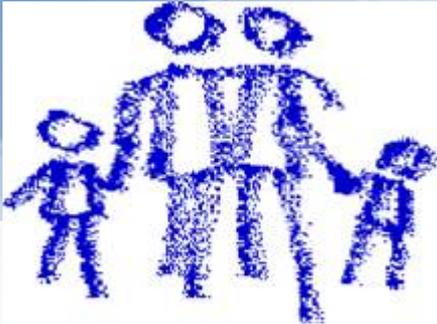


# California Personal Responsibility Education Program (PREP) Innovative Strategies Grant

## PREP Stakeholder's Meeting

**California Department of Public Health  
Office of Family Planning  
Teen Pregnancy Prevention Program  
December 8, 2010**

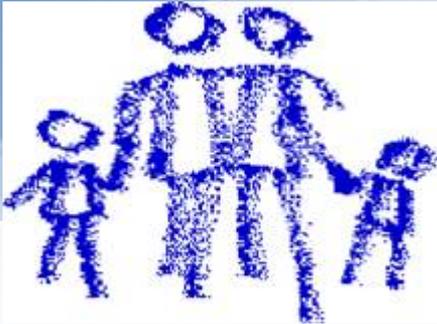




## PREP Statute

### Authority

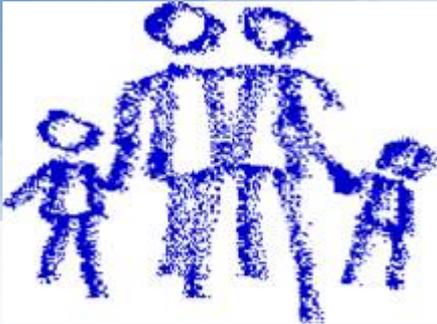
- Patient Protection and Affordable Care Act of 2010
- The Act amended Title V of the Social Security Act to include a new formula grant program entitled the Personal Responsibility Education Program (PREP)
- Grant is administered by The Administration on Children, Youth and Families (ACYF), Family and Youth Services Bureau (FYSB)



## PREP Statute

### Purpose of Funding

- Funds must be used for a program designed to educate adolescents on **both** abstinence and contraception to prevent pregnancy and sexually transmitted infections (STIs), including HIV/AIDS, and **at least three** adulthood preparation subjects



# PREP Statute

## Funding Available

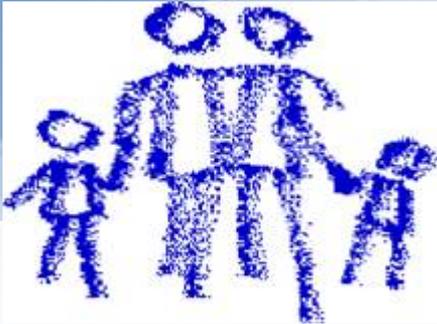
- Appropriation in the amount of \$55,250,000 allotted to States through an Cooperative Agreement
- Allotment calculations for each State are based upon the Bureau of Census data on the number of 10 – 19 year olds in the State to implement PREP funds
- California Department of Public Health/Office of Family Planning (OFP) is eligible for \$6,553,554 for FY 2011-2012
- PREP funding is available for fiscal years 2011 through 2014



## PREP Statute

### Target Population

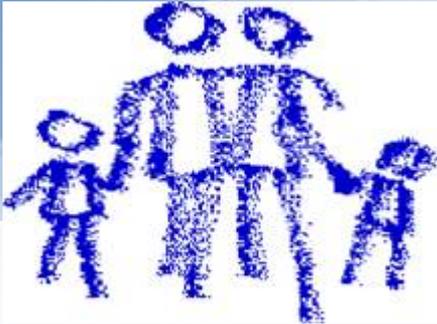
- The most high risk, vulnerable and culturally under-represented youth populations to be considered include:
  - Immigrants
  - Hispanic, African American, or American Indian teenagers
  - Foster care youth or youth aging out of foster care
  - Youth in the adjudication system
  - Males
  - Runaway/homeless teenagers
  - Out of school youth
  - Youth with HIV/AIDS and youth



