding Women with Singleton Births***

Women who are fully breastfeeding will receive a default package of BE7 (Standard Fully Breastfeeding). This BE7 default package is a result of a woman in a B (Breastfeeding) category with the answer Y (Yes) to the question "Fully Breastfeeding" on the Prescribe Food Package screen. ISIS will be programmed such that all women who are in the B category will be defaulted with a Y response in "Fully Breastfeeding" field, and defaulted to a BE7 food package. This is a change from the current ISIS practice of defaulting women in the B category to the combo BC1 food package with an N in the "Exclusively Breastfeeding" field.

Food packages for the fully breastfeeding woman are displayed below and are viewable by selecting F5 Change Package from the prescription screen. There are two new food packages for this group of women: Soy and Tofu, and Tofu and Milk packages. A 'no cheese' package is not available as a choice because cheese is standard in package 7. Note there are two therapeutic packages for the fully breastfeeding woman (details on the therapeutic packages will be shared separately from this training). The default or standard food package is shown in bold below.

- **BE7**            **Standard Fully Breastfeeding**
- BE7L            Low Lactose
- BE7S            Soy and Tofu
- BE7T            Tofu and Milk
- BE7H            Homeless
- BF7P            RX, Therap Formula-Other Provider
- BF7G            RX, Therap Formula-State WIC

### Modification to ISIS Change Food Package Screen for Fully Breastfeeding Woman

IRX51M01	CALIFORNIA WIC INFORMATION SYSTEM	3/24/09
100TFULL	CHANGE FOOD PACKAGE	04:14 PM
INDIVIDUAL NAME: LAURIE            PETRIE            ID: 158948236LP		
FOOD PACKAGE ID: BE7    NAME: STANDARD FULLY BREASTFEEDING		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
—	BE7L	LOW LACTOSE
—	BE7S	SOY AND TOFU
—	BE7T	TOFU AND MILK
—	BE7H	HOMELESS
—	BF7P	RX, THERAP FORMULA-OTHER PROVIDER
—	BF7G	RX, THERAP FORMULA-STATE WIC
Command ==>		
F: 1=Help 4=Options 11=Done 12=Prev		

## Revision of ISIS Prescription Screen

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen.

### Current ISIS Prescribe Food Package Screen – BE Package

**Session A**

File Edit Transfer Appearance Communication Assist Window ZipPrint Help

PitScrn Color Clipbrd Index

IRX18M01 CALIFORNIA WIC INFORMATION SYSTEM 4/19/09  
100BWALK PRESCRIBE FOOD PACKAGE 03:25 PM

INDIVIDUAL NAME: BONITA BECERRA ID: 984831809BB  
FOOD PKG ID: BE NAME: BREASTFEEDING EXCLUSIVELY  
If no longer exclusively breastfeeding, change Y to N and press F10.  
EXCLUSIVELY BREASTFEEDING: Y

- "Select one of the following 3 choices for your monthly food package.  
B = 2 pounds of beans, or P = 1 pound of beans with 1 jar of peanut  
butter, or A = Alternate monthly between 2 pounds of beans and  
1 pound of beans with 1 jar of peanut butter." B
- "Do you want frozen juice or juice in plastic bottles?" \_
- "What flavor(s) of juice do you want?" \_ \_

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD

ID	TLR	HOLD									
APR	BE		AUG	BE		DEC	BE		APR	BE	
MAY	BE	-	SEP	BE		JAN	BE				
JUN	BE		OCT	BE		FEB	BE				
JUL	BE		NOV	BE		MAR	BE				

Command ==>  
F: 1=Hlp 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev

Mâ a 23/015 3:25 PM

All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

Modification to ISIS Prescribe Food Package Screen – BE7 Package

IRX18M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM PRESCRIBE FOOD PACKAGE	11/13/08 04:21 PM
INDIVIDUAL NAME: BELLA FOOD PKG ID: BE7	GARCIA NAME: STANDARD FULLY BREASTFEEDING	ID: 291831816BG
If no longer fully breastfeeding, change Y to N and press F10.		
FULLY BREASTFEEDING: <u>Y</u>		
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE? PRESS F5 TO SEE OTHER OPTIONS.		
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD		
ID TLR HOLD	ID TLR HOLD	ID TLR HOLD
NOV BE7 -	MAR BE7 -	JUL BE7 -
DEC BE7 -	APR BE7 -	AUG BE7 -
JAN BE7 -	MAY BE7 -	SEP BE7 -
FEB BE7 -	JUN BE7 -	OCT BE7 -
Command ==>		
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev		

## ISIS Browse Family Issued Food Packages Screen

Another enhancement of the prescription screen that also will become a standard feature throughout ISIS is the replacement of the F1 Help key with an F1 History key. It could be very useful in October 2009 to view what food packages were previously issued in September 2009 before the food package transition. The F1 History key will allow users to do this. When the F1 History key is pressed, ISIS will display the Browse Family Issued Food Packages screen. This screen displays all of the family members' issued food packages during their entire time on WIC. This screen is the same as the one found through the Browse Family Issued Food Packages option on the Food Instruments Menu except that family comments are not viewable. The F1 History key can also be helpful at recertification if staff want to see whether the participant was issued a package other than the default in the previous month (e.g., low lactose package).

IRX15M01	CALIFORNIA WIC INFORMATION SYSTEM		06/02/09		
100BWALK	BROWSE FAMILY ISSUED FOOD PACKAGES		02:45 PM		
FAMILY NAME: BONITA		BECERRA	FAMILY ID: BB611608309		
To browse issued food items, type 'S' in the ACT field and press F11.					
ACT	NAME	DOB	MO/YR RX	PKG ID	USER ID
-	BARTO	05/05/2008	04/09	ICCJ	100BWALK
-	BEATRICE	01/09/2009	04/09	ICC	100BWALK
-	LUPE	06/22/2009	04/09	CPL	100BWALK
-	OMAR	06/05/2006	04/09	CT	100BWALK
-	BARTO	05/05/2008	02/09	IFTJ T	100BWALK
-	BONITA	05/01/1980	12/08	PSL	100BWALK
-	BARTO	05/05/2008	12/08	IFCJ T	100BWALK
-	LUPE	06/22/2005	12/08	CPL	100BWALK
Command ==>					
F: 1=Help 3=Exit 4=Options 11=Done 12=Prev					

## **Breastfeeding Women with Multiples (Twins, Triplets +)**

### ***New Food Packages for Women Fully Breastfeeding Multiples***

There will be instances where a woman has delivered twins, triplets, or more and is fully breastfeeding these infants. As required by the Interim Rule, women fully breastfeeding multiples are to receive an enhanced food package 8. These women will receive a default package of BM8 (Standard Fully Breastfeeding Multiples). The BM8 default package is a result of a woman in a B category with the answer Y to the health question, "Did you give birth to twins/triplets?" and with a Y in the "Fully Breastfeeding" field on the Prescribe Food Package screen. As mentioned earlier, ISIS will be programmed to display a Y in the "Fully Breastfeeding" field for all women in the B category (reminder: this is a change from the current ISIS practice of defaulting women in the B category to a combo food package with an N in the "Exclusively Breastfeeding" field.) If the woman is not fully breastfeeding her twins +, then staff need to change the response to the "Fully Breastfeeding" field to N; this will be explained in the next section.

