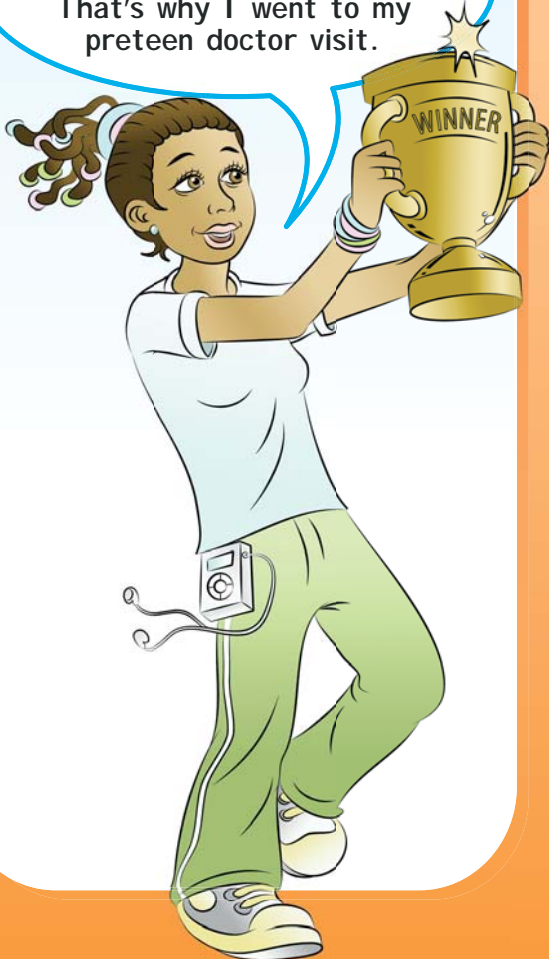


Check it out!

Whether you're into playing soccer, getting good grades, listening to music, or just hanging out with your friends—if you're 11 or 12 years old, it's time for your preteen doctor visit.

I wanna stay healthy so I can do my best at everything! That's why I went to my preteen doctor visit.



Want to know more?

Your preteen doctor visit is a great time to ask questions about shots and the diseases they prevent. You can also talk to your parents, school nurse, or local health department's clinic staff.

For more information, check out:

www.bam.gov

www.mybestshot.org

For parents:

www.GetImmunizedCA.org

www.cdc.gov/vaccines

www.immunize.org

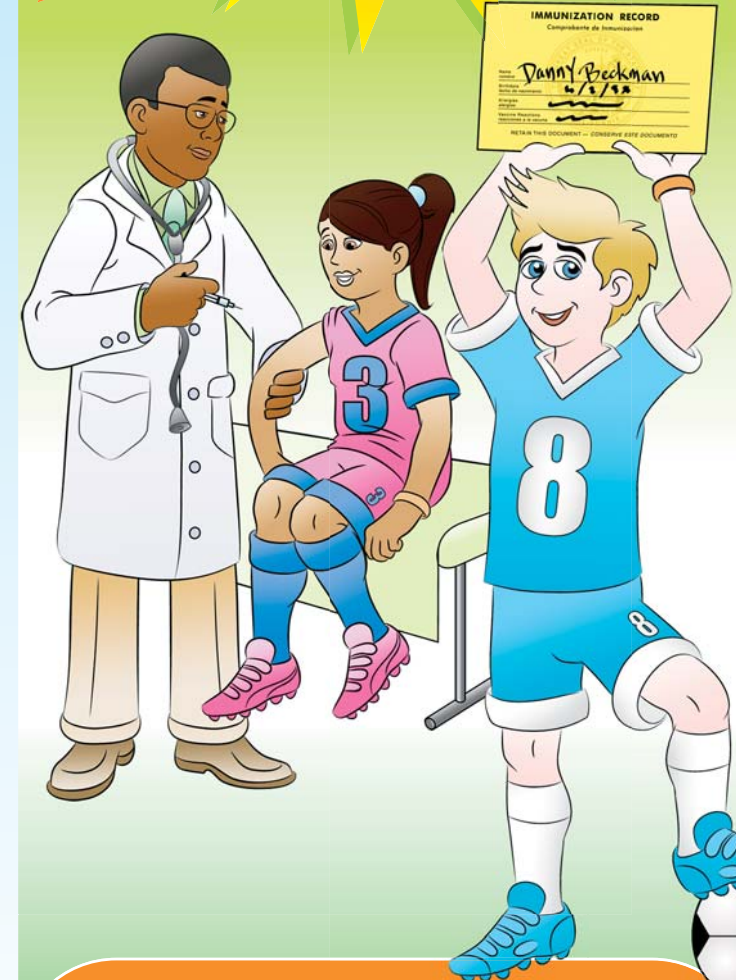
(800) CDC-INFO/(800) 232-4636



Arnold Schwarzenegger, Governor—State of California
Kimberly Belshé, Secretary—Health and Human Services Agency
Mark B. Horton, MD, MSPH, Director—Department of Public Health
Immunization Branch
850 Marina Bay Parkway
Richmond, CA 94804

California Kids: Be Protected! Get Immunized!

IMM-851 (8/07)



Get your shots at your
preteen
doctor visit!

