

**2005 California Dietary Practices Survey**

**Table 75: Buy Fruits at or near Worksite**

Base: Out of those who were employed (51percent)

When you are at work, how often do you buy fruit either at or near your worksite? Would you say...

	Percent Buying Fruit at or near Work		
	Most/Some Days	Rarely	Never
<b>Total</b>	<b>23</b>	<b>27</b>	<b>50</b>
<b>Sex</b>			
Males	21	26	53
Females	26	29	46
<b>Males</b>			
18 - 24	Insufficient Sample Size		
25 - 34			
35 - 50			
51 - 64			
65+			
<b>Females</b>			
18 - 24	Insufficient Sample Size		
25 - 34			
35 - 50			
51 - 64			
65+			
<b>Ethnicity</b>			
White	20	26	54
Hispanic	27	31	42
Black	40	22	37
Asian/Pacific Islander	14	34	52
<b>Education</b>			
Less than High School	26	30	45
High School Graduate	24	30	46
Some College	26	28	46
College Graduate	18	24	58
<b>Income</b>			
Less than \$15,000	23	30	46
\$15,000 - 24,999	25	27	48
\$25,000 - 34,999	18	26	56
\$35,000 - 49,999	16	34	49
\$50,000+	24	26	50
<b>Physically Active</b>			
Did Not Meet Recommendations	23	29	48
Met Recommendations	23	26	51
<b>Overweight Status</b>			
Overweight/Obese	23	26	51
Not Overweight	23	29	47
<b>Poverty Index</b>			
Food Stamp Participants	28	27	45
All Other Respondents/ ≤ 130% FPL	21	31	48
All Other Respondents/ > 130% FPL	21	26	53

Rows may not add up to 100 percent due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

\* p<.05

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**2005 California Dietary Practices Survey**

**Table 76: Buy Vegetables at or near Worksite**

Base: Out of those who were employed (51 percent)

When you are at work, how often do you buy vegetables either at or near your worksite? Would you say...

	Percent Buying Vegetables at or near Work		
	Most/Some Days	Rarely	Never
<b>Total</b>	<b>29</b>	<b>24</b>	<b>46</b>
<b>Sex</b>			
Males	27	26	47
Females	32	23	46
<b>Males</b>			
18 - 24	Insufficient Sample Size		
25 - 34			
35 - 50			
51 - 64			
65+			
<b>Females</b>			
18 - 24	Insufficient Sample Size		
25 - 34			
35 - 50			
51 - 64			
65+			
<b>Ethnicity</b>			
White	29	20	51
Hispanic	30	28	43
Black	46	24	31
Asian/Pacific Islander	16	39	46
<b>Education</b>			
Less than High School	30	27	43
High School Graduate	31	23	46
Some College	30	26	44
College Graduate	27	23	50
<b>Income</b>			
Less than \$15,000	25	20	54
\$15,000 - 24,999	28	29	43
\$25,000 - 34,999	30	15	55
\$35,000 - 49,999	31	34	35
\$50,000+	29	24	47
<b>Physically Active</b>			
Did Not Meet Recommendations	28	24	47
Met Recommendations	30	25	45
<b>Overweight Status</b>			
Overweight/Obese	28	25	47
Not Overweight	31	25	44
<b>Poverty Index</b>			
Food Stamp Participants	28	31	40
All Other Respondents/ ≤ 130% FPL	23	25	52
All Other Respondents/ > 130% FPL	29	24	47

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Chi Square Test

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**2005 California Dietary Practices Survey**

**Table 77: Access to Fresh Fruits and Vegetables at Worksite**

Base: Out of those who were employed (51 percent) and had cafeteria, snack bar, or food service (43 percent)  
 Does your worksite have a cafeteria, snack bar, or food service for employees (do not include catering trucks)?  
 Does the cafeteria, snack bar, or food service provide affordable fresh fruits and vegetables on a daily basis?

	Percent with Access to Fruits and Vegetables at Work
<b>Total</b>	<b>64</b>
<b>Sex</b>	
Males	58*
Females	70
<b>Males</b>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<b>Females</b>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<b>Ethnicity</b>	
White	70*
Hispanic	53
Black	69
Asian/Pacific Islander	47
<b>Education</b>	
Less than High School	52
High School Graduate	74
Some College	65
College Graduate	63
<b>Income</b>	
Less than \$15,000	79*
\$15,000 - 24,999	50
\$25,000 - 34,999	70
\$35,000 - 49,999	78
\$50,000+	61
<b>Physically Active</b>	
Did Not Meet Recommendations	64
Met Recommendations	64
<b>Overweight Status</b>	
Overweight/Obese	64
Not Overweight	65
<b>Poverty Index</b>	
Food Stamp Participants	63
All Other Respondents/ ≤ 130% FPL	65
All Other Respondents/ > 130% FPL	66

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Chi Square Test

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**2005 California Dietary Practices Survey**

**Table 78: Access to Fresh Fruits and Vegetables at Restaurant near Work**

Base: Out of those who were employed (51 percent) and had restaurants, etc. near worksite (68 percent)

Are there restaurants, fast food places, delis, catering trucks or markets within walking distance of your worksite?