# PREP Statute

## Target Population

- States are encouraged to target youth populations ages 10 to 19 and pregnant women and mothers under age 21 and their partners that are the most high risk, vulnerable and culturally under-represented youth populations residing in areas with high birthrates for youth
- Youth are defined as those who have attained age 10 but have not attained age 20, except in the case of pregnant youth or mothers, which may include youth under 21 years of age



## PREP Statute

### Target Population

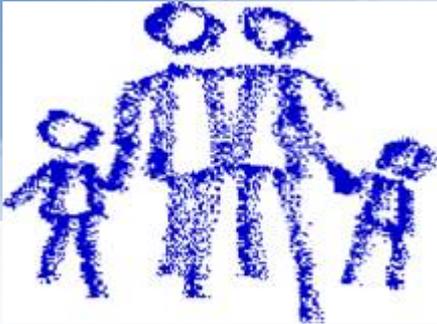
- Programs must also consider the needs of lesbian, gay, bisexual, transgender, and questioning youth and how their programs will be inclusive of and non-stigmatizing toward such participants



## PREP Statute

### Goal

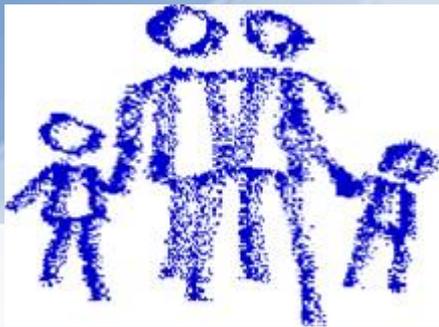
- The purpose of PREP funds is to “replicate evidence-based effective program models or substantially incorporate elements of effective programs that have been proven on the basis of scientific research to change behavior, which means delaying sexual activity, increasing condom or contraceptive use for sexually active youth, or reducing pregnancy among youth”.



## PREP Program Requirements: Evidence-based & Effective Program Model

### Program models must focus on implementing project interventions that most likely demonstrate change in sexual behaviors

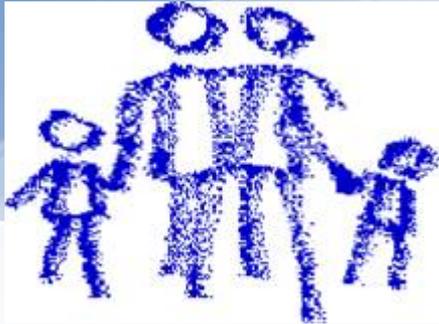
- Applicants may choose any of the 28 model(s) in Appendix A of the Funding Opportunity Announcement (FOA) or other model(s) that have been proven effective on the basis of rigorous scientific research to change behavior, which means delaying sexual activity, increasing condom or contraceptive use for sexually active youth, or reducing pregnancy among youth