Food packages for women fully breastfeeding multiples are displayed below and are viewable by selecting F5 Change Package from the prescription screen. A soy and tofu package is available for these women; however, neither a homeless package nor a 'no cheese' package is available because of the large quantity of food associated with package 8. In the rare instance when staff encounter a homeless woman fully breastfeeding multiples, staff would issue one of the available package 8 options. Note there are two therapeutic packages for woman fully breastfeeding multiples (details on the therapeutic packages will be shared separately from this training).

Some of the food items in package 8 are not always easily divided into equal amounts for each month's food prescription. As a result, for package 8, ISIS will automatically provide this participant her first month's package 8 issuance with a higher amount of cheese, whole grains, and juice. For the second month of issuance, ISIS will automatically provide the package 8 with a lower amount of cheese, whole grains, and juice so that the two months together average out to the full complement of food allowed for the fully breastfeeding woman with multiples. ISIS assembles this food package 8 automatically. It will be important to educate women receiving package 8 that they will see one month with more food and the following month less food in their issued food instruments. Please note two additional points: 1) if staff presses F5 to change the package, then the cycle is reset and the month with the greater amount of food will be issued first; and 2) when staff is viewing the food package through the F2 option, only the month with the greater amount of food is displayed. The default or standard food package is shown in bold below.

- **BM8**                    **Standard Fully Breastfeeding Multiples**
- BM8L                  Low Lactose, Breastfeeding Multiples
- BM8S                  Soy and Tofu, Breastfeeding Multiples
- BM8P                  RX, Therap Formula-Other Provider
- BM8G                  RX, Therap Formula-State WIC

Modification to ISIS Change Food Package Screen for Fully Breastfeeding Multiples

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	3/24/09 04:14 PM
INDIVIDUAL NAME: LAURIE            PETRIE            ID: 158948236LP		
FOOD PACKAGE ID: BM8    NAME: STANDARD FULLY BREASTFEEDING MULTIPLES		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
–	BM8L	LOW LACTOSE, BREASTFEEDING MULTIPLES
–	BM8S	SOY AND TOFU, BREASTFEEDING MULTIPLES
–	BM8P	RX, THERAP FORM-OTHER PROVIDER
–	BM8G	RX, THERAP FORM-STATE WIC
Command ==>		
F: 1=Help 4=Options 11=Done 12=Prev		

## Revision of ISIS Prescription Screen

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen. All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

### Modification to ISIS Prescribe Food Package Screen – BM8 Package

IRX18M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM PRESCRIBE FOOD PACKAGE	11/13/08 04:21 PM
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INDIVIDUAL NAME: BELLA GARCIA ID: 291831816BG  
FOOD PKG ID: BM8 NAME: STANDARD FULLY BREASTFEEDING MULTIPLES

If no longer fully breastfeeding, change Y to N and press F10.  
FULLY BREASTFEEDING: Y

DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE?  
PRESS F5 TO SEE OTHER OPTIONS.

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD

ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD	ID	TLR	HOLD
NOV	BM8	–	MAR	BM8	–	JUL	BM8	–			
DEC	BM8	–	APR	BM8	–	AUG	BM8	–			
JAN	BM8	–	MAY	BM8	–	SEP	BM8	–			
FEB	BM8	–	JUN	BM8	–	OCT	BM8	–			

Command ==>  
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=TLr 9=Comm 10=Shw Chg 11=Done 12=Prev

## ***Approach to Prescribing Food Packages for Women Fully Breastfeeding Multiples***

To ensure that women fully breastfeeding multiples receive package 8, ISIS has been modified to require users to document information concerning fully breastfeeding multiples. On the Health Questions screen in the certification, recertification, and change pathways, question #3, "Did you give birth to twins/triplets?" has been changed to require a response of either Y or N. If user presses F11 to go past the screen without answering question #3, an error message appears to remind users to complete the question. Users will not be allowed to move past this screen without a response.

### Modification to ISIS Health Questions Screen – Breastfeeding/Non-Breastfeeding

ICE31M01                    **CALIFORNIA WIC INFORMATION SYSTEM**                    11/13/08  
100TFULL HEALTH QUESTIONS - BREASTFEEDING/NON-BREASTFEEDING 01:57 PM

**INPUT IS REQUIRED FOR QUESTION 3 – NEED Y OR N.**

**NAME:** CARLA                    MOORE                    **ID:** 575831813CM

1. "How many times have you been pregnant?" \_\_\_                    How many births?" \_\_\_
2. "What date did the pregnancy prior to this one end?" \_\_\_ \_ \_
3. "Did you give birth to twins/triplets?" \_
4. "Do you have diabetes/high blood sugar now?" \_
5. "Did you have diabetes/high blood sugar during your last pregnancy?" \_
6. "Do you have high blood pressure/HTN now?" \_
7. "Did you have high blood pressure/HTN during your last pregnancy?" \_

**Command** ==>

F: 1=Help 3=Exit 4=Options 9=Comments 11=Done 12=Prev

The second place that information on giving birth to multiples is gathered is on the Breastfeeding/Non-Breastfeeding Weight screen. The field "Multiple Birth: \_\_\_" has been added and will be a required field. The response from health question #3 will be carried into this screen as shown below on the modified screen. Users may change the previous answer but may not delete the response altogether. Users will receive an error message if the "Multiple Birth: \_\_\_" field is left unanswered. For example, if a woman answers at the Health Questions screen that she had delivered twins, yet, the user accidentally entered an N to health question #3 and moves past the screen, the staff must change the "Multiple Birth:\_\_\_" field on the Breastfeeding/Non-Breastfeeding Weight screen to a Y. When this field on the Prenatal Weight screen is updated, ISIS will automatically change the default food package on the Prescribe Food Package screen to a BM8.

Current ISIS Breastfeeding/Non-Breastfeeding Weight Screen



Modification to ISIS Breastfeeding/Non-Breastfeeding Weight Screen

ICC25M01 100BWALK	CALIFORNIA WIC INFORMATION SYSTEM BREASTFEEDING/NON-BREASTFEEDING WEIGHT		3/22/09 03:48 PM			
NAME: BECKY	READ	ID: 914904914BR				
HEIGHT: 5 FT 04 IN		PREGRAVID WT: 125 LBS	BMI: 22.2 NORMAL			
TOTAL PRENATAL WEIGHT GAIN: 26 LBS		STATUS: NORMAL	MULTIPLE BIRTH: <u>Y</u>			
	DATE	WT LBS	SOURCE	WKS PP	BMI	CURRENT STATUS
P	01 18 09	146	W			
P	02 15 09	150	W			
	03 24 09	134	W	2	24.1	NORMAL
Command ==>						
F: 1=Help 4=Options 7=Lab 9=Comments 10=Show Chg 11=Done 12=Prev						

When health question #3 is answered with a Y or a Y is entered into the Breastfeeding/Non-Breastfeeding Weight screen for "Multiple Birth: \_\_\_", the C45 risk code (CUR TWINS +) will automatically be generated in ISIS and appear on the Summary screen. Users cannot add or delete the C45 risk code (CUR TWINS +) to the ISIS summary screen to change a woman from delivering one baby to delivering multiples babies. After enrollment or recertification of a woman, the only way to change the status from delivering one baby to delivering multiple babies or vice versa, is to access the Breastfeeding/Non-Breastfeeding Weight screen and change the response for "Multiple Birth:\_\_\_".

