



Nutrition Training Resources

ACCESS NETWORK-REVIEWED FREE TRAINING RESOURCES, INCLUDING POWERPOINTS, SCRIPTS, ACTIVITIES, AND HANDOUTS.

Tailor trainings for your program needs.

Questions about training presentations?

Please Contact:
Toll Free – 888-318-8188

- Beyond the Basics Training: Successful Nutrition Education Strategies
- Cooking in the Classroom Training
- Foundations of Nutrition - *MyPyramid*
- Foundations of Nutrition - The Nutrition Facts Label
- Foundations of Nutrition – *The Dietary Guidelines for Americans, 2005 (to be updated with 2010 DGA once consumer materials are released)*
- Harvest of the Month - Training
- The Link between Nutrition and Physical Activity, and Academic Achievement
- Game On – Goal Setting, Are You Ready?
- Skills Density Training
- Standards-Based Nutrition Education Training
- Weaving Nutrition into the School Day

View updates to this list at the [California Healthy Kids Resource Center Web site](#). Don't see what you need? Please call us toll free – 888-318-8188.

For CalFresh information, call 1-877-847-3663.
Funded by USDA SNAP, an equal opportunity provider and employer. Visit www.cachampionsforchange.net for healthy tips.
•California Department of Public Health