## APPENDIX A: List of Evidence-Based Program Models

Program Name	Setting
<a href="#">Aban Aya Youth Project (PDF)</a>	Middle schools
<a href="#">Adult Identity Mentoring (Project AIM) (PDF)</a>	Middle schools
<a href="#">All4You! (PDF)</a>	Alternative high schools
<a href="#">Assisting in Rehabilitating Kids (ARK) (PDF)</a>	Substance use treatment facilities
<a href="#">Be Proud! Be Responsible! (PDF)</a>	Middle schools, high schools, or CBOs
<a href="#">Be Proud! Be Responsible! Be Protective! (PDF)</a>	Middle schools, high schools, or CBOs
<a href="#">Becoming a Responsible Teen (BART) (PDF)</a>	Middle schools, high schools, or CBOs
<a href="#">Children's Aid Society (CAS)—Carrera Program (PDF)</a>	CBOs
<a href="#">¡Cuidate! (PDF)</a>	Middle schools, high schools, or CBOs
<a href="#">Draw the Line/Respect the Line (PDF)</a>	Middle schools
<a href="#">FOCUS (PDF)</a>	CBOs or clinics
<a href="#">HIV Risk Reduction Among Detained Adolescents (PDF)</a>	Youth detention facilities
<a href="#">Horizons (PDF)</a>	CBOs or clinics
<a href="#">It's Your Game: Keep it Real (PDF)</a>	Middle schools
<a href="#">Making a Difference! (PDF)</a>	Middle schools or CBOs
<a href="#">Making Proud Choices! (PDF)</a>	Middle schools or CBOs
<a href="#">Project TALC (PDF)</a>	CBOs
<a href="#">Promoting Health Among Teens! Abstinence-Only Intervention (PDF) (formerly known as Promoting Health Among Teens!)</a>	Middle schools or CBOs
<a href="#">Promoting Health Among Teens! Comprehensive Abstinence and Safer Sex Intervention (PDF) (formerly known as Comprehensive Abstinence and Safer Sex Intervention)</a>	Middle schools or CBOs
<a href="#">Raising Healthy Children (PDF) (formerly known as the Seattle Social Development Project)</a>	Elementary schools
<a href="#">Reducing the Risk (PDF)</a>	High schools

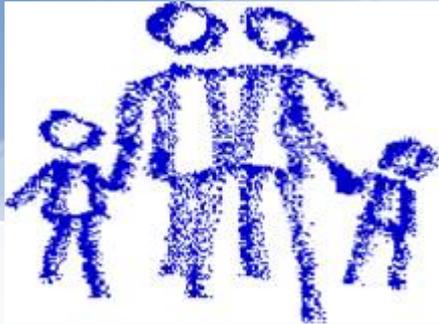
- Independently reviewed by Mathematica Policy Research
- An Overview of the Teenage Pregnancy Prevention Evidence Review can be found at the following link: <http://www.hhs.gov/ophs/oah/prevention/research/programs/index.html>



## PREP Program Requirements: Evidence-based & Effective Program Model

**Of the 28 evidence-based program models identified**

- 20 had impacts on sexual activity
- 9 on contraceptive use
- 4 on STIs
- 5 on pregnancy or births
- 1 on abstinence only interventions –  
*Promoting Health Among Teens! Abstinence Only Intervention*



## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

- **Fidelity** – how well the program is implemented without compromising its core content which is essential for program effectiveness
  - Fidelity to the original evidence-based program model or program elements is strongly encouraged
  - Regardless whether States (or their sub-awardees) are replicating an entire program or incorporating significant elements of evidence-based programs into a program



## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

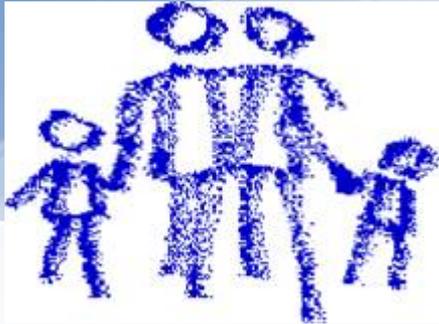
- **Core Components** – the essential characteristics of a program that are responsible for its effectiveness; Key elements or defining characteristics of a program
  - To maintain a program's effectiveness, its core components must be kept intact when it is replicated or adapted
  - Core components cannot be altered to an evidence-based program



## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

- **Adaptations** – modification of an evidence-based program model that has been developed for a single, demographic, ethnic, linguistic and/or cultural group for use with other groups
  - Adaptations should generally be minimal; Especially when a full program model is replicated with fidelity
  - Significant adaptations may be needed to address mandatory project requirements
  - Add-on components that do not alter the core components may be made to meet adulthood preparation subjects, ensuring that **both** abstinence and contraception are addressed, providing information regarding access to healthcare, etc.
  - States should consult with the curriculum developers to determine the core components of the program



## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

- Traffic signal model representation of adaptations

#### **Green, Yellow & Red** Light Adaptations

- Provides guidance on whether a particular adaptation is...
  - ...**safe (green)**
  - ...**should be made cautiously (yellow)**
  - ...**should be avoided (red)**

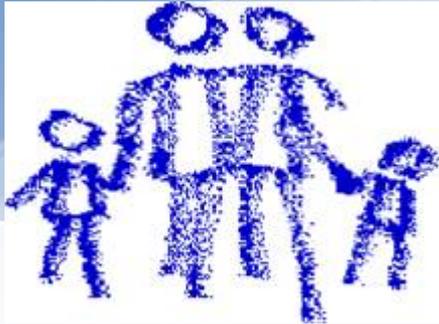


## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

#### Green Light Adaptations

- Updating data/statistics
- Changing learning activities and instructional methods to youth culture, development, gender, sexual orientation, etc.
- Making activities more interactive
- Customizing role plays (e.g., names, setting, language, terms)
- Adding debriefing or processing questions

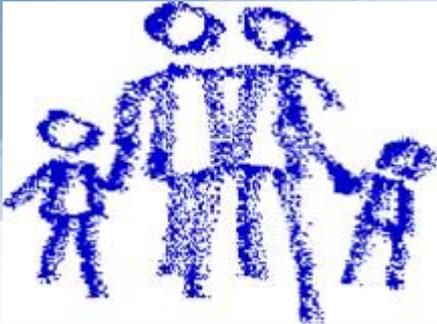


## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

#### **Yellow Light Adaptations**

- Changing sequence of activities
- Adding activities to reinforce learning
- Adding activities to address additional risk and protective factors
- Replacing videos or other A/V aides

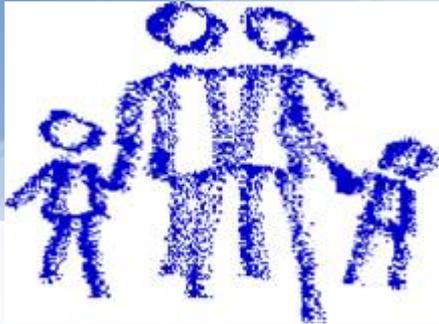


## PREP Program Requirements: Evidence-based & Effective Program Model

### Replication of Evidence-based Effective Programs

#### **Red Light Adaptations**

- Shortening the program
- Reducing or eliminating activities that allow youth to personalize risk
- Reducing or eliminating opportunities for skill practice (e.g., role plays)



## **PREP Program Requirements: Evidence-based & Effective Program Model**

### **Substantial Incorporation of Elements**

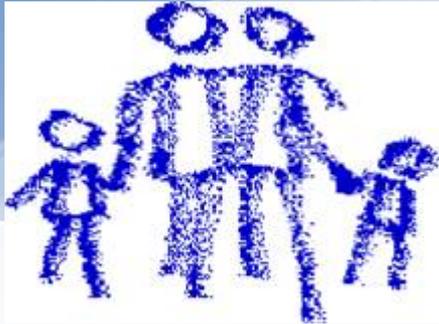
- All elements must meet the PREP requirements
- Elements must have a strong likelihood that the elements selected, when working in concert together, are likely to have positive impacts on the targeted behaviors
- Will be reviewed by Mathematica Policy Research using the same rigorous evaluation process and criteria that the 28 programs/curriculums were selected in the FOA
- Study submissions are due to Mathematica by 1/7/2011