## ***New Food Packages for Women Combo Breastfeeding Multiples***

There will be instances where a woman has delivered twins, triplets, or more, and is combo breastfeeding (both breastfeeding and formula feeding) these infants. As required by the Interim Rule, women combo breastfeeding multiples are to receive a food package 7. These women will receive a BM7 (Standard Breastfeeding Multiples Combo) food package. The BM7 food package will be displayed when a woman is in the B category, has a Y as the response to the health question “Did you give birth to twins/triplets?”, and an N is selected for the answer to “Fully Breastfeeding” on the Prescribe Food Package screen. There is no package distinction made in ISIS for the amount of breastfeeding being done in women who are combo breastfeeding multiples (i.e., **mostly** versus **some**). As mentioned earlier, ISIS will be programmed to display a Y response in the “Fully Breastfeeding” field for all women in the B category.

(Reminder: this is a change from the current ISIS practice of defaulting women in the B category to a combo food package with an N in the “Exclusively Breastfeeding” field.) If the woman is not fully breastfeeding her twins, triplets+, as is the case for women combo breastfeeding multiples, then staff need to change the response to the “Fully Breastfeeding” field to N, press F10 Show Change, and the appropriate BM7 food package will display as the default.

Foods packages for women combo breastfeeding multiples are displayed below and are viewable by selecting F5 Change Package from the prescription screen. Soy and tofu packages are available for these women, but a ‘no cheese’ package is not available as a choice because cheese is standard in package 7. Note there are two therapeutic packages for woman combo breastfeeding multiples (details on the therapeutic packages will be shared separately from this training). The default or standard food package is shown in bold below.

- **BM7**                    **Standard Breastfeeding Multiples Combo**
- BM7L                    Low Lactose, Breastfeeding Multiples Combo
- BM7S                    Soy and Tofu, Breastfeeding Multiples Combo
- BM7T                    Tofu and Milk, Breastfeeding Multiples Combo
- BM7H                    Homeless, Breastfeeding Multiples Combo
- BM7P                    RX, Therap Formula-Other Provider
- BM7G                    RX, Therap Formula-State WIC

Modification to ISIS Change Food Package Screen for Women Combo Breastfeeding Multiples

IRX51M01                    CALIFORNIA WIC INFORMATION SYSTEM                    3/24/09  
100TFULL                    CHANGE FOOD PACKAGE                    04:14 PM

INDIVIDUAL NAME: LAURIE                    PETRIE                    ID: 158948236LP  
FOOD PACKAGE ID: BM7                    NAME: STANDARD BREASTFEEDING MULTIPLES COMBO

To select a package other than the recommended package, place an 'S' next to the desired package and press F11.

- BM7L    LOW LACTOSE, BREASTFEEDING MULTIPLES COMBO
- BM7S    SOY AND TOFU, BREASTFEEDING MULTIPLES COMBO
- BM7T    TOFU AND MILK, BREASTFEEDING MULTIPLES COMBO
- BM7H    HOMELESS, BREASTFEEDING MULTIPLES COMBO
- BM7P    RX, THERAP FORM-OTHER PROVIDER
- BM7G    RX, THERAP FORM-STATE WIC

Command ==>

F: 1=Help 4=Options 11=Done 12=Prev



### ***Approach to Prescribing Food Packages for Women Combo Breastfeeding Multiples***

The ISIS programming approach to prescribing food packages for women combo breastfeeding multiples is the same as for women fully breastfeeding multiples. Question #3 on the Health Questions screen is mandatory and this response will populate the newly added and mandatory field “Multiple Birth: \_\_\_” on the Breastfeeding/Non-Breastfeeding Weight screen. The process for updating this field and generating the C45 risk code (CUR TWINS +) is the same as with women who are fully breastfeeding multiples.

As described above, it is at the Prescribe Food Package screen where staff must change the Y response to N in the “Fully Breastfeeding” field in order to obtain the correct BM7 food package for the woman combo breastfeeding multiples.

## **Combo Breastfeeding Women with Singleton Births**

### ***Prescribing Food Packages for Combo Breastfeeding Women***

The Interim Rule continues to identify a distinction in the amount of breastfeeding a woman provides her infant in instances when she is not fully breastfeeding. Women who are breastfeeding and also feeding some formula to her infant can now be thought of as “combo **mostly** breastfeeding” or “combo **some** breastfeeding”. The distinction between these two is defined in the Interim Rule as the amount of formula the infant is being fed, and is explained below.

### **Combo Mostly Breastfeeding Women**

Women who are combo **mostly** breastfeeding will receive a default package of BC5 (Standard Combo **Mostly** Breastfeeding). The BC5 food package series below is designed for the combo breastfeeding woman who is **mostly** breastfeeding yet also feeding her infant some formula. The formula amount must be less than half the formula that a fully formula fed infant receives. For example, in order for the combo breastfeeding woman to receive a BC5 package, her 2 month old combo-feeding infant taking Enfamil LIPIL powder would be using 4 cans or less of this powdered formula per month. There is a chart displayed in the Infant module that shows the number of cans for each type and kind of formula that depicts half the formula of a fully formula fed infant.

Food packages for the combo **mostly** breastfeeding woman are displayed below and are viewable by selecting F5 Change Package from the prescription screen (full listing appears on two screens using the F8 Forward key). Note that the BO6 series of food packages also appear when F5 Change Food Package is selected from the BC5 Prescribe Food Package Screen (discussed later in section). There are three new food packages for this group of women: No Cheese, Soy and Tofu, and Tofu and Milk packages. Note there are two therapeutic packages for woman combo **mostly** breastfeeding (details on the therapeutic packages will be shared separately from this training). The default or standard food package is shown in bold below.

- **BC5**                    **Standard Combo Mostly Breastfeeding**
- BC5X                    No Cheese, Combo, Mostly BF
- BC5L                    Low Lactose, Combo, Mostly BF
- BC5S                    Soy and Tofu, Combo, Mostly BF
- BC5T                    Tofu and Milk, Combo, Mostly BF
- BC5H                    Homeless, Combo, Mostly BF
- BF5P                    RX, Therap Formula-Other Provider, Mostly BF
- BF5G                    RX, Therap Formula-State WIC, Mostly BF

Modification to ISIS Change Food Package Screens for Combo Mostly Breastfeeding Woman

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	6/21/09 01:29 PM
INDIVIDUAL NAME: LAURIE            PETRIE            ID: 158948236LP FOOD PACKAGE ID: BC5    NAME: STANDARD COMBO MOSTLY BREASTFEEDING		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
-    BC5X    NO CHEESE, COMBO, MOSTLY BF -    BC5L    LOW LACTOSE, COMBO, MOSTLY BF -    BC5S    SOY AND TOFU, COMBO, MOSTLY BF -    BC5T    TOFU AND MILK, COMBO, MOSTLY BF -    BC5H    HOMELESS, COMBO, MOSTLY BF -    BF5P    RX, THERAP FORMULA-OTHER PROVIDER, MOSTLY BF -    BF5G    RX, THERAP FORMULA-STATE WIC, MOSTLY BF -    BO6     STANDARD COMBO SOME BREASTFEEDING <6 MONTHS -    BO6L    LOW LACTOSE, COMBO, SOME BF, <6 MOS -    BO6H    HOMELESS, COMBO, SOME BF, <6 MOS -    BO6G    RX, THERAP FORMULA-STATE WIC, SOME BF <6 MOS		
Command ==>>>> F: 1=Help 4=Options 8=Fwd 11=Done 12=Prev		

