



AFLP - ADOLESCENT FAMILY LIFE PROGRAM

Current Activities, Successes & Challenges:

- The 32 AFLP agencies across the state served 3,591 expectant and parenting adolescents in 2015.
- MCAH has been conducting regular AFLP Positive Youth Development (PYD) intervention trainings and site visits throughout the state.
- There are 13 agencies participating in the Federal Evaluation, which is being conducted by Mathematica Policy Research with funding from the Office of Adolescent Health to assess the impact of the PYD intervention compared to AFLP Business-as-Usual. As of January 2016, nearly 700 youth have consented to participate in the evaluation study.

Upcoming Activities:

- MCAH will release a Request for Application for the AFLP funding period that begins July 1, 2017.

BIH - BLACK INFANT HEALTH PROGRAM

Current Activities, Successes & Challenges:

- Recruitment and Outreach: The BIH LHJs have been actively implementing new BIH program components. Between July 1, 2015 and February 16, 2016, 1,272 women were recruited or referred to BIH; of those, 409 enrolled. New strategies to increase recruitment are underway.
- MCAH BIH Technical Assistance Site Visits are underway.
- BIH Messaging Toolkit: The final approval process is underway for the site-specific messaging campaign products.
- February 24-26, 2016: BIH Basic Training for all newly funded BIH staff was held in Sacramento.
- Alameda and Sacramento County BIH sites are participating in the Collaborative Improvement and Innovation Network (CoIIN) Safe Sleep pilot intervention.
- BIH has launched an intensive effort to improve data capacity for program monitoring and evaluation:
 - New data collection and reporting system: In 2015, Efforts To Outcomes data system began.
 - New data fluency training: July 2015, foster increased access/use of data for decision-making.
 - New Model Fidelity reporting: The 2015 BIH Data-Driven Model Fidelity Framework was translated into a series of biweekly benchmark reporting.

Upcoming Activities:

- Trainings for Life Planning, Outreach and Group Facilitation tentatively scheduled for June 2016.
- First BIH conference tentatively planned for fall 2016.

Breastfeeding/Nutrition and Physical Activity

Current Activities, Successes & Challenges:

- **Lactation accommodation for the low-wage worker workgroup**: Assist the U.S. Breastfeeding Committee to complete a workplace analysis of laws addressing lactation accommodation in California.
- **Nine Steps to Breastfeeding Friendly: Guidelines for Community Health Centers and Outpatient Care Settings**: Assisted in developing guidelines to support health centers/outpatient care settings to

implement practices and policies that protect, promote and support breastfeeding. The long-term aim is to designate a community clinic as “Breastfeeding-Friendly.”

<http://www.cdph.ca.gov/programs/NEOPB/Pages/PrevFirstBreastFeeding.aspx>

- **Feedback from the Field: Feasibility of the Perinatal Food Group Recall Form:** Staff co-authored this paper concluding that the Perinatal Food Group Recall in the Comprehensive Perinatal Services Program can facilitate the provision of nutrition counseling among low-income mothers and build capacity among community health workers.
http://www.cjhp.org/volume13Issue3_2015/documents/19-26_Sharif_CJHP2015_Issue3_Perinatal.pdf

Upcoming Activities:

- **Partner in Pediatric Obesity COLLN: An Obesity Prevention and Treatment Quality Improvement State Collaborative:** Children’s Council of San Francisco application was accepted; MCAH is one of four core team members. MCAH is building upon its Fall 2015 mini-collaborative to promote optimal nutrition and physical activity in California childcare sites.