# PREP Program Requirements: Adulthood Preparation Subjects

**Statute requires that at least three of the following adulthood preparation subjects be addressed:**

1. Healthy relationships
2. Adolescent development
3. Financial literacy



# PREP Program Requirements: Adulthood Preparation Subjects

**Continued...**

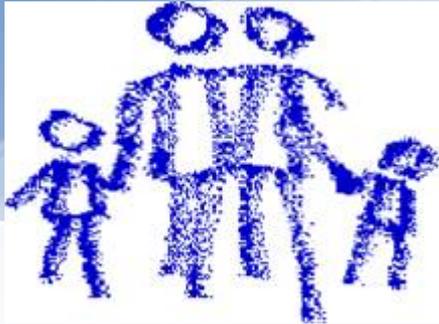
**Statute requires that at least three of the following adulthood preparation subjects be addressed:**

4. Parent-child communication
5. Educational and career success
6. Healthy life skills



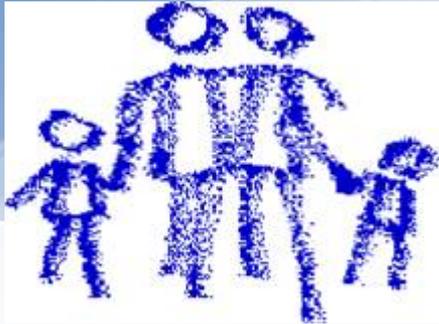
## PREP Program Requirements: Medical Accuracy

- Programs must provide medically accurate and complete contraceptive information
- Inform youth about the responsibilities and consequences of being a parent
- Inform youth how early pregnancy and parenthood can interfere with educational and other goals
- Inform youth on the risks associated with sexually transmitted infections, including HIV
- FYSB will review prior to implementation



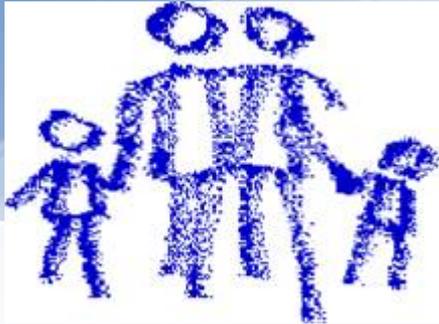
# PREP Program Requirements: Age Appropriateness

- Programs must demonstrate the capability of communicating with youth based upon their varying stages and levels of development
- Topics, messages and teaching methods must be suitable to specific age groups of youth, based upon varying capacities of cognitive, emotional and behavioral development
- FYSB will review prior to implementation



# PREP Program Requirements: Information and Support

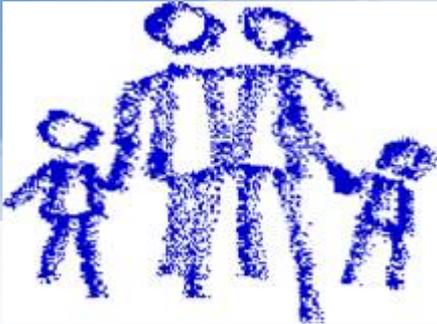
- Must be incorporated to educate youth who are sexually active regarding responsible sexual behavior with respect to **both** abstinence and the use of contraception
- Must be provided in the cultural context that is most appropriate for individuals in the particular population group to which they are directed as well as how the activities and services will be provided to eligible youth



## **PREP Program Requirements: Access to Health Care & Other Services**

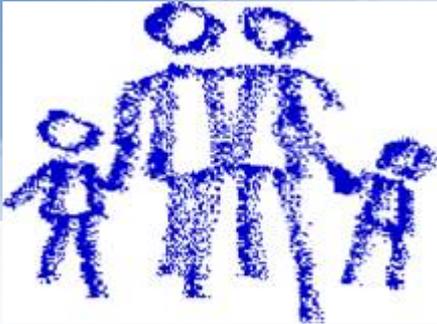
**Provision of teenage pregnancy prevention-related health care service referrals to other providers of health care services**

- Substance abuse and alcohol abuse
- Tobacco cessation
- Family planning
- Mental health issues
- Intimate partner violence