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	6/21/09 01:29 PM
BOTTOM OF LIST REACHED.		
INDIVIDUAL NAME: LAURIE            PETRIE            ID: 158948236LP FOOD PACKAGE ID: BC5    NAME: STANDARD COMBO MOSTLY BREASTFEEDING		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
-    BO6X    NO CHEESE, COMBO, SOME BF, <6 MOS -    BO6S    SOY AND TOFU, COMBO, SOME BF, <6 MOS -    BO6T    TOFU AND MILK, COMBO, SOME BF, <6 MOS -    BO6P    RX, THERAP FORMULA-OTHER PROVIDER, SOME BF <6 MOS		
Command ==>>>> F: 1=Help 4=Options 7=Bwd 11=Done 12=Prev		

## Combo Some Breastfeeding Women

The BO6 (Standard Combo **Some** Breastfeeding <6 months) food package is designed for the combo breastfeeding woman who is doing **some** breastfeeding yet also feeding formula to her infant. The formula amount the infant is receiving is more than half of the formula that a fully formula fed infant receives. For example, using the same example above, if the combo **some** breastfeeding woman is feeding her 2 month old infant 5 or more cans of Enfamil LIPIL powder per month, then the correct food package for this combo breastfeeding woman is the BO6 package. There is a chart displayed in the Infant module that shows the number of cans for each type and kind of formula that depicts more than half the formula of a fully formula fed infant.

The BO6 food package series is displayed below and is available for selection initially through F5 Change Prescription from the BC5 prescription screen (full listing appears on two screens using the F8 Forward key). There are three new food packages for this group of women: No Cheese, Soy and Tofu, and Tofu and Milk packages. Note there are two therapeutic packages for woman combo **some** breastfeeding (details on the therapeutic packages will be shared separately from this training). There is no default package set in ISIS for this food package series since they must each be individually selected.

- BO6 Standard Combo Some Breastfeeding <6 months
- BO6X No Cheese, Combo, Some BF <6 mos
- BO6L Low Lactose, Combo, Some BF <6 mos
- BO6S Soy and Tofu, Combo, Some BF <6 mos
- BO6T Tofu and Milk, Combo, Some BF <6 mos
- BO6H Homeless, Combo, Some BF <6 mos
- BO6P RX, Therap Formula-Other Provider, Some BF <6 mos
- BO6G RX, Therap Formula-State WIC, Some BF <6 mos

Modification to ISIS Change Food Package Screens for Combo Some Breastfeeding Woman

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	6/21/09 01:29 PM
INDIVIDUAL NAME: LAURIE            PETRIE            ID: 158948236LP		
FOOD PACKAGE ID: BO6    NAME: STANDARD COMBO SOME BREASTFEEDING <6 MONTHS		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
-      BC5      STANDARD COMBO MOSTLY BREASTFEEDING		
-      BC5X     NO CHEESE, COMBO, MOSTLY BF		
-      BC5L     LOW LACTOSE, COMBO, MOSTLY BF		
-      BC5S     SOY AND TOFU, COMBO, MOSTLY BF		
-      BC5T     TOFU AND MILK, COMBO, MOSTLY BF		
-      BC5H     HOMELESS, COMBO, MOSTLY BF		
-      BF5P     RX, THERAP FORMULA-OTHER PROVIDER, MOSTLY BF		
-      BF5G     RX, THERAP FORMULA-STATE WIC, MOSTLY BF		
-      BO6L     LOW LACTOSE, COMBO, SOME BF, <6 MOS		
-      BO6H     HOMELESS, COMBO, SOME BF, <6 MOS		
-      BO6G     RX, THERAP FORMULA-STATE WIC, SOME BF <6 MOS		
Command ==>		
F: 1=Help 4=Options 8=Fwd 11=Done 12=Prev		

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	6/21/09 01:29 PM
BOTTOM OF LIST REACHED.		
INDIVIDUAL NAME: LAURIE            PETRIE            ID: 158948236LP		
FOOD PACKAGE ID: BO6    NAME: STANDARD COMBO SOME BREASTFEEDING <6 MONTHS		
To select a package other than the recommended package, place an 'S' next to the desired package and press F11.		
-      BO6X     NO CHEESE, COMBO, SOME BF, <6 MOS		
-      BO6S     SOY AND TOFU, COMBO, SOME BF, <6 MOS		
-      BO6T     TOFU AND MILK, COMBO, SOME BF, <6 MOS		
-      BO6P     RX, THERAP FORMULA-OTHER PROVIDER, SOME BF <6 MOS		
Command ==>		
F: 1=Help 4=Options 7=Bwd 11=Done 12=Prev		

## Revision of ISIS Prescription Screens

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen.

### Current ISIS Prescribe Food Package Screen – BC1 Package

The screenshot shows a terminal window titled "Session A" with a menu bar (File, Edit, Transfer, Appearance, Communication, Assist, Window, ZipPrint, Help) and a toolbar (PrtScrn, Color, Clipbrd, Index). The main display area contains the following text:

IRX17M01 CALIFORNIA WIC INFORMATION SYSTEM 4/19/09  
100BWALK PRESCRIBE FOOD PACKAGE 03:26 PM

INDIVIDUAL NAME: BONITA BECERRA ID: 984831809BB  
FOOD PKG ID: BC1 NAME: BREASTFEEDING AND FORMULA COMBINATION 1

If change from partial to exclusively breastfeeding, change N to Y and press F10. EXCLUSIVELY BREASTFEEDING: N

1. "You will be getting dry beans every month. Would you rather have beans, peanut butter, or alternating beans and peanut butter?" B
2. "Do you want frozen juice or juice in plastic bottles?" \_
3. "What flavor(s) of juice do you want?" \_ \_

FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD

ID	TLR	HOLD									
APR	BC1		AUG	BC1		DEC	BC1		APR	BC1	
MAY	BC1	-	SEP	BC1	-	JAN	BC1	-			
JUN	BC1	-	OCT	BC1	-	FEB	BC1	-			
JUL	BC1	-	NOV	BC1	-	MAR	BC1	-			

Command ==>  
F: 1=Hlp 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev

MA a 23/015

The Windows taskbar at the bottom shows the start button, several application icons, and the system tray with the time 3:26 PM.

