

1999-2009 California Children's Healthy Eating and Exercise Practices Survey

Table 19a: Trends in the Total Servings of Milk Products Reported by California Children per Typical Weekday for All Eating Occasions

How many servings of milk¹, cheese, yogurt, and dairy desserts² did your child eat/drink?

	Means						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
Total	3.5	3.3	3.5	3.4	3.4	3.5	-0.1	0.2	-0.1	0.0	0.2	0.1
Gender												
Males	3.5	3.6	3.7	3.7	3.5	3.6	0.1	0.1	-0.1	-0.2	0.1	0.1
Females	3.4	3.0	3.2	3.1	3.2	3.5	-0.3	0.2	-0.1	0.1	0.2	0.1
Ethnicity												
White	3.6	3.5	3.5	3.4	3.4	3.5	-0.1	0.0	-0.1	-0.1	0.1	-0.2
African American	3.2	2.7	3.5	3.1	3.0	3.7	-0.5	0.7	-0.4	-0.1	0.7	0.5
Latino	3.5	3.4	3.5	3.4	3.5	3.5	-0.2	0.1	-0.1	0.1	0.0	0.0
Asian/ Other	2.8	3.0	3.5	3.5	3.1	3.8	0.2	0.4	0.0	-0.4	0.7	1.0
Food Stamp Status, % FPL												
Participant, ≤ 130%	3.8	4.1	4.7	3.9	3.5	3.9	0.4	0.6	-0.8	-0.4	0.4	0.1
Likely Eligible, ≤ 130%	3.8	3.5	4.0	3.8	3.6	3.9	-0.3	0.5	-0.1	-0.3	0.3	0.1
Potentially Eligible, 131-≤ 185%	3.5	3.1	3.4	3.3	3.3	3.6	-0.4	0.4	-0.2	0.1	0.3	0.1
Not Eligible, >185%	3.3	3.2	3.3	3.2	3.3	3.4	-0.1	0.1	-0.1	0.1	0.1	0.1
Overweight Status												
Not Overweight	3.4	3.3	3.4	3.2	3.3	3.5	-0.1	0.1	-0.2	0.1	0.2	0.1
Overweight/Obese	3.5	3.4	3.6	3.6	3.3	3.6	-0.1	0.2	0.0	-0.3	0.3	0.1
Physical Activity												
≥ 60 Minutes	3.7	3.5	3.8	3.7	3.5	3.7	-0.1	0.3	-0.1	-0.2	0.1	0.0
<60 Minutes	3.3	3.1	3.2	3.2	3.2	3.4	-0.2	0.1	0.0	0.1	0.2	0.1

¹ This includes milk, flavored milks, and milkshakes.

² This includes ice cream, frozen yogurt, ice cream sandwiches, fudgsicles, custard, pudding, etc.

T-test

* p<.05
** p<.01
*** p<.001

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Table 19b: Trends in the Total Servings of Milk Reported by California Children per Typical Weekday for All Eating Occasions

How many servings of milk¹ did your child eat/drink?

	Means						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
Total	2.0	1.9	2.0	1.9	1.9	2.0	-0.1	0.1	-0.1	0.0	0.1	0.0
Gender												
Males	2.1	2.1	2.2	2.1	2.0	2.1	-0.1	0.1	-0.1	0.0	0.1	-0.1
Females	1.9	1.8	1.8	1.7	1.7	1.9	-0.1	0.0	0.0	0.0	0.2	0.0
Ethnicity												
White	2.1	1.9	2.0	1.9	1.8	1.8	-0.2	0.1	-0.1	-0.1	0.0	-0.3
African American	2.1	1.7	1.7	1.7	1.7	2.1	-0.4	-0.1	0.0	0.0	0.4	0.0
Latino	2.0	2.0	2.0	1.9	1.9	2.1	0.0	0.0	-0.1	0.0	0.1	0.1
Asian/ Other	1.6	1.8	2.1	2.0	1.9	2.2	0.3	0.3	-0.1	-0.1	0.3	0.6
Food Stamp Status, % FPL												
Participant, ≤ 130%	2.2	2.6	2.5	2.4	2.0	2.3	0.4	-0.1	-0.1	-0.4	0.2	0.0
Likely Eligible, ≤ 130%	2.2	2.1	2.4	2.1	2.2	2.4	-0.1	0.4	-0.3	0.1	0.2	0.2
Potentially Eligible, 131-≤ 185%	2.2	1.8	2.0	1.8	1.9	2.0	-0.4	0.2	-0.2	0.1	0.1	-0.2
Not Eligible, >185%	1.9	1.9	1.8	1.8	1.8	1.8	0.0	0.0	-0.1	0.0	0.1	0.0
Overweight Status												
Not Overweight	2.0	1.9	2.0	1.8	1.8	1.9	-0.1	0.1	-0.1	0.0	0.0	-0.1
Overweight/Obese	2.0	2.0	2.1	2.0	1.9	2.1	0.0	0.1	-0.1	-0.1	0.2	0.1
Physical Activity												
≥ 60 Minutes	2.1	2.1	2.1	2.1	2.0	2.0	0.0	0.1	-0.1	-0.1	0.0	-0.1
<60 Minutes	2.0	1.8	1.9	1.8	1.8	2.0	-0.1	0.1	-0.1	0.0	0.2	0.0