## PREP Program Requirements: Access to Health Care & Other Services

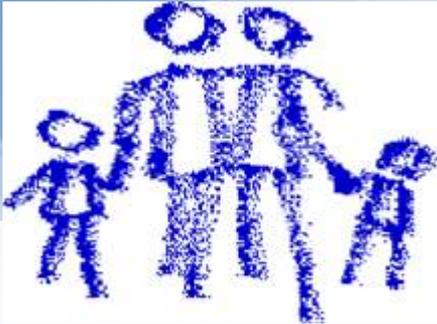
- Local public health and social service agencies
- Hospitals
- Voluntary agencies
- Health or social services supported by other Federal programs (e.g., Medicaid, SCHIP, TANF) or State/local programs
- Programs should encourage the enrollment of eligible youth in public assistance programs such as Medicaid and CHIP, or any other Federal or State assistance program for which they may be eligible



# PREP Program Requirements: Evaluation

## Independent Evaluation

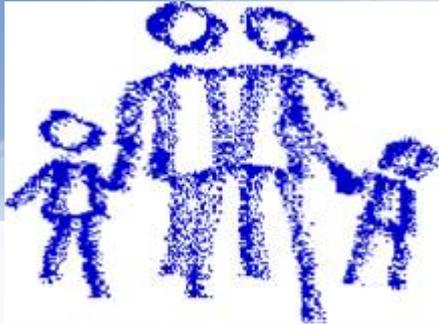
- OFP will be required to conduct Grantee-level evaluation and receive Federal training, technical assistance and oversight
- OFP will be required to monitor and report on program implementation and outcomes through performance measures
- The performance measures will be developed by FYSB during Year 1 of the grant
- All Grantees will be expected to collect and report on a common set of performance measures to assess program implementation and outcomes



# PREP Program Requirements: Evaluation

## Performance Measurements

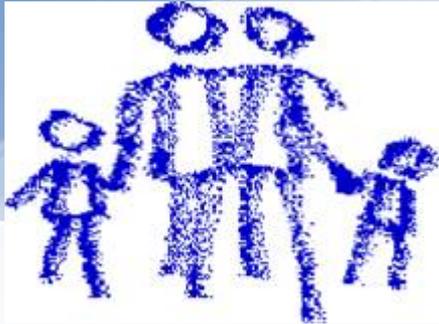
- States will be required to report on program implementation and outcomes through five broad categories
  1. Output Measures (number of youth served, hours of service delivery, etc.)
  2. Fidelity/Adaptation
  3. Implementation and Capacity Building (community partnerships, competence in working with the identified population, etc.)
  4. Outcome Measures (behavioral, knowledge, and intentions, etc.)
  5. Community Data (STIs, birth rates, etc.)



# PREP Program Requirements: Evaluation

## Federal Evaluation

- A subset of projects (e.g. State-led programs or sub-awardee programs) will be selected to participate in Federal impact evaluations
- If selected, States, its sub-awardees, and independent evaluation team must participate
- It is anticipated that States will receive notification of selection to participate by July 2011.



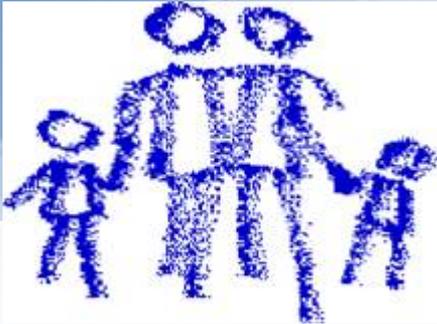
## FYSB Summary of Program Requirements to States

- Emphasize **abstinence and contraception** for the prevention of pregnancy and sexually transmitted infections for the target population
- **Replicate evidence-based** effective programs or **substantially incorporate elements of effective programs** proven to be such by rigorous scientific research
- Develop **Logic Model** to include program-specific goals and objectives