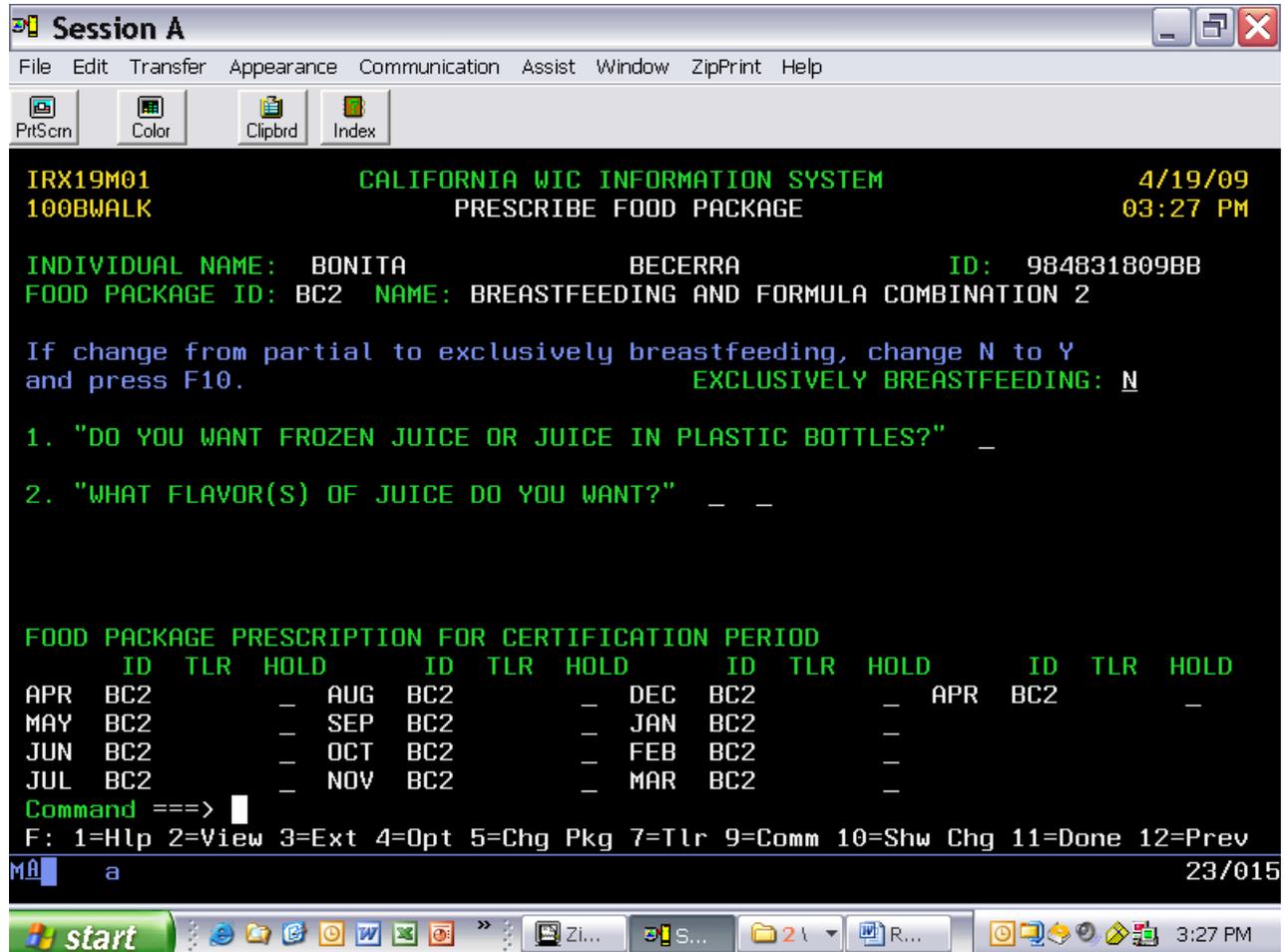
All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

Modification to ISIS Prescribe Food Package Screen – BC5 Package

IRX18M01	CALIFORNIA WIC INFORMATION SYSTEM	2/19/09
100DMIYA	PRESCRIBE FOOD PACKAGE	10:13 AM
INDIVIDUAL NAME: MARY	JENKINS	ID: 182905009MJ
FOOD PKG ID: BC5	NAME: STANDARD COMBO MOSTLY BREASTFEEDING	
If change from combo to fully breastfeeding, change N to Y and press F10.		
FULLY BREASTFEEDING: <u>N</u>		
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE? PRESS F5 TO SEE OTHER OPTIONS.		
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD		
ID TLR HOLD	ID TLR HOLD	ID TLR HOLD
FEB BC5    _	JUN BC5    _	OCT BC5    _
MAR BC5    _	JUL BC5    _	NOV BC5    _
APR BC5    _	AUG BC5    _	
MAY BC5    _	SEP BC5    _	
Command ==>		
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tr 9=Comm 10=Shw Chg 11=Done 12=Prev		

Implementation of the new food package has resulted in an omission to the ISIS questions that are asked on the Prescribe Food Package screen.

Current ISIS Prescribe Food Package Screen – BC2 Package



All of the food questions on the Prescribe Food Package screen have been eliminated as participants will be able to make these choices at the store. A reminder phrase about the availability of different food packages through the F5 Change Package option now appears on the screen. This reminder phrase does not require a response to be entered by the user.

Modification to ISIS Prescribe Food Package Screen – BO6 Package

IRX17M01 100DMIYA	CALIFORNIA WIC INFORMATION SYSTEM PRESCRIBE FOOD PACKAGE	2/19/09 10:22 AM
INDIVIDUAL NAME: MARY JENKINS ID: 182905009MJ		
FOOD PKG ID: BO6 NAME: STANDARD COMBO SOME BREASTFEEDING <6 MONTHS		
If change from combo to fully breastfeeding, change N to Y and press F10. FULLY BREASTFEEDING: <u>N</u>		
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE? PRESS F5 TO SEE OTHER OPTIONS.		
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD		
ID TLR HOLD	ID TLR HOLD	ID TLR HOLD ID TLR HOLD
FEB BO6 _	JUN BO6N _	OCT BO6N _
MAR BO6 _	JUL BO6N _	NOV BO6N _
APR BO6 _	AUG BO6N _	
MAY BO6 _	SEP BO6N _	
Command ==>		
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev		

## ***New Food Package for Combo Some Breastfeeding Women with Infants $\geq$ 6 Months***

The Interim Rule puts forth a new situation for combo breastfeeding women with infants older than 6 months who are breastfeeding **some** and feeding their infants more than half of the formula that a fully formula fed infant receives. These women receive an empty package for themselves (no food); yet continue to be counted as breastfeeding women for participation since they may continue to receive breastfeeding support services and nutrition education. The food package for these combo **some** breastfeeding women is the BO6N. This is in sharp contrast to the current policy whereby combo breastfeeding women may get a BC2 package (which includes food) in the last 6 months regardless of how much formula the infant is taking. It is very important to ensure that women who are breastfeeding their infants who are older than 6 months, and giving their infants more than half the formula of a fully formula fed infant, receive the BO6N package since this package issuance is counted in breastfeeding participation.

- BO6N            Standard Combo Some BF  $\geq$ 6 mos – No Checks

ISIS will be programmed to offer the appropriate BO6 food package from the F5 Change Package key for the combo **some** breastfeeding woman based on her delivery date. For women in existing certifications, if the woman is combo **some** breastfeeding and up through 6 months past her delivery date, the BO6 (Standard Combo **Some** Breastfeeding <6 months) food packages will be displayed. For women in existing certifications, if the woman is combo **some** breastfeeding and is greater than 6 months past her delivery date, the BO6N (Standard Combo **Some** Breastfeeding  $\geq$ 6 months) food package will be displayed, and will be the only food package in the BO6 series able to be selected. The BC5 food series will also be displayed for selection in the event a woman has changed to being **mostly** breastfeeding after the baby is 6 months old.

If a woman is enrolling in WIC when her infant is in the 6<sup>th</sup> month of age, ISIS will be able to interpret the date of birth against the date of the WIC appointment and provide the correct food package selection for the combo **some** breastfeeding woman. This logic works similar to the existing logic in ISIS for the non-breastfeeding woman. For example, if a combo breastfeeding woman enrolls in WIC on or after her infant's 6 month birthday, and is determined to be a combo **some** breastfeeding woman, only the BO6N food package is available for this woman through her certification period.

