

California Health Interview Survey 2011 - 2012

Tulare County			
Children 0 - 11			
	Est. N	%	95% C.I.
7 days physically active at least one hour (past week)	17,000	28.2	(12.3 - 44.1)
Overweight for age (does not factor height)	12,000	13.5*	(4.8 - 22.2)
Drank two or more glasses of soda yesterday	2,000	2.3*	(0.0 - 5.7)
Fast food eaten one or more times in past week	58,000	69.4	(55.8 - 83.0)
Eat 5 or more servings fruit/vegetables daily	51,000	61.2	(46.8 - 75.6)
Two or more fruit servings previous day	57,000	58.9	(44.9 - 72.9)
Currently receiving Food Stamps	47,000	53.7	(39.2 - 68.2)
Park or open space is within walking distance	58,000	64.5	(49.9 - 79.1)
Ever diagnosed with asthma	10,000	11.0*	(2.4 - 19.6)
Teens 12 - 17			
Underweight (within lowest 5th percentile)	-	-	-
Normal weight (5th up to 85th percentile)	21,000	45.0	(26.6 - 63.4)
At risk of overweight (85th up to 95th percentile)	14,000	29.4*	(11.8 - 47.0)
Overweight/obese (highest 5th percentile)	12,000	25.3*	(7.6 - 42.9)
Drank two or more glasses of soda yesterday	12,000	25.3	(11.2 - 39.4)
Fast food eaten one or more times in past week	41,000	87.8*	(72.8 - 100.0)
Eat 5+ servings of fruits/vegetables daily	14,000	29.9	(13.0 - 46.8)
Two or more fruit servings previous day	29,000	62.4	(44.1 - 80.7)
Currently receiving Food Stamps	12,000	35.5*	(12.8 - 58.2)
Strongly agree nearby park or playground safe during the day	10,000	21.6*	(6.3 - 36.8)
Strongly agree nearby park or playground safe at night	4,000	8.8*	(0.0 - 19.6)
Park or open space is within walking distance	32,000	68.2	(50.0 - 86.4)
Did volunteer / community service in last year	19,000	41.5	(23.4 - 59.7)
Ever diagnosed with asthma	4,000	9.1*	(1.3 - 16.9)
Adults 18+			
Ever diagnosed with diabetes	46,000	15.2	(10.7 - 19.6)
Ever told has had pre- or borderline diabetes	33,000	10.9	(7.1 - 14.7)
Ever diagnosed with asthma	49,000	16.0	(10.7 - 21.3)
Ever diagnosed with high blood pressure	96,000	31.6	(25.6 - 37.6)
Takes medicine for high blood pressure	69,000	71.5	(62.3 - 80.7)
Ever diagnosed with heart disease	35,000	11.5	(6.2 - 16.7)
Ever had a stroke	5,000	1.8*	(0.4 - 3.2)
0 - 18.49 (Underweight)	3,000	1.0*	(0.3 - 1.8)
18.5 - 24.99 (Normal)	80,000	26.4	(20.0 - 32.8)
25.0 - 29.99 (Overweight)	105,000	34.5	(27.8 - 41.2)
30.0 or higher (Obese)	115,000	38.0	(31.5 - 44.5)
Overweight or obese	220,000	72.5	(66.1 - 79.0)
Fast food eaten one or more times in past week	219,000	72.3	(66.9 - 77.6)
Not able to afford enough food (food insecure)	65,000	37.5	(28.0 - 46.9)
Currently receiving Food Stamps	54,000	23.7	(16.8 - 30.6)
Currently on WIC	15,000	62.2*	(39.6 - 84.8)
Currently receiving TANF or CalWORKS	14,000	6.0	(2.9 - 9.1)
Own home	178,000	59.3	(52.5 - 66.1)
Volunteered in past year	35,000	11.5	(7.6 - 15.5)
Adults 18+ less than 185% of Federal Poverty Level			
Ever diagnosed with diabetes	25,000	15.7	(9.7 - 21.6)
Ever told has had pre- or borderline diabetes	9,000	5.7	(2.6 - 8.9)
Ever diagnosed with heart disease	22,000	13.7*	(5.0 - 22.4)
Overweight or obese	121,000	74.4	(64.6 - 84.2)
Fast food eaten one or more times in past week	113,000	69.8	(61.9 - 77.7)
Not able to afford enough food (food insecure)	64,000	39.5	(29.7 - 49.2)
Currently receiving Food Stamps	48,000	29.8	(21.1 - 38.5)
Currently on WIC	14,000	73.9*	(55.4 - 92.4)
Currently receiving TANF or CalWORKS	14,000	8.5	(4.1 - 12.8)
Own home	69,000	43.4	(33.5 - 53.3)
Volunteered in past year	14,000	8.9	(4.1 - 13.6)

*Statistically unstable for a minimum number of respondents needed AND/OR has exceeded an acceptable value for coefficient of variance.
 - (hyphen): Estimate is less than 500 people