## FYSB Summary of Program Requirements to States

- Provide **informational and support activities** that emphasize abstinence and contraception
- Utilize **age-appropriate and medically accurate** models
- Maintain **fidelity** to the model(s)
- Collect and report **performance measurement data**
- Adhere to **evaluation** expectations



## FYSB Summary of Program Requirements to States

### Links to presentation information:

- **PREP FOA Link:**

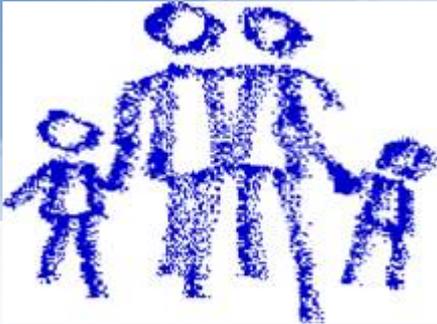
<http://www.acf.hhs.gov/grants/open/foa/view/HHS-2010-ACF-ACYF-PREP-0125>

- **FYSB Website under Teen Pregnancy Prevention General Information:**

<http://www.acf.hhs.gov/programs/fysb/content/programs/tpp.htm>

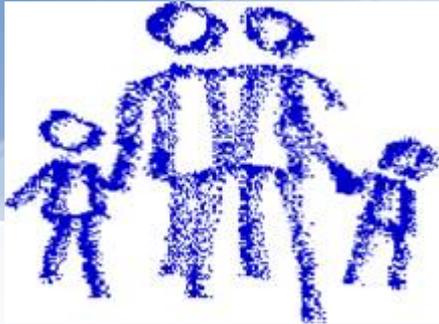
- **Office of Adolescent Health (OAH) Website:**

<http://www.hhs.gov/ash/oah>



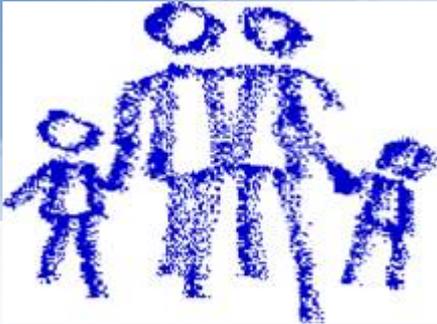
## OFP/TPP PREP Planning: Target Populations

- The OFP's objective is to execute PREP activities in the most at-risk or vulnerable target populations in counties with high teen birth rates, STI, and HIV rates
- OFP will fund applicants who demonstrate a need for services in their community



## TPP/OFP PREP Planning: Evidence-based & Effective Program Model

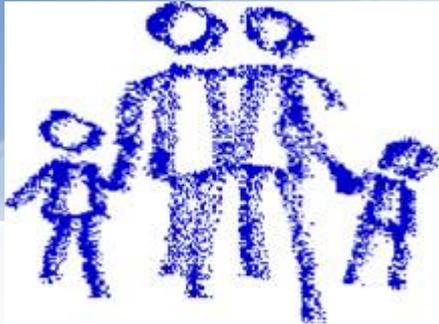
- OFP is currently reviewing the evidence based programs detailed in the FOA as well as other programs
- Grantees will be required to adhere to OFP policies and California legislation for pregnancy and STI prevention
- OFP will develop a contract to provide training, monitoring, technical assistance and support to Grantees and evaluate the PREP local projects



# OFP/TPP PREP Planning: Adulthood Preparation Subjects

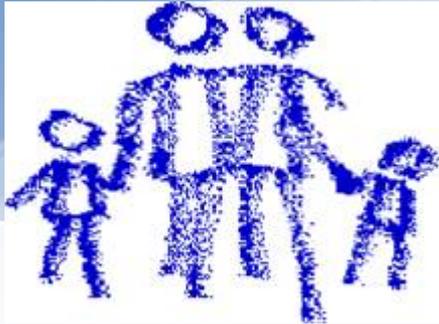
OFP is currently reviewing each of the adulthood preparation subjects