Modification to ISIS Change Food Package Screen for Breastfeeding Combo Some >6 Months Woman

IRX51M01 100TFULL	CALIFORNIA WIC INFORMATION SYSTEM CHANGE FOOD PACKAGE	4/21/09 01:29 PM
<p>INDIVIDUAL NAME: LAURIE                      PETRIE                      ID: 158948236LP          FOOD PACKAGE ID: BO6N    NAME: STANDARD COMBO SOME BF ≥6 MOS – NO CHECKS</p>		
<p>To select a package other than the recommended package, place an 'S' next to the desired package and press F11.</p>		
<p>–      BC5      STANDARD COMBO MOSTLY BREASTFEEDING          –      BC5X     NO CHEESE, COMBO, MOSTLY BF          –      BC5L     LOW LACTOSE, COMBO, MOSTLY BF          –      BC5S     SOY AND TOFU, COMBO, MOSTLY BF          –      BC5T     TOFU AND MILK, COMBO, MOSTLY BF          –      BC5H     HOMELESS, COMBO, MOSTLY BF          –      BF5P     RX, THERAP FORMULA-OTHER PROVIDER          –      BF5G     RX, THERAP FORMULA-STATE WIC</p>		
<p>Command ==&gt;&gt;&gt;          F: 1=Help 4=Options 11=Done 12=Prev</p>		

Modification to ISIS Prescribe Food Package Screen – BO6N Package

There are no food questions on the BO6N Prescribe Food Package screen since this is an empty package (no checks).

IRX19M01 100DMIYA	CALIFORNIA WIC INFORMATION SYSTEM PRESCRIBE FOOD PACKAGE	2/17/09 1:39 AM																				
<p>INDIVIDUAL NAME: LINDA                      LANE                      ID: 435904809LL          FOOD PACKAGE ID: BO6N    NAME: STANDARD COMBO SOME BF ≥6 MOS – NO CHECKS</p>																						
<p>If change from combo to fully breastfeeding, change N to Y and press F10.          FULLY BREASTFEEDING: <u>  N  </u></p>																						
<p>FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD</p> <table border="0"> <tr> <td>ID TLR HOLD</td> <td>ID TLR HOLD</td> <td>ID TLR HOLD</td> <td>ID TLR HOLD</td> </tr> <tr> <td>FEB BO6N    –</td> <td>JUN BO6N    –</td> <td></td> <td></td> </tr> <tr> <td>MAR BO6N    –</td> <td>JUL BO6N    –</td> <td></td> <td></td> </tr> <tr> <td>APR BO6N    –</td> <td></td> <td></td> <td></td> </tr> <tr> <td>MAY BO6N    –</td> <td></td> <td></td> <td></td> </tr> </table>			ID TLR HOLD	ID TLR HOLD	ID TLR HOLD	ID TLR HOLD	FEB BO6N    –	JUN BO6N    –			MAR BO6N    –	JUL BO6N    –			APR BO6N    –				MAY BO6N    –			
ID TLR HOLD	ID TLR HOLD	ID TLR HOLD	ID TLR HOLD																			
FEB BO6N    –	JUN BO6N    –																					
MAR BO6N    –	JUL BO6N    –																					
APR BO6N    –																						
MAY BO6N    –																						
<p>Command ==&gt;&gt;&gt;          F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev</p>																						

## ***Approach to Prescribing Food Packages for Combo Breastfeeding Women with Infants >30 Days of Age***

As described earlier, ISIS will be programmed to display a Y response in the “Fully Breastfeeding” field on the Prescribe Food Package screen for all women in the B category. So, staff must change the Y response to an N, press F10 Show Change, in order to change this ISIS screen to the combo breastfeeding options. Then staff is ready to further assess the combo breastfeeding woman’s situation.

ISIS does not connect the infant and mother record. It is important to understand that for a combo breastfeeding woman who is feeding her infant formula, staff need to assess the woman’s breastfeeding experience, find out if formula is needed, and, if so, the amount of formula that is being given to the infant. This will ultimately inform staff the correct food package to issue the combo breastfeeding woman.

As previously mentioned, for a combo breastfeeding woman to receive the BC5 series of food packages (Combo **Mostly** Breastfeeding), the woman is breastfeeding most of the time and the amount of formula the infant takes per month must be equal to or less than half the amount a fully formula infant is allowed. This amount depends on the type and kind of formula. There is a chart in the Infant module that displays this information.

For a combo breastfeeding woman to receive the BO6 series of food packages (Combo **Some** Breastfeeding), the woman is breastfeeding at least once per day, and the amount of formula the infant takes per month must be greater than half the amount that a fully formula infant is allowed. Again, through the breastfeeding assessment, staff assesses the breastfeeding experience and determines the formula needs of the infant. Staff will need to go through F5 Change Package from the prescription screen to select the appropriate BO6 series of food packages for the woman. Remember that the BC5 food package is the default for the combo breastfeeding woman, so if the infant is receiving formula in amounts greater than half the amount that a fully formula infant is allowed, the woman’s package must be changed to a BO6 series. The amount of formula depends on the type and kind of formula. There is a chart in the Infant module that displays this information.

## **Breastfeeding Women with Infants Birth through 30 Days of Age**

### ***Approach to Prescribing Food Packages for Breastfeeding Women with Infants Birth through 30 Days of Age***

The Interim Rule specifies an approach for the WIC food package during an infant's first month of life in order to support the breastfeeding experience. California WIC's policy in the first 30 days is to support the breastfeeding woman and her infant by not routinely issuing formula. California WIC recognizes that when a woman chooses to breastfeed her infant, an important feature for successfully establishing breastfeeding is not introducing any formula in the first 30 days.

However, there may be infrequent situations in which there are exceptions, and according to policy, formula is issued during the first 30 days (exception issuance).

A suggested approach for a breastfeeding woman having just given birth, and within the first 30 days from delivery date, is to continue her in the pregnant category and issue her the package that is displayed in her prenatal certification period. For women who are combo breastfeeding their infants, the PS5 (Standard Pregnant) food package is the appropriate choice. For those women who are fully breastfeeding their infants, the PB7 (Pregnancy Over and Breastfeeding) food package is the appropriate choice. However, for women who are fully breastfeeding multiples in the first 30 days, it is necessary to recertify them into the breastfeeding category as food package 8 is not available in the pregnant category.

Beginning in October, there will no longer be a food package for women whose pregnancy is over and are non-breastfeeding. Currently in ISIS, a PON (Pregnancy Over Non-Breastfeeding) food package exists for selection. However, after October 1<sup>st</sup>, for women in this situation, users can either keep the women in her current pregnancy category (up to 42 days past EDD) and issue her a PS5 food package or recertify her into the N (Non-Breastfeeding) category. It is true that women who are left in the pregnancy category will receive a larger food package than women who are recertified into the N category.

If the breastfeeding woman needs to be recertified, or enrolled, while her infant is within its first 30 days of age, ISIS will assume that this woman is fully breastfeeding her infant, and the BE7 (Standard Fully Breastfeeding) food package will be displayed on the Prescribe Food Package screen, with Y to "Fully Breastfeeding". The additional BE7 food package series are available for selection through F5 Change Package from the prescription screen. The fully breastfeeding woman's food package prescriptions are filled in for the entire certification period. Issuing one month's food package, the BE7 or other package in this series, and scheduling an appointment for the following month continues to be the best practice so that breastfeeding assessment and support can continue at an appropriate interval.