Do these restaurants, fast food places, delis, catering trucks or markets provide affordable fresh fruits and vegetables on a daily basis?

	<b>Percent with Access to Fruits and Vegetables Within Walking Distance of Work</b>
<b>Total</b>	<b>61</b>
<i>Sex</i>	
Males	60
Females	62
<i>Males</i>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<i>Females</i>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<i>Ethnicity</i>	
White	62 *
Hispanic	51
Black	68
Asian/Pacific Islander	76
<i>Education</i>	
Less than High School	49 *
High School Graduate	65
Some College	61
College Graduate	66
<i>Income</i>	
Less than \$15,000	48 *
\$15,000 - 24,999	61
\$25,000 - 34,999	42
\$35,000 - 49,999	59
\$50,000+	67
<i>Physically Active</i>	
Did Not Meet Recommendations	57
Met Recommendations	65
<i>Overweight Status</i>	
Overweight/Obese	59
Not Overweight	64
<i>Poverty Index</i>	
Food Stamp Participants	56 *
All Other Respondents/ ≤ 130% FPL	48
All Other Respondents/ > 130% FPL	65

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Chi Square Test

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## 2005 California Dietary Practices Survey

**Table 79: Access to Fresh or Dried Fruits and Vegetables in Worksite Vending Machines**

Base: Out of those who were employed (51 percent) and had vending machines at worksite (56 percent)

Does your worksite have vending machines for employees to access food or beverages?

Are affordable vegetables, fresh fruits, or dried fruits usually available in these vending machines?

	Percent with Access to Fruits and Vegetables in Vending Machines at Work
<b>Total</b>	<b>15</b>
<b>Sex</b>	
Males	15
Females	15
<b>Males</b>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<b>Females</b>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<b>Ethnicity</b>	
White	11
Hispanic	19
Black	40
Asian/Pacific Islander	14
<b>Education</b>	
Less than High School	21
High School Graduate	18
Some College	11
College Graduate	13
<b>Income</b>	
Less than \$15,000	16
\$15,000 - 24,999	18
\$25,000 - 34,999	10
\$35,000 - 49,999	23
\$50,000+	11
<b>Physically Active</b>	
Did Not Meet Recommendations	16
Met Recommendations	13
<b>Overweight Status</b>	
Overweight/Obese	15
Not Overweight	15
<b>Poverty Index</b>	
Food Stamp Participants	26
All Other Respondents/ ≤ 130% FPL	20
All Other Respondents/ > 130% FPL	13

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

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**2005 California Dietary Practices Survey**

**Table 80: Worksite Exercise Facilities**

Base: Out of those who are employed (51 percent)

Are indoor or outdoor facilities available at your worksite that make it easier for you to be physically active during your work hours?

	Percent With Access to Facilities for Physical Activity at Work
<b>Total</b>	<b>32</b>
<i>Sex</i>	
Males	30
Females	36
<i>Males</i>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<i>Females</i>	
18 - 24	Insufficient Sample Size
25 - 34	
35 - 50	
51 - 64	
65+	
<i>Ethnicity</i>	
White	36
Hispanic	21
Black	46
Asian/Pacific Islander	41
<i>Education</i>	
Less than High School	18
High School Graduate	32
Some College	42
College Graduate	36
<i>Income</i>	
Less than \$15,000	23
\$15,000 - 24,999	30
\$25,000 - 34,999	22
\$35,000 - 49,999	36
\$50,000+	40
<i>Physically Active</i>	
Did Not Meet Recommendations	25
Met Recommendations	39
<i>Overweight Status</i>	
Overweight/Obese	30
Not Overweight	35
<i>Poverty Index</i>	
Food Stamp Participants	30
All Other Respondents/ ≤ 130% FPL	22
All Other Respondents/ > 130% FPL	37

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Chi Square Test

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**2005 California Dietary Practices Survey**

**Table 81: Availability of Employer Provided Physical Activity Benefits**

Base: Out of those who are employed (51 percent)

Does your employer provide any physical activity benefits such as a health club membership, exercise classes, release time for physical activity, or sports teams?

	<b>Percent with Physical Activity Benefits at Work</b>
<b>Total</b>	<b>18</b>
<i>Sex</i>	
Males	18
Females	18
<i>Males</i>	
18 - 24	
25 - 34	
35 - 50	Insufficient Sample Size
51 - 64	
65+	
<i>Females</i>	
18 - 24	
25 - 34	
35 - 50	Insufficient Sample Size
51 - 64	
65+	
<i>Ethnicity</i>	
White	20 *
Hispanic	11
Black	19
Asian/Pacific Islander	24
<i>Education</i>	
Less than High School	12 ***
High School Graduate	11
Some College	20
College Graduate	25
<i>Income</i>	
Less than \$15,000	4 ***
\$15,000 - 24,999	9
\$25,000 - 34,999	22
\$35,000 - 49,999	28
\$50,000+	26
<i>Physically Active</i>	
Did Not Meet Recommendations	15
Met Recommendations	21
<i>Overweight Status</i>	
Overweight/Obese	16
Not Overweight	21
<i>Poverty Index</i>	
Food Stamp Participants	13 ***
All Other Respondents/ ≤ 130% FPL	6
All Other Respondents/ > 130% FPL	24

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Chi Square Test

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