- May consider one subject as a core requirement
- May consider standardizing some elements of all of the subjects to maximize evaluation efforts



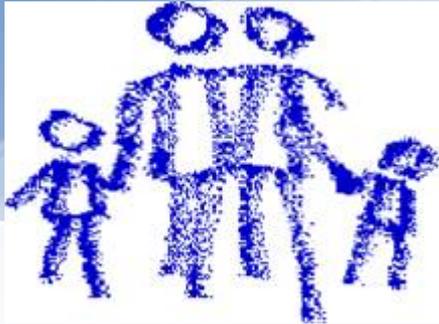
# OFP/TPP PREP Planning: Medical Accuracy and Age Appropriateness

The OFP will consult with experts to review the curriculums, education materials, and mass media educational materials for medical accuracy, age appropriateness, and linguistic and cultural competency



## **OFP/TPP PREP Planning: Information and Support and Access to Health Care & Other Services**

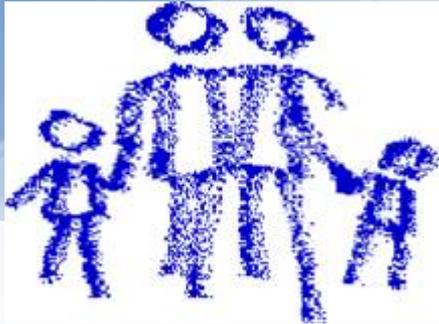
- Grantees will be required to show how they will provide Family PACT Clinical Linkages
- Grantees will be required to develop a referral mechanism for other Health Care and Social Services
- OFP will develop a resource manual to locate Family PACT, Health Care, and Social Services in the selected geographic areas



## OFP/TPP Planning: Evaluation

OFP may consider requiring Grantees to assess the following behavioral outcomes through its activities:

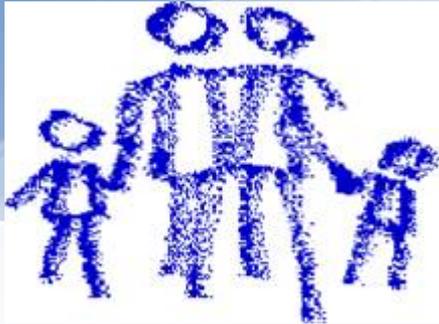
- an increase in condom use
- an increase in contraceptive use
- a decrease the number of sexual partners
- success regarding linking participants to clinical reproductive health services
- future plans and/or life goals attainment



# OFP PREP FY 2010-2011

## Project Planning & Development

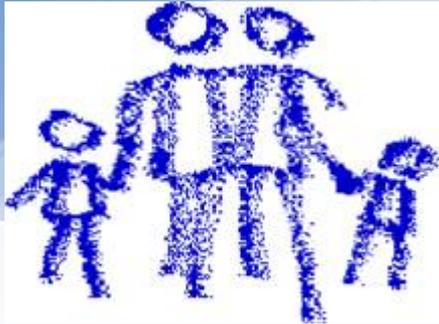
- Complete Needs Assessment
- Submit Post-Award State Plan by 2/1/2011
- Submit Curricula/um & Materials for Medical Accuracy Review
- Submit List of Proposed Adaptations
- Submit Evaluation Plan
- Hire Key OFP Staff
- Develop Program Management Plan
- Solicit Applications through RFA Award Process
- Finalize Partnerships with MOUs/Sub-awards
- Train OFP Staff and Grantees



## OFP/TPP Contact Information

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**[Christina.Moreno@cdph.ca.gov](mailto:Christina.Moreno@cdph.ca.gov)**



# PREP Stakeholder's Meeting Topics of Discussion

- Target Populations
- Evidence Based Effective Program Models
- Adulthood Preparation
- Grantees
- Evaluation
- Process Discussion
- Next Steps