If it is determined through the breastfeeding assessment that the woman, for some nutritional, health, or other reason aligned with the California WIC policy, is not fully breastfeeding her infant, staff may change “Fully Breastfeeding” on the Prescribe Food Package screen to an N, press F10 Show Change, and now the BC5 (Standard Combo **Mostly** Breastfeeding) food package is displayed as the default. Most often, the BC5 food package will align with the woman’s breastfeeding experience, in that the amount of formula the infant is taking is less than half of the amount of formula a fully formula fed infant receives. Staff is encouraged to support the woman and infant’s breastfeeding experience, with strategies for the woman to fully breastfeed.

However, as previously discussed, the Change Food Package screen for combo breastfeeding women will display both the BC5 and the BO6 food package series. As described above, the food package selected for the woman is dependent on the breastfeeding experience and the amount of formula the infant needs. If the combo breastfeeding woman is found to be feeding her infant more than half the amount of formula a fully formula fed infant receives, then staff must change the food package, through F5 Change Food Package, to the appropriate BO6 (Standard Combo **Some** Breastfeeding <6 months) food package for this combo **some** breastfeeding woman.

Specifics about documenting the outcome to the breastfeeding assessment for this combo breastfeeding woman during the first 30 days are covered separately from this ISIS update.

Regardless of whether a BC5 or BO6 food package has been issued to the woman during the first 30 days past delivery, only one month’s food package will be able to be printed, and no future food prescriptions will be filled in for the certification period for the woman. The Prescribe Food Package screen for a combo **mostly** breastfeeding woman who enrolled in WIC when her infant was birth to 30 days old is shown below. Please note that only one month of the food package is shown in the mock-up screen below.

ISIS Prescribe Food Package Screen - BC5 Package in First 30 Days

IRX18M01	CALIFORNIA WIC INFORMATION SYSTEM		04/10/09
100TFULL	PRESCRIBE FOOD PACKAGE		04:21 PM
INDIVIDUAL NAME: BELLA	JOHNSON	ID: 291831816BJ	
FOOD PKG ID: BC5	NAME: STANDARD COMBO MOSTLY BREASTFEEDING		
If change from combo to fully breastfeeding, change N to Y and press F10.			
FULLY BREASTFEEDING: <u>N</u>			
DOES THIS PARTICIPANT WANT A DIFFERENT FOOD PACKAGE?			
PRESS F5 TO SEE OTHER OPTIONS.			
FOOD PACKAGE PRESCRIPTION FOR CERTIFICATION PERIOD			
ID	TLR	HOLD	ID TLR HOLD ID TLR HOLD ID TLR HOLD
NOV	BC5	-	
Command ==>			
F: 1=Hst 2=View 3=Ext 4=Opt 5=Chg Pkg 7=Tlr 9=Comm 10=Shw Chg 11=Done 12=Prev			

An appointment needs to be made for the following month so a breastfeeding assessment can be completed for the woman and infant. Consistent with current ISIS functionality, when there is no food prescription in a participant's record, a red P is displayed on the WIC Family Profile screen next to the participant with no prescription. In this example, the following month (now beyond 30 days from delivery) when the combo **mostly** breastfeeding woman and her combo **mostly** breastfeeding infant arrive for their WIC appointment, the red P displayed on the WIC Family Profile screen next to the breastfeeding woman and the infant will help alert staff that a follow up breastfeeding assessment is appropriate. As staff move through ISIS to the prescription screen, the breastfeeding woman's default food package will be the BE7 (Standard Fully Breastfeeding) food package since all women in the B category are now defaulted to a Y in the "Fully Breastfeeding" field on the Prescribe Food Package screen. The WIC Family Profile screen, with the red P designating there is no prescriptions in the participant's record, is shown below.

ISIS WIC Family Profile Screen Showing Breastfeeding Woman and Infant Without a Prescription (Red P)

**Session A**  
 File Edit Transfer Appearance Communication Assist Window ZipPrint Help

PrtScrn Color Clipbrd Index

IFI30M01 CALIFORNIA WIC INFORMATION SYSTEM 4/19/09  
 100BWALK WIC FAMILY PROFILE 02:01 PM

INDICATED INDIVIDUALS DO NOT HAVE A PRESCRIPTION.

FAMILY ID: TJ741309109 CLINIC: 001 LAST FAM COMM: 04/19/09  
 FAMILY NAME: FIRST TAMEKA MI LAST JACKSON  
 HOME/MAILING ADDRESS SAME: Y ADDR DOC: A CONSENT: Y UPDATED: 04/19/2009

HOME: 1001 CITY DR  
 NUMBER DIR STREET NAME TYPE DIR UNIT NUMBER  
 CITY: SACRAMENTO STATE: CA ZIP: 95834 -

MAILING:  
 NUMBER DIR STREET NAME TYPE DIR UNIT NUMBER  
 CITY: STATE: CA ZIP: -

TELEPHONE NUMBER 1: ( ) - TYPE 1: PREFERRED LANGUAGE: EN  
 TELEPHONE NUMBER 2: ( ) - TYPE 2: -

TYPE 'C' TO CHG OR 'D' TO DISQ IN 'ACT' AND PRESS F10. CERT END CATEGORY/  
 Act FIRST NAME LAST NAME DOB DATE STATUS

-	P	TAMEKA	JACKSON	02/01/1985	04/30/2010	B	A
-	P	LAMAR	JACKSON	04/05/2009	04/30/2010	I	A

Command ==>  
 F: 1=Help 3=Exit 4=Opt 5=Fam Lst 9=Comm 10=Chg/Disq 11=Done 12=Prev

MA a 23/015

start [Taskbar icons] 2:02 PM

The table below summarizes the number of months that a woman's prescription is built in ISIS when a she is recertified or enrolled within the first 30 days after delivery. A complete description of the approach for the infant in the first 30 days of age can be found in the Infant module.

Woman's Food Package	When Woman Recertifies/Enrolls in First 30 Days - Number of Prescription Months Built
Fully Breastfeeding	12 months
Combo Breastfeeding	1 month
Non-Breastfeeding	6 months

## Pregnancy Outcome

Pregnancy Outcome should be used when enrolling an infant whose mother was on WIC as pregnant. Pregnancy Outcome is available as selection #3 on the Certification Menu and collects basic information on the woman's delivery and the birth of the infant(s). There are two important features to highlight. First, the question, "Did you have twins/triplets (or more?)" is included on Pregnancy Outcome but is not a required field. However, the answer that is selected in Pregnancy Outcome (Y or N) will be carried forward to question #3 on the Health Questions screen, "Did you give birth to twins/triplets?" and the "Multiple Birth: \_\_\_" field on the Breastfeeding/Non-Breastfeeding Weight screen. Second, Pregnancy Outcome collects information on infant feeding through the question, "How are you feeding your baby?" The response to this question (B, C, F, Z, or T) will be carried forward to answer the same question on the Health Information – Infant screen. The Pregnancy Outcome screen is shown below.

