

**Skin Cancer Quiz**  
**Answer Key**

- 1) During 2007, approximately how many people in the United States are expected to get skin cancer?  
C. 1,300,000
- 2) Skin cancer is considered an epidemic by leading health officials.  
A. True
- 3) One out of every \_\_\_ Americans is expected to eventually get skin cancer.  
B. 5
- 4) How many people are expected to die from melanoma in the U.S. during 2007?  
B. Between 8,000 to 8,500
- 5) From 1973 to 1994, the national melanoma rate increased by?  
D. Over 100%
- 6) Which statement most comprehensively explains why skin cancer rates are increasing?  
F. All of the above
- 7) How many major forms of skin cancer are there?  
B. 3
- 8) Everyone, regardless of skin color, can get skin cancer.  
A. True
- 9) Blistering sunburns in childhood can greatly increase the risk of future skin cancer.  
A. True
- 10) What is the most lethal form of skin cancer?  
B. Malignant melanoma
- 11) During which decade of life is human skin most vulnerable to ultraviolet (UV) rays?  
A. 1<sup>st</sup>

- 12) White, puffy clouds block most of the UV rays that come from the sun.
- B. False
- 13) Clean white snow reflects about what percentage of UV rays that emanate from the sun?
- C. 80%
- 14) Tanning beds can provide a tan without damaging the skin.
- B. False
- 15) Sunlight can cause the skin to prematurely wrinkle.
- A. True
- 16) Unprotected exposure to sunlight can eventually cause cataracts.
- A. True
- 17) Melanoma can develop between the toes.
- A. True
- 18) Which single strategy offers the best protection against skin cancer?
- D. Avoiding contact with sunlight (staying indoors) from 10 a.m. to 4 p.m.
- 19) Consistent use of sunscreen will completely protect a person from getting skin cancer.
- B. False
- 20) On a sunscreen container, what does “SPF” stand for?
- A. Sun protection factor
- 21) Which “SPF” number on a sunscreen container represents the highest level of UV protection?
- D. 30
- 22) Which color of cloth blocks the greatest proportion of UV rays?
- D. Black
- 23) All dark glasses effectively block most or all UV rays.
- B. False

24) An individual should check with a dermatologist if he or she has one or more moles that exhibit this/these characteristic(s):

F. All of the above

25) On average, members from which general population group are least likely to get skin cancer?

C. African Americans

26) Eating a high-fat diet can increase one's risk for skin cancer.

A. True

27) California public schools must, by law, allow students to wear a sun-protective hat when students are outside on campus.

A. True

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