CHVP – CALIFORNIA HOME VISITING PROGRAM

Current Activities, Successes & Challenges:

- As of January 31, 2016, the California Home Visiting Program (CHVP) has completed 88,171 home visits and served over 4,797 families. Currently, CHVP is serving 2,109 families at 95 percent capacity.
- CHVP participates in the State Interagency Team (SIT) for Children, Youth and Families, and leads the SIT Home Visiting Workgroup. Recent efforts: "warm transitions," EITC and VITA for families.
- Presentations: Head Start Association Conference (02/24/16), CalWORKs and Refugee Programs Training Academy (12/09/15) and Zero to Three National Training Institute (12/03/15).
- CHVP continues to work with and assist the three MIECHV-funded tribal home visiting programs.
- CHVP was awarded one of five Substance Abuse and Mental Health Services Administration replication grants in 2015 for Project LAUNCH.
- In November 2015, CHVP applied for continuation funding under a Health Resources and Services Administration (HRSA) 2016 FOA for MIECHV.

Upcoming Activities:

- Hosted by HRSA, CHVP staff will attend the annual MIECHV Meeting in Washington, D.C. in June 2016.
- CHVP is planning the California Home Visiting Summit, Aug. 1-2, 2016, at the Sheraton Grand in Sacramento. Partners include several state departments and stakeholder organizations.

CA PREP - CALIFORNIA PERSONAL RESPONSIBILITY EDUCATION PROGRAM

Current Activities, Successes & Challenges:

- On July 1, 2015, the 2015-18 cycle of CA PREP began with 22 agencies representing 20 counties.
- MCAH is in the process of reviewing program models and creating new guidance to ensure compliance with the new California Healthy Youth Act.
- Funding Opportunity Application (FOA) for CA PREP for next funding cycle FY 2016 – 2020 is underway.
- “Examining gendered differences in sexual experience, behavior, and contraceptive use among California Youth” abstract will be submitted for the 2016 APHA Conference.
- “Reaching High-Need Youth: Methods for Program Targeting and Improvement” abstract will be submitted for the 2016 HHS Teen Pregnancy Prevention Grantee Conference.

Upcoming Activities:

- Web-based booster trainings on Evidence- Based Program Models in spring 2016 and regional, in-person trainings in fall 2016.

- Semi-annual federal reporting for CA PREP in April 2016, covering October 1, 2015-March 31, 2016.

CPSP – COMPREHENSIVE PERINATAL SERVICES PROGRAM

Current Activities, Successes & Challenges:

- The CPSP Policies and Procedures have been revised and updated reflecting the alignment of the Perinatal Services Coordinator (PSC) role in meeting the perinatal health needs of each MCAH.
- The PSC meeting was in Folsom, California, Nov. 4-5, 2015; 354 participants received CPSP training.
- CPSP utilization by Fee-for-Service providers: Number of CPSP services rendered January 2014 to June 2014, 231,959; July 2014 to December 2014, 197,812; and January 2015 to June 2015, 155,591.
- MCAH-DHCS Medi-Cal collaboration resulted in updating the manual to reflect the discontinuation of reimbursement of the CPSP 10th antepartum visit and increasing obstetric visits to 14.

Upcoming Activities:

- CPSP Orientation Provider Training: March 18 in Sacramento; April 16 in Oxnard; and June 7 in Orange. Registration information: <http://www.cvent.com/events/cpsp-orientation-training/event-summary-11940c67e1ab4d8dac1fe0d5d3847bb3.aspx>
- March 2, 2016, Licensed Midwife providers will be allowed by DHCS, Medi-Cal to apply for enrollment in the Medi-Cal Fee-For-Service program as individuals, group or rendering providers. Details: http://files.medi-cal.ca.gov/pubsdoco/Publications/masters-other/provappsenroll/PED_License_Midwife_Requirements_24458.pdf

INFANT HEALTH

Current Activities, Successes & Challenges:

- MCAH is participating in the Infant Mortality CollIN, which ends in September 2016, and engages federal, state and local leaders; public and private agencies; and professionals and communities to employ quality improvement, innovation and collaborative learning to address infant mortality reduction.
 - **Safe Sleep (SS):** CollIN SS will be in BIH using patient engagement in Alameda and Sacramento.
 - **Risk Appropriate Perinatal Care (RAPC):** The RAPC Task Force has representatives from several stakeholders, including Regional Perinatal Programs of California (RPPC) and CPSP; California Perinatal and Maternal Quality Care Collaboratives; March of Dimes; California Perinatal Transport System; California Children’s Services (CCS); Medi-Cal; Sutter Health; LA County DPH; MCAH Directors’ Association; and the California Maternal Appropriate Risk Care Project.
 - **Social Determinants of Health (SDOH):** Developing a “state assessment” report focusing on indicators that assist LHJs in addressing and incorporating social determinants into their programs.
- **Fetal Infant Mortality Review Program (FIMR):** July 2015, National Fetal and Infant Mortality Review Program and the National Center for the Review and Prevention of Child Deaths received a grant from HRSA to establish the National Fetal, Infant and Child Death Review Center at Michigan Public Health Institute; and a FIMR call was held on Feb. 17, 2016. Fresno County presented their FIMR activities, UCSF Benioff Preterm Birth Initiative efforts and the African-American Infant Mortality report.
- **Sudden Infant Death Syndrome Program:** April 14, 2016 in San Jose, CA – Training for Emergency Personnel and Public Health staff; and April 21, 2016 in Riverside, CA – Training for Emergency Personnel and Public Health staff. The new California SIDS Program website is available on the CDPH website at <http://www.cdph.ca.gov/programs/SIDS/Pages/1.0SIDSHOME.aspx>

LOCAL MCAH – LOCAL MATERNAL, CHILD AND ADOLESCENT HEALTH PROGRAMS

Current Activities, Successes & Challenges:

- **Title V Needs Assessment:**
 - The Title V Needs Assessment Action Plan technical assistance monthly calls continue. These calls discuss how to address mental health and children and youth with special health care needs (CYSHCN).
 - The Title V 2014 Report/2016 Application, which includes the State Action Plans, is located here: <http://www.cdph.ca.gov/programs/mcah/Documents/Title%20V%202016%20Application%202014%20Report%20final.pdf>
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- **MCAH Program:**
 - Agreement Funding Applications (AFAs) have been submitted. Approval is planned for June 1, in order to begin implementing programs and invoicing according to schedule.
 - FY 2015-16 MCAH Annual Report documents are due Aug. 15. The forms and template are located at: <http://www.cdph.ca.gov/services/funding/mcah/Pages/2015-16LocalMCAHProgramDocuments.aspx>
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 - 2016 webinars: Collaboration and Collective Impact Webinar, February 11, 2016; Children’s Regional Integrated Service System (CRISS), February 29, 2016; and Help Me Grow, April 6, 2016.

Upcoming Activities:

- **Title V Action Plans:**
 - Activities are being implemented at the State to address our priority health topics identified in the Title V Needs Assessment. Aligning state and local efforts will improve the collective impact of MCAH programs across the state.
- **Child Health including CYSHCN:**
 - The focus is on reducing motor vehicle injury hospitalizations, child abuse and neglect, and improving the rates of developmental screening, referral and linkage for children ages 0-5 years.
 - Another focus is on improving the rates of utilization of the yearly preventive medical visit.

MATERNAL HEALTH

Current Activities, Successes & Challenges:

- **Intimate Partner Violence (IPV) Initiative:**
 - MCAH has adopted an IPV Initiative into the Title V Five-Year Action Plan. The goal of the IPV Initiative is to establish a policy systematic change among local health jurisdictions.
 - MCAH has begun working with internal/external partners, including Futures Without Violence.
 - Training areas have been identified to increase the competencies/skills among our local partners including violence and trauma, healthy relationships and parenting, and resiliency.
 - To learn more, contact Martha Dominguez at Martha.dominguez@cdph.ca.gov
- **Maternal Morbidity:**
 - A new report was posted on trends in maternal morbidity that includes statewide and county level prevalence estimates on pre-existing conditions, pregnancy-related complications, measures of severe and grouped maternal and neonatal morbidity, and birth spacing.

