What's In YOUR Bag?

Healthy Living ...for life!

Alameda County Public Health Department

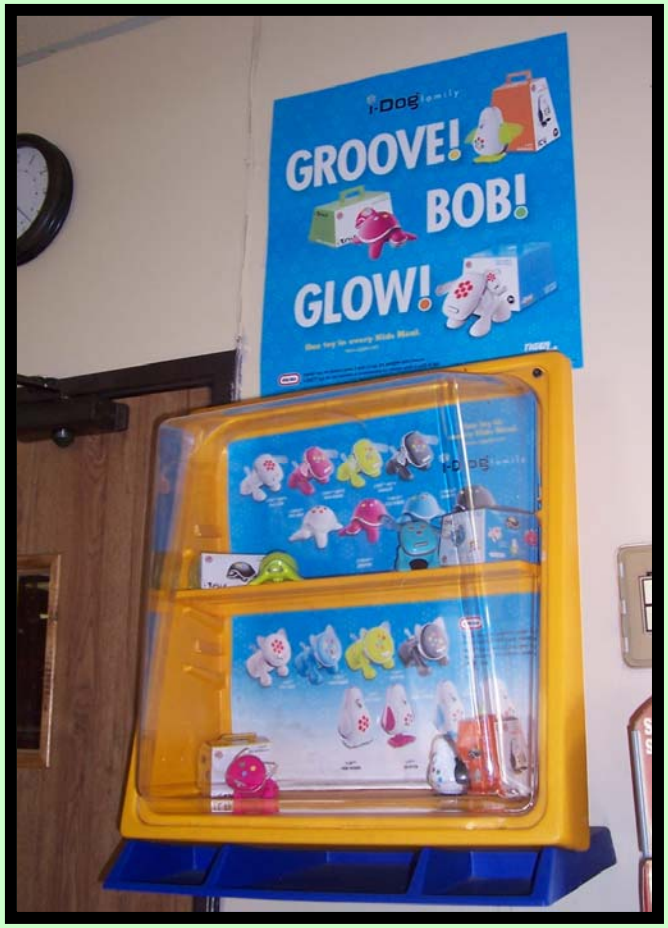
Fast Food Outlets within 1 mile of 3600 Telegraph, Oakland

Healthy Living ...for life!
Alameda County Public Health Department

Fast Food Activity

Outdoor Advertising

Indoor Advertising



Advertising Targeting Children

Healthy Living
...for life!
Alameda County Public Health Department

Healthy Living ...for life!
Alameda County Public Health Department

EGG McMUFFIN
100% QUALITY ASSURED
i'm lovin' it
Calories Calorías 450
Protein Proteínas 21g
Fat Grasa 27g
Carbs Carbohidratos 30g
Sodium Sodio
Nutrition Facts Serving Size 1 container, Amount Per Serving: Calories 450, Fat Cal. 250, Total Fat 27g (42% DV), Saturated Fat 10g (51% DV), Trans Fat 0, Cholest. 285mg (95% DV), Sodium 920mg (38% DV), Total Carb. 30g (10% DV), Fiber 2g (8% DV), Sugars 2g, Protein 21g, Vitamin A (10% DV), Vitamin C (2% DV), Calcium (30% DV), Iron (20% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.
Actual values may vary due to factors such as individual preparation of our menu items. Current as of 01/07. For the most complete nutrition information visit www.mcdonalds.com.
you give children more than kind words. You give them a chance at a happier, healthier life
through its three core programs, Ronald McDonald House®, Ronald McDonald Care Mobile®,

McDonald's Nutrition Facts

SANDWICHES

HAMBURGER	280 Cal	.89
CHEESEBURGER	330 Cal	.99
FILET-O-FISH®	470 Cal	1.99
CRISPY CHICKEN	550 Cal	2.79
QUARTER POUNDER®	430 Cal	2.29
BIG N' TASTY®	540 Cal	2.29
BIG MAC®	590 Cal	2.39
CHICKEN McGRILL®	450 Cal	2.89
DOUBLE QUARTER POUNDER®	760 Cal	2.99