

2007 California Dietary Practices Survey

Table 113: Buy Fruits at or near Worksite

Base: Out of those who were employed

When you are at work, how often do you buy fruit either at or near your worksite? Would you say...

	Percent Buying Fruit at or near Work	
	Most/Some Days	Rarely/Never
Total	28.5	71.5
<i>Sex</i>		
Males	26.9	73.1
Females	30.5	69.5
<i>Males</i>		
18 - 24	33.8	66.2
25 - 34	27.0	73.0
35 - 50	25.6	74.4
51 - 64	22.0	78.0
<i>Females</i>		
18 - 24	35.0	65.0
25 - 34	33.8	66.2
35 - 50	28.9	71.1
51 - 64	25.5	74.5
<i>Ethnicity</i>		
White	27.9	72.1
Hispanic	24.9	75.1
Black	37.1	62.9
Asian/Pacific Islander	22.2	77.8
<i>Education</i>		
Less than High School	27.4	72.6
High School Graduate	27.4	72.6
Some College	28.7	71.3
College Graduate	29.7	70.3
<i>Income</i>		
Less than \$15,000	34.9	65.1
\$15,000 - 24,999	27.4	72.6
\$25,000 - 34,999	23.1	76.9
\$35,000 - 49,999	21.2	78.8
\$50,000+	29.5	70.5
<i>Physically Active</i>		
Did Not Meet Recommendations	24.3	75.7
Met Recommendations	30.5	69.5
<i>Overweight Status</i>		
Overweight/Obese	28.8	71.2
Not Overweight	28.3	71.7
<i>Poverty Index</i>		
SNAP Participant	34.2	65.8
All Other/ ≤ 130% FPL	33.3	66.7
All Other/ > 130% - ≤185% FPL	18.2	81.8
All Other/ > 185% FPL	26.3	73.7

Rows may not add up to 100 percent due to rounding.

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Table 114: Buy Vegetables at or near Worksite

Base: Out of those who were employed

When you are at work, how often do you buy vegetables either at or near your worksite? Would you say...

	Percent Buying Vegetables at or near Worksite	
	Most/Some Days	Rarely/Never
Total	27.4	72.6
<i>Sex</i>		
Males	27.7	72.3
Females	27.0	73.0
<i>Males</i>		
18 - 24	32.4	67.6
25 - 34	26.1	73.9
35 - 50	32.6	67.4
51 - 64	14.0	86.0
<i>Females</i>		
18 - 24	31.7	68.3
25 - 34	24.3	75.7
35 - 50	27.4	72.6
51 - 64	23.6	76.4
<i>Ethnicity</i>		
White	29.2	70.8
Hispanic	24.4	75.6
Black	40.0	60.0
Asian/Pacific Islander	20.8	79.2
<i>Education</i>		
Less than High School	28.3	71.7
High School Graduate	25.0	75.0
Some College	25.9	74.1
College Graduate	29.7	70.3
<i>Income</i>		
Less than \$15,000	25.4	74.6
\$15,000 - 24,999	27.2	72.8
\$25,000 - 34,999	26.2	73.8
\$35,000 - 49,999	25.8	74.2
\$50,000+	30.7	69.3
<i>Physically Active</i>		
Did Not Meet Recommendations	20.5	79.5
Met Recommendations	32.2	67.8
<i>Overweight Status</i>		
Overweight/Obese	26.7	73.3
Not Overweight	28.6	71.4
<i>Poverty Index</i>		
SNAP Participant	27.0	73.0
All Other/ ≤ 130% FPL	29.3	70.7
All Other/ > 130% - ≤ 185% FPL	28.1	71.9
All Other/ > 185% FPL	28.3	71.7

Rows may not add up to 100 percent due to rounding.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

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Table 115: Access to Fresh Fruits and Vegetables at Worksite

Base: Out of those who were employed and had cafeteria, snack bar, or food service

Does your worksite have a cafeteria, snack bar, or food service for employees (do not include catering trucks)?

Does the cafeteria, snack bar, or food service provide affordable fresh fruits and vegetables on a daily basis?