- Download the report at:
http://www.cdph.ca.gov/programs/mcah/Documents/MCAH_Morbidity%20Trends%20Report_12Jan2016.pdf

Upcoming Activities:

- **California Pregnancy-Associated Mortality Review (CA-PAMR):**
 - Findings from the review of six years of maternal mortality from obstetric deaths are being written up in a CDPH report and will be available in May, 2016. Simultaneously, data collection of maternal deaths from suicide, homicide and drug overdose is underway.

PRECONCEPTION HEALTH

Current Activities, Successes & Challenges:

- The Title V Action plan was developed in 2015 with a refined focus for preconception health on unintended pregnancy prevention, chronic disease prevention and health care utilization. Projects are:
 - Improve postpartum visit outreach for Medi-Cal women, with emphasis on Black and Latina women.
 - Initiating a partnership with One Key Question to begin integrating Reproductive Life Planning into all clinical components of Title V programming.
 - Partnering with Chronic Disease Branch and state chapters of the American Heart Association and American Diabetes Association to improve outreach to women of reproductive age.
 - Revision of the Interconception Care Project of California and development of two education modules to help providers with implementing standard elements of a postpartum visit.
 - Preconception Health Council of California has organized three workgroups to address unintended pregnancy prevention for a three-year period of 2015-2018.
- The National Preconception Health and Health Care Initiative launched the clinical toolkit in 2015 and is working on a new website and accompanying social media presence.

Upcoming Activities:

- Preconception Health Council Meeting on March 28, 2016.

Title V Annual Application and Report

Current Activities, Successes & Challenges:

- The final version of the Title V 2016 Application/ 2014 Report and Appendix are available online.
 - Link to the report:
<http://www.cdph.ca.gov/programs/mcah/Documents/Title%20V%202016%20Application%202014%20Report%20final.pdf>
 - Link to the appendix:
<http://www.cdph.ca.gov/programs/mcah/Documents/AppendixtoTitleV%202016%20Application%202014%20Report%20final.pdf>

Upcoming Activities:

- The draft 2017 Application/2015 Report will be posted on the MCAH website. The public comment period is currently scheduled from May 2–16, 2016.

SURVEYS AND SURVEILLANCE

Breastfeeding Surveillance

- In February, CDPH presented on how local breastfeeding coalitions can use data to remove breastfeeding barriers in their communities at the 6th Annual California Breastfeeding Summit. This presentation highlighted three data sources: 1) Maternal and Infant Health Assessment Survey (MIHA), 2) In-hospital breastfeeding initiation data from Genetic Disease Screening Program (GDSP)- Newborn Screening Data, and 3) Maternity Practices in Infant Nutrition and Care Survey (mPINC) from the Centers for Disease Control and Prevention. Slides are available at: <http://californiabreastfeeding.org/wp-content/uploads/2016/02/Coalitions-Using-Data-to-Remove-Breastfeeding-Barriers-BF-Summit-Session.pdf>

Maternal and Infant Health Assessment Survey (MIHA)

- The Maternal and Infant Health Assessment (MIHA) survey has continued to provide data support to the legislatively mandated task force on the Status of Maternal Mental Health. A January 2016 presentation discussed the prevalence estimates of perinatal depressive symptoms.
- Future release of statewide and county MIHA surveillance tables will present data in two-year groupings in order to improve the precision of the estimates.
- There is no timeline for the next release of MIHA data. The goal is to post grouped 2013-2014 data by late summer or early fall, 2016.

Adolescent Sexual and Reproductive Health Surveillance

- MCAH presented the following three posters at the 2015 APHA meeting in November:
 - Decomposing adolescent birth rates in the U.S.: Contributions of individual states and population subgroups to the nationwide decline.
 - A population-based method of program targeting: Lessons learned from California adolescent sexual health programs.
 - Trends in the adolescent birthing population in California, 1990-2012.
- MCAH plans to complete analysis of the 2014 Birth Statistical Master File and publish the State's official 2014 adolescent birth rate in late summer or early fall, 2016.