### ISIS Pregnancy Outcome Screen

The screenshot shows a terminal window titled "Session A" with a menu bar (File, Edit, Transfer, Appearance, Communication, Assist, Window, ZipPrint, Help) and a toolbar (PrtScrn, Color, Clipbrd, Index). The main display area has a black background with green text. At the top, it shows "IPD10M01 CALIFORNIA WIC INFORMATION SYSTEM 4/19/09" and "100BWALK PREGNANCY OUTCOME 02:04 PM". The form contains the following fields and prompts:

- NAME: SALLY BROWN ID: 560907714SB
- DELIVERY DATE: \_\_\_ \_\_\_ \_\_\_ "Did you have twins/triplets (or more?) " \_
- STATUS : \_ GENDER: \_
- INFANT NAME : FIRST \_\_\_\_\_ M.I. \_ LAST \_\_\_\_\_
- BIRTH LENGTH: \_\_\_ INCHES AND \_\_\_ /4 INCHES OR \_\_\_ CENTIMETERS
- BIRTH WEIGHT: \_\_\_ POUNDS AND \_\_\_ OUNCES OR \_\_\_ GRAMS SOURCE: \_
- "How are you feeding your baby? " \_
- "How many pounds did you gain during this pregnancy? " \_
- Command ==> |
- F: 1=Help 3=Exit 4=Options 11=Done 12=Prev

The bottom of the window shows a Windows taskbar with the start button, several application icons, and the system tray displaying the time as 2:05 PM on 23/015.

## **Case Scenarios**

#1. A fully breastfeeding mom with a three-month-old infant comes to WIC to enroll for the first time and informs the WIC staff member during certification that she is homeless. After discussing the issue further with the mom, the WIC staff member determines that the most appropriate food package for this woman is a homeless food package. How does the WIC staff member issue this package?

Upon entering the Prescribe Food Package screen, the default BE7 (Standard Fully Breastfeeding) package is present and a Y appears after "Fully Breastfeeding". The WIC staff member selects the F5 Change Package option to access the BE7H (Homeless) food package. The staff member then moves down the pick list on the Change Food Package screen, places an S next to the BE7H package and presses F11. The View Food Package screen appears and displays the food items in the BE7H package. The staff member should press F11 again to return to the Prescribe Food Package screen. The staff member presses F11 and the prescription will be built for the remainder of the certification period.

#2. A mom who delivered twins five weeks ago comes into the WIC office to enroll her infants. The WIC staff member who is seeing the mom learns that the mom is combo feeding her twins (breastfeeding and giving formula). The WIC staff member completes an infant feeding assessment, and encourages and assists the mom with breastfeeding. The mom still requests some formula to be issued to her because of cracked and bleeding nipples. What food package does the mom get and how does the WIC staff member issue it?

Since the mom gave birth to twins, the WIC staff member should first ensure that health question #3 (“Did you give birth to twins/triplets?”) is answered with a Y. The mom should be placed into the breastfeeding (B) category during certification since she is combo feeding her twins. Upon entering the Prescribe Food Package screen, the default package of BM8 (Standard Fully Breastfeeding Multiples) is present and a Y appears after “Fully Breastfeeding”.

The WIC staff member should place an N after “Fully Breastfeeding” and hit the F10 Show Change key. The default package will change to a BM7 (Standard Breastfeeding Multiples Combo). There is no differentiation in food packages for a mom who is combo feeding twins (i.e., some versus mostly) as all of these moms are issued BM7 packages regardless of the amount of breastfeeding done or the amount of formula issued. The staff member should press F11 to build the prescription for the certification period.

#3. A WIC staff member is assigned to see a mom and her newborn triplets. Upon beginning the certification, the WIC staff member discovers that the mom is exclusively breastfeeding her triplets and doing very well. The triplets are three weeks old and the mom was on WIC during her pregnancy. How does the WIC staff member issue mom the correct food package?

The WIC staff member could begin by completing pregnancy outcome, and entering a Y for the question, "Did you give birth to twins/triplets (or more?)" and placing a B as the answer to the question, "How are you feeding your baby?" The staff member should then proceed with recertifying the mother into the breastfeeding category as a package 8 is not available if the mom is left in the pregnant category during the first 30 days. Upon entering the Prescribe Food Package screen, the default package of BM8 (Standard Fully Breastfeeding Multiples) is present and a Y appears after "Fully Breastfeeding". This is the correct food package for mom. The staff member should press F11 to build the prescription for the entire 12 month certification period.

#4. A mom and her four-month-old infant come into WIC to be enrolled. The mom tells the WIC staff member that she is feeding her infant both breast milk and formula. The WIC staff member enrolls the infant first and selects C (combo breastfeeding) as the infant's feeding choice. An infant feeding assessment is completed and the WIC staff member educates the mom on breastfeeding. The mom requests two cans of powdered formula per month to supplement her breastfeeding due to inverted nipples. Two cans of formula are less than half the amount of formula that a fully formula fed infant receives at this age. The WIC staff member prescribes the appropriate food package for the infant and then moves on to enroll the mom. What category should the mom be enrolled into and which food package should be issued?

The WIC staff member should enroll the mom into the B (Breastfeeding category) since she is combo mostly breastfeeding. When the staff member enters the Prescribe Food Package screen, the default package of BE7 (Standard Fully Breastfeeding) is present and a Y appears after "Fully Breastfeeding".

The WIC staff member should place an N after "Fully Breastfeeding" and press the F10 Show Change key. The default package will change to a BC5 (Standard Combo Mostly Breastfeeding). Since the infant is receiving less than half the amount of formula that a fully formula fed infant receives, then the BC5 is the correct package. The staff member should press F11 to build the prescription for the certification period.

#5. A WIC staff member is seeing a new mom and her two-week-old infant. The mom was on WIC as pregnant and received a PS5 (Standard Pregnant) food package. The mom states that she is breastfeeding her infant but would like to get a few cans of formula because she is afraid she won't have enough breast milk to feed her baby. The WIC staff member completes pregnancy outcome, selects B (breastfeeding) as the infant's feeding choice, and then enrolls the infant. During the infant assessment, the WIC staff member provides breastfeeding support to the mom and the mom decides not to receive any formula. The WIC staff member is now ready to enter the mom's record. Which food package could be issued to mom and how is this done?

Since the mom is going to breastfeed her infant and the infant is within its first 30 days of age, the WIC staff member may leave the mom in her pregnant category. The staff member should progress to the Prescribe Food Package screen through the change pathway from the Certification Menu. The PS5 package is already built for the remainder of the mom's certification period (42 days after the EDD). Since the mom is exclusively breastfeeding, she is entitled to a food package 7. The staff member should select the F5 Change Package option to access the PB7 (Pregnancy Over and Breastfeeding) food package. The staff member then moves down the pick list on the Change Food Package screen, places an S next to the PB7 package and presses F11. The View Food Package screen appears and displays the food items in the PB7 package. The staff member should press F11 to return to the Prescribe Food Package screen. The staff member presses F11 again and PB7 food package appears for the remainder of the prenatal certification period.

#6. A mom and her six-month-old infant come into WIC for the infant's mid-certification appointment. The mom tells the WIC staff member that she is feeding her infant both breast milk and formula but still needs to receive greater than half of the amount of formula that a fully formula fed infant receives. The mom has been receiving a BO6 (Standard Combo Some Breastfeeding <6 months) food package since delivering her infant. What changes should the WIC staff member make to mom's food packages given this information?

A mom who is breastfeeding at least once per day is entitled to remain on WIC in the breastfeeding category until her infant turns one year of age. However, a mom whose infant is issued more than half of the formula that a fully formula fed infant receives will not be given checks for food after the baby is 6 months old. A mom who has been receiving a BO6 food package will be switched to a BO6N package (Standard Combo Some BF  $\geq$ 6 mos-No Checks) after the infant turns six months old. The WIC staff member does not need to do anything in ISIS as the change in food packages will automatically happen. The staff member should explain to the mom that she will no longer receive food checks but can continue to receive breastfeeding support and nutrition education.