

California Health Interview Survey 2011 - 2012

| Ventura County | | | |
|--------------------------------------------------------------|---------|-------|----------------|
| Children 0 - 11 | | | |
| | Est. N | % | 95% C.I. |
| 7 days physically active at least one hour (past week) | 36,000 | 41.6 | (22.2 - 61.0) |
| Overweight for age (does not factor height) | 8,000 | 7.2* | (0.0 - 14.4) |
| Drank two or more glasses of soda yesterday | 5,000 | 4.2* | (0.0 - 9.4) |
| Fast food eaten one or more times in past week | 61,000 | 50.8 | (35.2 - 66.4) |
| Eat 5 or more servings fruit/vegetables daily | 51,000 | 42.4 | (27.2 - 57.5) |
| Two or more fruit servings previous day | 95,000 | 71.1 | (59.0 - 83.3) |
| Currently receiving Food Stamps | 17,000 | 19.7* | (3.3 - 36.1) |
| Park or open space is within walking distance | 111,000 | 86.9* | (77.9 - 95.8) |
| Ever diagnosed with asthma | 12,000 | 9.7* | (1.4 - 18.1) |
| Teens 12 - 17 | | | |
| Underweight (within lowest 5th percentile) | 5,000 | 6.3* | (0.0 - 14.0) |
| Normal weight (5th up to 85th percentile) | 58,000 | 79.9* | (64.9 - 94.9) |
| At risk of overweight (85th up to 95th percentile) | 9,000 | 13.0* | (0.0 - 26.3) |
| Overweight/obese (highest 5th percentile) | 1,000 | 0.9* | (0.0 - 2.6) |
| Drank two or more glasses of soda yesterday | 12,000 | 17.0* | (1.9 - 32.2) |
| Fast food eaten one or more times in past week | 51,000 | 70.6* | (52.0 - 89.1) |
| Eat 5+ servings of fruits/vegetables daily | 15,000 | 20.8* | (7.8 - 33.8) |
| Two or more fruit servings previous day | 49,000 | 67.9 | (49.3 - 86.4) |
| Currently receiving Food Stamps | 1,000 | 3.0* | (0.0 - 9.1) |
| Strongly agree nearby park or playground safe during the day | 39,000 | 53.6 | (34.2 - 72.9) |
| Strongly agree nearby park or playground safe at night | 5,000 | 7.3* | (0.0 - 19.7) |
| Park or open space is within walking distance | 69,000 | 95.7* | (90.7 - 100.0) |
| Did volunteer / community service in last year | 33,000 | 46.0 | (27.1 - 64.9) |
| Ever diagnosed with asthma | 21,000 | 28.5* | (8.3 - 48.7) |
| Adults 18+ | | | |
| Ever diagnosed with diabetes | 44,000 | 7.2 | (5.0 - 9.4) |
| Ever told has had pre- or borderline diabetes | 50,000 | 8.1 | (5.6 - 10.6) |
| Ever diagnosed with asthma | 67,000 | 10.9 | (7.4 - 14.4) |
| Ever diagnosed with high blood pressure | 157,000 | 25.5 | (21.0 - 30.0) |
| Takes medicine for high blood pressure | 95,000 | 60.5 | (50.6 - 70.4) |
| Ever diagnosed with heart disease | 43,000 | 7.0 | (4.2 - 9.8) |
| Ever had a stroke | 18,000 | 3.0* | (1.1 - 4.8) |
| 0 - 18.49 (Underweight) | 2,000 | 0.3* | (0.0 - 0.7) |
| 18.5 - 24.99 (Normal) | 247,000 | 40.2 | (34.5 - 45.9) |
| 25.0 - 29.99 (Overweight) | 227,000 | 36.8 | (31.2 - 42.4) |
| 30.0 or higher (Obese) | 140,000 | 22.7 | (18.0 - 27.4) |
| Overweight or obese | 366,000 | 59.5 | (53.8 - 65.3) |
| Fast food eaten one or more times in past week | 415,000 | 67.5 | (62.5 - 72.5) |
| Not able to afford enough food (food insecure) | 82,000 | 43.9 | (32.7 - 55.1) |
| Currently receiving Food Stamps | 28,000 | 8.9 | (4.3 - 13.5) |
| Currently on WIC | 11,000 | 39.4* | (9.8 - 69.0) |
| Currently receiving TANF or CalWORKS | 14,000 | 4.6* | (0.1 - 9.0) |
| Own home | 400,000 | 65.1 | (59.6 - 70.7) |
| Volunteered in past year | 81,000 | 13.2 | (9.5 - 16.9) |
| Adults 18+ less than 185% of Federal Poverty Level | | | |
| Ever diagnosed with diabetes | 16,000 | 8.5 | (3.7 - 13.3) |
| Ever told has had pre- or borderline diabetes | 11,000 | 6.1* | (1.7 - 10.5) |
| Ever diagnosed with heart disease | 11,000 | 6.1* | (0.6 - 11.6) |
| Overweight or obese | 131,000 | 71.2 | (60.7 - 81.6) |
| Fast food eaten one or more times in past week | 136,000 | 74.0 | (64.5 - 83.5) |
| Not able to afford enough food (food insecure) | 82,000 | 45.1 | (33.6 - 56.6) |
| Currently receiving Food Stamps | 24,000 | 13.1 | (5.8 - 20.4) |
| Currently on WIC | 11,000 | 50.8* | (15.0 - 86.6) |
| Currently receiving TANF or CalWORKS | 12,000 | 6.7* | (0.0 - 13.9) |
| Own home | 74,000 | 40.4 | (29.0 - 51.8) |
| Volunteered in past year | 19,000 | 10.4* | (3.0 - 17.9) |

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people