	Percent with Access to Fruits & Vegetables at Work
Total	57.8
<i>Sex</i>	
Males	55.0
Females	61.0
<i>Males</i>	
18 - 24	73.9
25 - 34	46.9
35 - 50	54.2
51 - 64	50.0
<i>Females</i>	
18 - 24	61.1
25 - 34	55.2
35 - 50	60.0
51 - 64	73.7
<i>Ethnicity</i>	
White	74.7
Hispanic	50.7
Black	58.8
Asian/Pacific Islander	28.6
<i>Education</i>	
Less than High School	60.9
High School Graduate	61.5
Some College	47.4
College Graduate	60.9
<i>Income</i>	
Less than \$15,000	51.6
\$15,000 - 24,999	52.4
\$25,000 - 34,999	52.9
\$35,000 - 49,999	58.3
\$50,000+	60.6
<i>Physically Active</i>	
Did Not Meet Recommendations	49.5
Met Recommendations	62.5
<i>Overweight Status</i>	
Overweight/Obese	56.2
Not Overweight	60.2
<i>Poverty Index</i>	
SNAP Participant	55.9
All Other/ ≤ 130% FPL	63.2
All Other/ > 130% - ≤ 185% FPL	36.4
All Other/ > 185% FPL	59.0

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Table 116: Access to Fresh Fruits and Vegetables at Restaurant near Work

Base: Out of those who were employed and had restaurants near worksite

Are there restaurants, fast food places, delis, catering trucks or markets within walking distance of your worksite?

Do these restaurants, fast food places, delis, catering trucks or markets provide affordable fresh fruits and vegetables on a daily basis?

	Percent with Access to Fruits & Vegetables Within Walking Distance of Work
Total	61.2
<i>Sex</i>	
Males	59.5
Females	63.6
<i>Males</i>	
18 - 24	60.0
25 - 34	54.5
35 - 50	61.3
51 - 64	62.5
<i>Females</i>	
18 - 24	57.1
25 - 34	52.3
35 - 50	65.1
51 - 64	82.1
<i>Ethnicity</i>	
White	66.7 *
Hispanic	52.5
Black	72.7
Asian/Pacific Islander	50.0
<i>Education</i>	
Less than High School	59.3
High School Graduate	56.5
Some College	56.5
College Graduate	68.9
<i>Income</i>	
Less than \$15,000	52.6 *
\$15,000 - 24,999	49.3
\$25,000 - 34,999	66.7
\$35,000 - 49,999	67.7
\$50,000+	68.6
<i>Physically Active</i>	
Did Not Meet Recommendations	53.1 *
Met Recommendations	65.8
<i>Overweight Status</i>	
Overweight/Obese	60.4
Not Overweight	62.2
<i>Poverty Index</i>	
SNAP Participant	53.6
All Other/ ≤ 130% FPL	59.3
All Other/ > 130% - ≤ 185% FPL	52.2
All Other/ > 185% FPL	67.9

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Table 117: Access to Fresh or Dried Fruits in Worksite Vending Machines

*Base: Out of those who were employed and had vending machines at worksite
Does your worksite have vending machines for employees to access food or beverages?
Are affordable vegetables, fresh fruits, or dried fruits usually available in these vending machines?*

	Percent with Access to Fruits & Vegetables in Vending Machines at Work
Total	16.5
<i>Sex</i>	
Males	16.0
Females	17.0
<i>Males</i>	
18 - 24	
25 - 34	Insufficient Sample Size
35 - 50	
51 - 64	
<i>Females</i>	
18 - 24	
25 - 34	Insufficient Sample Size
35 - 50	
51 - 64	
<i>Ethnicity</i>	
White	14.7
Hispanic	21.1
Black	38.1
Asian/Pacific Islander	7.3
<i>Education</i>	
Less than High School	19.0
High School Graduate	23.9
Some College	13.2
College Graduate	12.0
<i>Income</i>	
Less than \$15,000	27.9
\$15,000 - 24,999	19.3
\$25,000 - 34,999	29.6
\$35,000 - 49,999	8.6
\$50,000+	13.1
<i>Physically Active</i>	
Did Not Meet Recommendations	14.0
Met Recommendations	17.8
<i>Overweight Status</i>	
Overweight/Obese	17.4
Not Overweight	15.6
<i>Poverty Index</i>	
SNAP Participant	21.7
All Other/ ≤ 130% FPL	28.6
All Other/ > 130% - ≤ 185% FPL	16.7
All Other/ > 185% FPL	13.2

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Table 118: Availability of Worksite Exercise Facilities

Base: Out of those who are employed

Are indoor or outdoor facilities available at your worksite that make it easier for you to be physically active during your work hours?