¹ This includes milk, flavored milks, and milkshakes.

T-test

* p<.05

** p<.01

*** p<.001

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Table 23: Trends in the Proportion of Children Drinking Low Fat Milk (Nonfat or 1%) on a Typical Weekday

What types of milk did your child drink?

	Percents						Trend Analysis					
	1999	2001	2003	2005	2007	2009	99-01	01-03	03-05	05-07	07-09	99-09
	N=814	N=754	N=632	N=712	N=823	N=856						
Total	26.4%	24.4%	25.0%	24.6%	25.1%	26.8%	-2.0	0.6	-0.4	0.5	1.8	0.4
Gender												
Males	23.8%	23.0%	24.4%	23.2%	31.2%	28.4%	-0.8	1.4	-1.2	8.0	-2.8	4.7
Females	29.0%	25.9%	25.3%	26.0%	18.9%	25.2%	-3.1	-0.5	0.7	-7.1	6.3	-3.7
Ethnicity												
White	32.1%	35.8%	33.3%	30.2%	30.0%	31.2%	3.6	-2.4	-3.1	-0.2	1.3	-0.9
African American	11.2%	6.3%	13.6%	13.6%	18.7%	15.0%	-5.0	7.4	0.0	5.0	-3.7	3.7
Latino	24.0%	17.7%	18.4%	22.2%	22.1%	24.5%	-6.3	0.7	3.8	0.0	2.3	0.4
Asian/ Other	22.0%	14.3%	29.5%	21.0%	25.8%	30.0%	-7.7	15.3	-8.6	4.8	4.2	8.0
Food Stamp Status, % FPL												
Participant, ≤ 130%	11.0%	16.2%	20.0%	14.9%	15.0%	19.2%	5.2	3.8	-5.1	0.1	4.2	8.2
Likely Eligible, ≤ 130%	17.1%	10.0%	12.4%	23.8%	17.2%	20.1%	-7.1	2.4	11.4	-6.6	3.0	3.1
Potentially Eligible, 131-≤ 185%	26.4%	16.8%	23.6%	13.3%	26.0%	22.2%	-9.5	6.8	-10.3	12.7	-3.9	-4.2
Not Eligible, >185%	31.8%	29.7%	28.4%	28.8%	28.2%	30.6%	-2.2	-1.3	0.4	-0.6	2.4	-1.3
Overweight Status												
Not Overweight	24.6%	24.2%	22.1%	25.9%	24.8%	26.6%	-0.4	-2.0	3.8	-1.1	1.8	2.1
Overweight/Obese	28.6%	26.6%	27.3%	21.3%	26.6%	27.7%	-2.1	0.8	-6.0	5.2	1.2	-0.9
Physical Activity												
≥ 60 Minutes	23.2%	26.7%	24.1%	24.3%	30.1%	30.4%	3.6	-2.6	0.2	5.8	0.3	7.2
<60 Minutes	29.2%	22.1%	26.0%	24.8%	21.0%	23.5%	-7.2	3.9	-1.2	-3.8	2.5	-5.8

Includes those reporting more than 0.5 servings of nonfat and/or 1% milk only.

Z-test

* p<.05
** p<.01
*** p<.001