	Percent with Access to Facilities for Physical Activity at Work
Total	32.7
<i>Sex</i>	
Males	32.4
Females	32.9
<i>Males</i>	
18 - 24	38.0
25 - 34	25.2
35 - 50	34.1
51 - 64	32.0
<i>Females</i>	
18 - 24	34.1
25 - 34	37.8
35 - 50	25.7
51 - 64	37.0
<i>Ethnicity</i>	
White	37.3
Hispanic	22.6
Black	41.7
Asian/Pacific Islander	40.3
<i>Education</i>	
Less than High School	15.2
High School Graduate	35.4
Some College	34.7
College Graduate	37.4
<i>Income</i>	
Less than \$15,000	17.7
\$15,000 - 24,999	28.8
\$25,000 - 34,999	33.8
\$35,000 - 49,999	30.3
\$50,000+	40.4
<i>Physically Active</i>	
Did Not Meet Recommendations	23.1
Met Recommendations	40.3
<i>Overweight Status</i>	
Overweight/Obese	31.4
Not Overweight	34.2
<i>Poverty Index</i>	
SNAP Participant	23.9
All Other/ ≤ 130% FPL	22.8
All Other/ > 130% - ≤ 185% FPL	33.3
All Other/ > 185% FPL	41.0

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Table 119: Availability of Employer Provided Physical Activity Benefits

Base: Out of those who are employed

Does your employer provide any physical activity benefits such as a health club membership, exercise classes, release time for physical activity, or sports teams?

	Percent with Physical Activity Benefits at Work
Total	21.0
<i>Sex</i>	
Males	24.6 **
Females	16.2
<i>Males</i>	
18 - 24	20.0
25 - 34	26.4
35 - 50	26.0
51 - 64	22.0
<i>Females</i>	
18 - 24	4.9
25 - 34	21.9
35 - 50	15.0
51 - 64	20.8
<i>Ethnicity</i>	
White	24.3 ***
Hispanic	11.3
Black	20.0
Asian/Pacific Islander	37.5
<i>Education</i>	
Less than High School	3.8 ***
High School Graduate	14.9
Some College	21.7
College Graduate	33.3
<i>Income</i>	
Less than \$15,000	6.3 ***
\$15,000 - 24,999	7.3
\$25,000 - 34,999	23.1
\$35,000 - 49,999	25.8
\$50,000+	33.7
<i>Physically Active</i>	
Did Not Meet Recommendations	16.5 *
Met Recommendations	24.6
<i>Overweight Status</i>	
Overweight/Obese	20.7
Not Overweight	21.1
<i>Poverty Index</i>	
SNAP Participant	9.9 ***
All Other/ ≤ 130% FPL	10.5
All Other/ > 130% - ≤ 185% FPL	3.3
All Other/ > 185% FPL	32.8

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Table 144: Farmers' Market , Produce Delivery, or Produce Snacks Provided by Worksite

Base: Out of those who are employed

Does your employer provide you with an onsite farmers' market, weekly produce delivery from local farmers or weekly free fresh produce snacks?

	Percent with Employer-Provided Produce at Work
Total	8.5
<i>Sex</i>	
Males	5.9 *
Females	11.3
<i>Males</i>	
18 - 24	9.1 *
25 - 34	10.1
35 - 50	2.3
51 - 64	2.1
<i>Females</i>	
18 - 24	12.2
25 - 34	8.1
35 - 50	14.2
51 - 64	9.3
<i>Ethnicity</i>	
White	6.9
Hispanic	7.2
Black	14.3
Asian/Pacific Islander	13.9
<i>Education</i>	
Less than High School	8.5
High School Graduate	9.4
Some College	4.9
College Graduate	10.5
<i>Income</i>	
Less than \$15,000	8.7
\$15,000 - 24,999	10.6
\$25,000 - 34,999	12.3
\$35,000 - 49,999	6.2
\$50,000+	7.7
<i>Physically Active</i>	
Did Not Meet Recommendations	9.4
Met Recommendations	7.7
<i>Overweight Status</i>	
Overweight/Obese	7.2
Not Overweight	10.0
<i>Poverty Index</i>	
SNAP Participant	10.4
All Other/ ≤ 130% FPL	13.8
All Other/ > 130% - ≤ 185% FPL	9.4
All Other/ > 185% FPL	6.5

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